

ABSTRAK

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KONSISTENSI STRATEGI INSTRUKSIONAL PENDIDIKAN JASMANI, OLAHRAGA DAN KESEHATAN DALAM MENGONTROL DISIPLIN PESERTA DIDIK

(XV + 94: 9 Gambar; 3 Tabel; 115 lampiran)

Berdasarkan pengamatan peneliti pada kelas III B ada keunikan dari kelas ini, yakni kekompakan, kerjasama dan saling menghargai. Kekompakan ditunjukkan dengan datang ke kelas tepat waktu dan menaati peraturan serta prosedur yang ditetapkan. Hal ini dapat terjadi karena strategi instruksional dan peran pendidik dalam menciptakan lingkungan belajar yang kondusif. Oleh karena itu tujuan dari penelitian ini adalah : a) Menjelaskan konsistensi strategi instruksional pendidikan jasmani, olahraga dan kesehatan dalam mengontrol disiplin peserta didik. b) Menjelaskan manfaat pelaksanaan strategi instruksional pendidikan jasmani, olahraga dan kesehatan dalam mengontrol disiplin peserta didik.

Metode penelitian ini menggunakan metode penelitian deskriptif kualitatif dengan lima kali pengambilan data. Subjek penelitian adalah peserta didik kelas III yang terdiri dari 12 peserta didik. Penelitian dilaksanakan pada 21 Oktober 2015 sampai 13 November 2015. Data dikumpulkan melalui instrument penelitian, lembar angket strategi dan disiplin peserta didik, lembar observasi (ceklist) strategi pembelajaran dan penerapan disiplin oleh pendidik, lembar wawancara strategi pembelajaran dan penerapan disiplin oleh pendidik dan dokumentasi strategi pembelajaran dan disiplin peserta didik. Teknik analisis data yang digunakan adalah analisis deskriptif kualitatif miles dan huberman dengan sedikit analisis sederhana kuantitatif.

Berdasarkan hasil penelitian membuktikan bahwa peran pendidik dalam strategi instruksional dan disiplin kelas membuat lingkungan belajar yang kondusif dan terkontrol, karena konsistensi pendidik dalam menjalankan semua tahapan strategi instruksional, peraturan dan prosedur sehingga berdampak pada sikap dan karakter peserta didik yang siap, kerjasama dan mandiri.

Referensi: 38 (1980-2014)

Kata kunci: Disiplin Peserta Didik, Strategi Instruksional.

ABSTRACT

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THE CONSISTENCY OF INSTRUCTIONAL STRATEGY IN PHYSICAL, HEALTH AND SPORTS EDUCATION IN CONTROLLING STUDENTS' DISCIPLINE

(XV + 94: 9 images; Table 3; 115 appendix)

Based on the researcher's observation in grade III B, there was something unique in this class which were compactness, teamwork, and appreciation. The compactness was shown by coming to class on time and obey the rules and procedure in class. This thing could happen because the learning strategies and the role of educator in creating stable learning environment. Because of that, the purposes of the research were: a) Explain the consistencies of instructional strategies in health and sport education, b) Explain the benefits of the implementation of instructional strategy in health and sport education in controlling students' discipline.

The method of the research was descriptive qualitative research with five data gatherings. The subject of the research was the students in grade III that consist of 12 students. This research was conducted from October 21, 2015 until November 13, 2015. The data was gathered using the instrument of questionnaire form for strategy and students' discipline, interview form for learning strategy and the implementation to affect students' discipline by the researcher and documentation of learning strategy and students' discipline. The technique of the analysis was Miles and Huberman descriptive qualitative analysis and also a few of simple quantitative analysis.

Based on the result of the research, it was shown that the role of educator in learning strategy and in class discipline made the learning environment stable and controllable, because of the educator's consistency in implementing all of the learning strategy, rules and procedures that impacted on students' attitude and character so they could become prepared, had a good teamwork, and independent.

Reference: 38 (1980-2001)

Keywords: students' discipline, instructional strategies.