

THESIS

**THE EFFECT OF PREPARATION AND COOKING LEVEL TO
THE ANTIOXIDANT ACTIVITY OF GOURDS**

Written as a partial fulfillment of the academic requirements to obtain
the degree of *Sarjana Teknologi Pertanian Strata Satu*

By:

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UNIVERSITAS PELITA HARAPAN
KARAWACI
2012**



STATEMENT OF THESIS AUTHENTICITY

I, a student of Food Technology Department, Faculty of Industrial Technology,
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Student Id. Number : 03420000011
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Hereby declare that my thesis, entitled **"THE EFFECT OF PREPARATION AND COOKING LEVEL, TO THE ANTIOXIDANT ACTIVITY OF GOURDS"** is:

- 1) An original piece of work, written and completed on my own, based on lecture notes, data observation, reference books, journals, and other sources as listed on the work cited section.
- 2) Not a duplication of other writing that has been published or used for obtaining the degree of *Sarjana* in other Universities, except for passages that include information on respective references.
- 3) Not a translation of other works from books or journals, which are listed on the work cited section.

I understand that if my statement above is proven untrue, this Thesis will be canceled.

Karawang, 20th July 2012

(Kevin Daniels)



APPROVAL BY THESIS SUPERVISORS

THE EFFECT OF PREPARATION AND COOKING LEVEL TO
THE ANTIOXIDANT ACTIVITY OF COURBS

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has been approved in the thesis examination for obtaining the degree of *Sarjana Teknologi Perancangan Sistem Sains* in the Food Technology Department, Faculty of Industrial Technology, Universitas Pelita Harapan, Karawaci – Tangerang, Banten.

Karawaci, 20th July 2012

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APPROVAL BY THESIS EXAMINATION COMMITTEE

We the undersigned, certify that a thesis defense has been held on July 6th, 2012, as partial fulfillment of the academic requirements to obtain the degree of *Sarjana Teknologi Perindustrian State Science* in the Food Technology Department, Faculty of Industrial Technology, Universitas Pelita Harapan, for the student:

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With the following thesis title "THE EFFECT OF PREPARATION AND COOKING LEVEL TO THE ANTIOXIDANT ACTIVITY OF GOURDS" that has been approved by the examination committee:

Examiners

- | | |
|---|-------------------|
| 1. Tigor Marsilena Siregar, M.Si | Head of Examiners |
| 2. Prof. Dr. Ir. Broto S. Kardana, Agt. | Member |
| 3. Siti Patricia L. A. Gultom, M.Eng | Member |