

ABSTRAK

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GAMBARAN DUKUNGAN SUAMI TERHADAP IBU HAMIL DI KELURAHAN BANYUMUDAL JAWA TENGAH

(xiv + 55 Halaman; 1 Bagan; 8 Tabel; 12 Lampiran)

Latar Belakang: Kehamilan merupakan salah satu hal yang membahagiakan bagi ibu, suami bahkan keluarganya. Kehamilan juga dapat menyebabkan berbagai perubahan baik fisik maupun psikologis pada ibu hamil. Dukungan keluarga terlebih suami sangat diperlukan selama kehamilannya untuk memberikan pertolongan kepada ibu hamil sehingga merasa tenang, aman dan nyaman dalam melalui kehamilan dan mempersiapkan persalinan. **Tujuan Penelitian:** untuk mengetahui gambaran dukungan suami terhadap ibu hamil di Kelurahan Banyumudal Kecamatan Moga, Jawa Tengah. **Metode Penelitian:** Penelitian ini merupakan penelitian metode kuantitatif dengan desain deskriptif. Penelitian ini dilakukan pada April sampai Juni 2020, dengan menggunakan kuesioner dukungan suami yang telah dilakukan uji validitas dan reliabilitas dengan nilai α *cronbach* 0,635. Sampel pada penelitian ini yaitu 37 suami ibu hamil yang ditentukan dengan *accidental sampling technique*. Data yang dikumpulkan dianalisis secara univariat. **Hasil Penelitian:** Berdasarkan penelitian pada 37 responden, didapatkan hasil bahwa sebanyak 75,7% suami memberikan dukungan kepada istrinya sementara 24,3% tidak memberikan dukungan kepada istrinya. **Rekomendasi:** Suami diharapkan dapat terus memberikan dukungannya terhadap ibu hamil dimasa kehamilan sampai persalinan dan pemulihan nantinya, agar ibu hamil merasa aman, nyaman dan tenang. Perawat sebagai tenaga kesehatan di masyarakat berperan mengedukasi pasangan usia subur khususnya suami untuk memberikan dukungan pada istri yang hamil dari berbagai aspek.

Kata kunci: Dukungan suami, Ibu hamil, Kehamilan
Referensi: 39 (1963-2019)

ABSTRACT

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THE DESCRIPTION OF HUSBAND'S SUPPORT TO PREGNANT WOMAN IN BANYUMUDAL VILLAGE CENTRAL JAVA

(xiv + 55 Pages; 1 Chart; 8 Tables; 12 Attachments)

Background: Pregnancy is one of the happiest things for mothers, husbands and even their families. Pregnancy can also cause a variety of changes both physically and psychologically in pregnant women. Family support especially husband is needed during pregnancy to give help to pregnant women so they feel calm, safe and comfortable in going through pregnancy and preparing for labor. **Aim:** To find out the description of husband's support to pregnant women in Banyumudal Village, Moga Subdistrict, Central Java. **Research Methods:** This research is a quantitative method with descriptive design. This research was conducted on April until June 2020, by used a husband's questionnaire that has been tested for validity and reliability with α cronbach 0,635. The sample of this study were 37 husbands of pregnant women who were determined by accidental sampling technique. Data collected were analysed univariately. **Research Result:** Based on study to 37 respondents, it was found that as much as 75,7% of husbands provide support for their wives while 24,3% do not provide support for their wives. **Recommendation:** The husband is expected to provide support continuously to pregnant women in the period of pregnancy until delivery and recovery later, so that pregnant women feel safe, comfortable and calm. Nurses as health workers in the community play a role in educating couples of childbearing age especially husbands to provide support to pregnant wives from various aspects.

Keywords: Husband support, Pregnant women, Pregnancy

References: 39 (1963-2019)