

ABSTRAK

Yunia Tasya Salsabila (01071180122)

GAMBARAN TINGKAT KEPATUHAN MELAKSANAKAN PROTOKOL KESEHATAN PADA MAHASISWA FAKULTAS KEDOKTERAN UNIVERSITAS PELITA HARAPAN FASE PRAKLINIK DAN KLINIK DALAM MASA PANDEMI COVID-19

(xvi + 51 halaman : 3 bagan, 7 tabel, 5 lampiran)

Latar belakang : Protokol kesehatan adalah aturan dan ketentuan untuk beraktifitas secara aman untuk menjaga kondisi fisik, mental, dan sosial. Protokol kesehatan harus dijalankan dan ditaati oleh segala pihak guna mencapai tujuan bersama. Protokol kesehatan terdiri dari beberapa hal, seperti pencegahan dan pengendalian. Dalam masa pandemi COVID-19, protokol kesehatan dibentuk dengan tujuan masyarakat dapat tetap beraktifitas secara aman dan tidak membahayakan keamanan dan kesehatan diri sendiri serta orang lain. Masyarakat dianjurkan menaati segala aturan yang tertera di dalam protokol kesehatan, supaya penularan COVID-19 dapat terminimalisir.

Tujuan Penelitian : Mengetahui gambaran tingkat kepatuhan melaksanakan protokol kesehatan pada mahasiswa Fakultas Kedokteran Universitas Pelita Harapan fase praklinik dan klinik dalam masa pandemi COVID-19.

Metode Penelitian : Penelitian ini menggunakan pendekatan desain studi potong lintang (*cross-sectional*). Jumlah sampel pada penelitian ini melibatkan 120 Mahasiswa Fakultas Kedokteran Universitas Pelita Harapan. Pengambilan data dilakukan dengan cara pengisian kuesioner. Analisa data menggunakan program SPSS 25.

Hasil : Pada mahasiswa FK UPH fase praklinik, 66,7% patuh melaksanakan protokol kesehatan dalam masa pandemi COVID-19 dan 33,3% tidak patuh. Pada mahasiswa FK UPH fase klinik, 75% patuh melaksanakan protokol kesehatan dalam masa pandemi COVID-19 dan 25% tidak patuh. Hasil analisa perbedaan tingkat kepatuhan melaksanakan protokol kesehatan pada mahasiswa FK UPH fase praklinik dan fase klinik dalam masa pandemi COVID-19 diperoleh *p-value* sebesar 0,422 dan nilai *Odd Ratio* (OR) yang diperoleh sebesar 0,667.

Kata Kunci : COVID-19, protokol kesehatan, kepatuhan, mahasiswa FK UPH fase praklinik, mahasiswa FK UPH fase klinik.

Referensi : 30

ABSTRACT

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(xvi + 51 pages : 3 charts, 7 tables, 5 appendices)

Background : Health protocols are rules and regulations for safe activities to maintain physical, mental and social conditions. Health protocols must be implemented and adhered to by all parties in order to achieve common goals. Health protocols consist of several things, such as prevention and control. During the COVID-19 pandemic, health protocols were established with the aim that people can continue to carry out their activities safely and not endanger the safety and health of themselves and others. The public is advised to obey all the rules listed in the health protocol, so that the transmission of COVID-19 can be minimized.

Research Objectives : Knowing the description of the level of compliance in implementing health protocols for students of the Faculty of Medicine, Universitas Pelita Harapan in the preclinical and clinical phases during the COVID-19 pandemic.

Research Methods : This study used a cross-sectional study design approach. The number of samples in this study involved 120 students of the Faculty of Medicine, University of Pelita Harapan. Data collection was done by filling out a questionnaire. Data analysis using SPSS 25 program.

Results : In the preclinical phase of UPH FK students, 66.7% complied with implementing health protocols during the COVID-19 pandemic and 33.3% did not comply. In the clinical phase of UPH FK students, 75% complied with implementing health protocols during the COVID-19 pandemic and 25% did not comply. The results of the analysis of differences in the level of adherence to implementing health protocols for UPH Medical Faculty students in the preclinical and clinical phases during the COVID-19 pandemic, obtained a p-value of 0.422 and an Odd Ratio (OR) value of 0.667.

Keywords : COVID-19, health protocols, compliance, preclinical phase of UPH FK students, UPH FK clinical phase students.

Reference : 30