

DAFTAR PUSTAKA

- Aaronson, P. &. (2010). *At A Glance Sistem Kardiovaskular. Edisi 3* . Jakarta: Erlangga.
- Abbasi. (2018). Ethnic Differences in The Risk Factors and Severity of Coronary Artery Disease: a Patient- Based Study in Iran. *Journal of Racial and Ethnic Health Disparities* , 623-631. Retrieved from: 20 Mei 2020 <https://pubmed.ncbi.nlm.nih.gov/28776137/>
- American Heart Association. (2017). High Blood Pressure. Retrieved from: 1 Juni 2020, dari <https://www.heart.org/en/health-topics/high-blood-pressure>.
- Andria, K. M. (2013). Hubungan antara perilaku olahraga, stress dan pola makan dengan tingkat hipertensi pada lanjut usia di Posyandu Lansia Kelurahan Gebang Putih Kecamatan Sukolilo Kota Surabaya. *Jurnal Promkes*, 1(2), 111–117. Retrieved from: 18 April 2020 <http://journal.unair.ac.id/filerPDF/jupromkes562e04d4f1full.pdf>
- Ananto. (2017). Pengaruh Massage Teknik Effleurage Terhadap Tekanan Darah pada Penderita Hipertensi di Desa Kalirejo Kabupaten Purworejo. *Lambung Pustaka Universitas Negeri Yogyakarta*, 4-7. Retrieved from: 30 Mei 2020 <https://eprints.uny.ac.id/53948/>
- Anggara, F. H. D., & Prayitno, N. (2013). Faktor-Faktor yang berhubungan dengan tekanan darah di Puskesmas Telaga Murni Cikarang Barat tahun 2012. *Jurnal Ilmiah Kesehatan*, 5(1), 20–25. Retrieved from: 30 Mei 2020 <https://doi.org/10.1002/9781444324808.ch36>

- Ardiansyah. (2011). *Medikal Bedah*. Yogyakarta: DIVA Press.
- Aria Wahyuni, E. N. (2013). Analisa Praktik Residensi Keperawatan Medikal Bedah pada Pasien Gangguan Kardiovaskuler dengan Pendekatan Model Adaptasi Roy di Rumah Sakit Jantung Pembuluh darah Harapan Kita Jakarta. *Universitas Indonesia Library* , 50-62. Retrieved from: 12 Juni 2020 <http://lib.ui.ac.id/detail?id=20319036&lokasi=lokal>
- Aspiana, N. (2014). Pengaruh Pijat Refleksi Kaki Terhadap Tekanan Darah pada Lansia Hipertensi di PSTW Yogyakarta Unit Budi Luhur. Retrieved from: 15 Mei 2020 <http://digilib.unisayogya.ac.id/404/1/NASKAH%20PUBLIKASI.pdf>
- Aveyard, H. (2010). *Doing a Literature Review in Health and Social Care Helen Aveyard A Practical Guide (2nd ed.)*. London: Copyright Licensing Agency Ltd.
- Bambang. (2011). *Remedial Massage*. Yogyakarta: Nuha Medika.
- Black, J. M. & Hawks, J. H. (2014). Keperawatan Medical Bedah Buku 1, 7ed. Singapore: Elsevier Inc. Retrieved from: 2 Juni 2020 <https://ezproxy.library.uph.edu:2094/pdfreader/bedah-medicalkeperawatan-buku-1-7ed>
- Chanif, & Khoiriyah. (2016). *Efektivitas terapi pijat refleksi kaki terhadap tekanan darah pada pasien hipertensi*. 214–221. Retrieved from: 15 Mei 2020 <https://publikasiilmiah.ums.ac.id/handle/11617/7798>
- Eguchi, E., Funakubo, N., Tomooka, K., Ohira, T., Ogino, K., & Tanigawa, T. (2016). The effects of aroma foot massage on blood pressure and anxiety in

Japanese community-dwelling men and women: A crossover randomized controlled trial. *PLoS ONE*, 11(3), 1–13. Retrieved from: 16 Mei 2020 <https://doi.org/10.1371/journal.pone.0151712>

Elshamy, K., & Elsafety, E. (2011). Effect of Nursing Interventions Using Foot Reflexology on Blood Pressure and Quality of Life of Hypertensive Patients at Mansoura University Hospitals: Preliminary Results. *Medical Journal of Cairo University*, 79(2), 193–202. Retrieved from: 16 Mei 2020 <http://medicaljournalofcairouniversity.net/index/images/pdf/2011/September/52.pdf>

Fitriani, HR, R., & Azhar, M. U. (2016). *Effect of Foot Massage on Decreasing Blood Pressure in Hypertension Patients in Bontomarannu Health Center* Azhar, M. U., Sciences, H., & Massage, F. (2016). *Effect of Foot Massage on Decreasing Blood Pressure in Hypertension Patients in Bontomarannu Health*. 2016(1), 6–10. Retrieved from: 16 Mei 2020 <https://doi.org/>: <http://doi.org/10.29080/jhsp.v3i3S.304>.

Guyton, H. (2014). *Buku Ajar Fisiologi Kedokteran*. Jakarta: EGC.

Hartutik, S. & S. (2015). Pengaruh Terapi Pijat Refleksi Kaki terhadap Tekanan Darah pada Penderita Hipertensi Primer. *Jurnal Online Mahasiswa Universitas Riau*, 2(2), 1454–1462. Retrieved from: 15 Mei 2020 <https://www.jurnal.stikes-aisyiyah.ac.id/index.php/gaster/article/view/199>

James, O. &. (2014). Evidence-Based Guideline For The Management Of High Blood pressure In Adults: Report. *The Panel Members Appointed The Eighth Joint National Committee (JNC VIII)*. Retrieved from: 30 Mei 2020

https://www.michigan.gov/documents/mdch/2014_EvidencedBased_Guidelines_for_Management_of_HBP_in_Adults_444163_7.pdf.

Joanna Briggs Institute. (2017). *The Joanna Briggs Institute Critical Appraisal tools for use in JBI systematic reviews. Checklist for Randomized Controlled Trials*. Retrieved from: 5 Mei 2020
https://joannabriggs.org/ebp/critical_appraisal_tools

Kaplan, N. M., Victor, R. G., & Ovid Technologies, Inc. (2010). *Kaplan's clinical hypertension*. Philadelphia: Wolters Kluwer Health/Lippincott Williams & Wilkins. Retrieved from: 30 Mei 2020
<https://books.google.co.id/books?id=121zqF8su7YC&printsec=frontcover#v=onepage&q&f=false>

Kemkes (2015) . *Pedoman pengendalian Hipertensi*. Jakarta. Retrieved from: 20 April 2020 <http://www.p2ptm.kemkes.go.id/dokumen-ptm/pedoman-teknis-penemuan-dan-tatalaksana-hipertensi>

Kowalak JP, Welsh W, Mayer B. (2012). *Buku Ajar Patofisiologi*. Jakarta: EGC.

Melisa, S., Karim, D., & Elita, V. (2017). Effect of Foot Massage on Decreasing Blood Pressure in Hypertension Patients in Bontomarannu Health Center. *Journal of Chemical Information and Modeling*, 53(9), 1689–1699. Retrieved from: 20 April 2020
<https://doi.org/10.1017/CBO9781107415324.004>

Muhadi. (2016). JNC 8: *Evidence-based Guideline Penanganan Pasien Hipertensi Dewasa*. *Cermin Dunia Kedokteran*; Vol. 43(1): 54-9. Retrieved from: 30 April 2020

<https://pdfs.semanticscholar.org/fb40/b1211332d173fe2159211b591e7ff28a05e5.pdf>

National Institute for Health and care Excellence. (2011). Hypertension in Adults: Diagnosis and Management,1-25. *Retrieved from:* 13 Juni 2020 <http://nice.org.uk/guidance/cg127>.

Patria, H. (2019). Pengaruh Masase Kaki Terhadap Penurunan Tekanan Darah pada Kelompok Dewasa yang Mengalami Hipertensi. *Jurnal Kesehatan Panca Bhakti Lampung, Volume VII*, 48-56. *Retrieved from:* 20 April 2020 <http://ejournal.pancabhakti.ac.id/index.php/jkpbl/article/view/60>.

Potter, P.A. & Perry, A.G. (2010). Fundamental Keperawatan Buku 1, 7ed. Singapore: Elsevier Inc. *Retrieved from:* 13 Juni 2020 <https://ezproxy.library.uph.edu:2094/pdfreader/fundamental-keperawatanbuku-1-7ed>.

Pudiastuti. (2013). *Penyakit-penyakit Mematikan*. Yogyakarta: Nuha Medika.

Ramadhan, A.J. (2010). *Mencermati Berbagai Gangguan pada Darah dan Pembuluh Darah*.Yogyakarta: Diva Press.

Renardiyarto, L. M., Widigdo, D. A. M., & Hastuti, T. P. (2018). The Effect of the Foot Reflection Therapy toward Systolic Blood Pressure in Patients with Primary Hypertension. *Journal of Nursing Care, 1*(3), 200–204. *Retrieved from:* 22 Mei 2020 <https://doi.org/10.24198/jnc.v1i3.17069>

Rindang Azhari Rezky, Y. H. (2015). Pengaruh Terapi Pijat Refleksi Kaki Terhadap Tekanan Darah Pada Penderita Hipertensi Primer. 2-7. *Retrieved*

from: 22 Mei 2020 <https://media.neliti.com/media/publications/186872-ID-pengaruh-terapi-pijat-refleksi-kaki-terh.pdf>

Saferi, A. M. (2013). *Keperawatan Medikal Bedah*. Yogyakarta: Nuha Medika.

Sari, L. T., Renityas, N. N., & Wibisono, W. (2014). The Effectiveness Of Reflexology Massage In Lowering The Blood Pressure In Elderly With Hypertension. *Jurnal Ners Dan Kebidanan (Journal of Ners and Midwifery)*, 1(3), 200–204. Retrieved from: 22 Mei 2020 <https://doi.org/10.26699/jnk.v1i3.art.p200-204>

Smeltzer, S.C. & Bare, B.G. (2013). *Buku Ajar Keperawatan Medikal Bedah. Edisi 8*. Jakarta: EGC.

Torraco, R. J. (2016). Writing integrative literature reviews: Using the past and present to explore the future. *Human Resource Development Review*, 15(4), 404-428. Retrieved from: 20 Mei 2020 <https://journals.sagepub.com/doi/10.1177/1534484316671606>

Tular, G. J., Ratag, B. T., & Kandou, G. D. (2017). Hubungan antara aktifitas fisik, riwayat keluarga dan umur dengan kejadian hipertensi di Desa Tarabitan Kecamatan Likupang Barat Kabupaten Minahasa Utara. *Media Kesehatan*, 9(3), 1–6. Retrieved from: 1 Juni 2020 <https://jikm.upnvj.ac.id/index.php/home/article/view/19>

Umamah, P. (2019). Pengaruh Terapi Pijat Refleksi Kaki dengan Metode Manual Terhadap Tekanan Darah pada Penderita Hipertensi di Wilayah Karangrejo Timur Wonokromo Surabaya. *Jurnal Ilmu Kesehatan Vol.7* ,

295-304. Retrieved from: 11 Juni 2020

<https://ejournaladhkdr.com/index.php/jik/article/view/204>.

Wager, E., & Wiffen, P. J. (2011). *Ethical Issues in Preparing and Publishing Systematic Reviews*. *Journal of Evidence-Based Medicine*, 4, 130-134. Retrieved from: 12 Mei 2020 doi:10.1111/j.1756-5391.2011.01122.x.

WHO. (2013). A global brief hypertension: Silent killer, global public health disease. Switzerland: WHO press. Retrieved from: 30 April 2020 http://www.who.int/iris/bitstream/10665/79059/1/WHO_DCO_WHD_2013.2_eng.pdf

Wiarto. (2013). *Fisiologi dan Olahraga*. Yogyakarta: Graha Ilmu.

Widowati, H. A. (2015). Pengaruh Masse Kaki dengan Minyak Sereh Wangi Terhadap Penurunan Tekanan Darah Hipertensi Lansia di Kota Pekalongan. *Jurnal Keperawatan Indonesia*. Retrieved from: 1 Juni 2020