

## ABSTRAK

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(xv + 68 halaman; 2 Bagan; 2 Diagram; 8 Tabel; 6 Lampiran)

### GAMBARAN TINGKAT PENGETAHUAN IBU TENTANG PENTINGNYA ASI EKSKLUSIF DI SALAH SATU KOMUNITAS DI BINONG TANGERANG

**Latar belakang:** ASI Eksklusif diberikan pada bayi usia 0-6 bulan tanpa makanan tambahan. Data UNICEF (2013), 32.6% mendapatkan ASI Eksklusif sampai usia enam bulan, beberapa negara berkembang 39% ibu memberikan ASI Eksklusif. Nasional rata-rata cakupan ASI Eksklusif 54.3%, 45.7% bayi di Indonesia belum mendapatkan ASI Eksklusif. Data puskesmas Binong, tahun 2018 terdapat 702 bayi dari 1879 mendapatkan ASI Eksklusif. Tahun 2019 sejumlah 491 bayi mendapatkan ASI Eksklusif dari 1986 batita. Data tempat penelitian sejumlah 75 ibu dengan anak 0-24 bulan. **Tujuan penelitian:** Mengidentifikasi gambaran tingkat pengetahuan ibu tentang pentingnya ASI Eksklusif di salah satu komunitas di Binong. **Metode penelitian:** Populasi sejumlah 75 ibu dengan anak usia 0-24 bulan di salah satu komunitas di Binong, sampel sejumlah 75 ibu sesuai kriteria inklusi. Instrumen menggunakan kuesioner dengan *cronbach's alpha* 0.785. Metode penelitian kuantitatif dengan desain deskriptif. Teknik sampel menggunakan *total sampling* dengan analisis univariat. **Hasil Penelitian:** Pengetahuan ibu tentang ASI Eksklusif kategori baik 50 (66.7%) ibu, pengetahuan cukup 18 (24%) ibu, dan pengetahuan kurang 7 (9.3%) ibu. **Kesimpulan:** Tingkat pengetahuan ibu dengan anak usia 0-24 bulan di salah satu komunitas di Binong Tangerang dalam kategori baik. **Rekomendasi:** bagi peneliti selanjutnya, disarankan mencari hubungan pengetahuan ibu terhadap perilaku ibu dalam pemberian ASI Eksklusif.

Kata kunci: Tingkat pengetahuan, ASI Eksklusif, Ibu.  
Referensi: 48 (tahun 2010 - 2019)

## **ABSTRACT**

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(*xv + 68 Pages; 2 Chart; 2 Diagrams; 8 Table; 6 Attachment*)

### **THE DESCRIPTION OF MOTHER KNOWLEDGE LEVEL ABOUT THE IMPORTANCE OF EXCLUSIVE BREASTFEEDING IN ONE OF COMMUNITY IN BINONG TANGERANG**

**Background:** Exclusive breastfeeding is given to infants aged 0 to 6 months without additional food. Reviewed by UNICEF data (2013), 32.6% get exclusive breastfeeding until the age of six months, in some developing countries 39% of mothers give exclusive breastfeeding. Nationally, the average coverage of exclusive breastfeeding is 54.3%, around 45.7% of babies in Indonesia have not received exclusive breastfeeding. Data on community success in the Binong village in Tangerang in 2018 there were 702 babies from 1879 getting exclusive breastfeeding. In 2019 decreased, 491 babies get exclusive breastfeeding from 1986 toddlers. Data on the communities in Binong, has 75 mothers with children aged 0-24 months. **Research Objectives:** To identify the level of mother's knowledge about the importance of exclusive breastfeeding in one of the communities in Binong. **Research Methods:** The study population was 75 mothers with children aged 0-24 months in one of communities in Binong, a sample of 75 mothers according to inclusion criteria. The instrument used a questionnaire with a Cronbach's alpha value of 0.785. Quantitative research methods with descriptive design. The sampling technique uses total sampling with univariate analysis. **Results:** The mother's knowledge of exclusive breastfeeding was in the good category of 50 mothers (66.7%), sufficient knowledge of 18 mothers (24%), and less knowledge of 7 mothers (9.3%). **Conclusion:** The level of knowledge of mothers with children aged 0-24 months in one of the communities in Binong Tangerang is in the good category. **Recommendation:** for further researchers, it is recommended to look for the relationship between maternal knowledge and maternal behavior in exclusive breastfeeding.

**Keywords:** level of knowledge, exclusive breastfeeding, mother.

**References:** 48 (2010-2019)