

## ABSTRAK

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### **PROFESSIONAL QUALITY OF LIFE PADA PERAWAT ONCOLOGY DI SATU RUMAH SAKIT SWASTA INDONESIA BARAT**

(xiii + 53 halaman; 7 tabel; 1 bagan; 5 lampiran)

**Latar belakang:** *Professional Quality of Life* (ProQOL) merupakan kualitas yang dirasakan seseorang dalam menolong orang lain yang mengalami penderitaan dan trauma. *Professional Quality of Life* terdiri atas aspek positif atau *compassion satisfaction* dan aspek negatif atau *compassion fatigue* yang dibagi menjadi *burnout* dan *secondary traumatic stress*. Studi awal kasus yang dilakukan terhadap sepuluh perawat ditemukan tujuh perawat *oncology* merasa lelah menjadi seorang perawat baik menghadapi pekerjaannya, pasien dan teman sejawatnya, sementara tiga lainnya merasa bahagia dalam membantu pasien dan menjadi saluran berkat Tuhan.

**Tujuan penelitian:** Penelitian ini bertujuan untuk menggambarkan *professional quality of life* pada perawat *oncology* di satu rumah sakit swasta Indonesia Barat.

**Metode penelitian:** Penelitian ini merupakan penelitian deskriptif dengan pendekatan kuantitatif. Penelitian ini menggunakan instrumen berupa kuesioner dengan judul *Professional Quality of Life* (ProQOL) *scale* yang dikembangkan oleh Stamm (2010) dan sudah diterjemahkan dalam Bahasa Indonesia. Pertanyaan kuesioner ini berisi 30 pertanyaan yang mewakili aspek positif dan negatif dari ProQOL.

**Hasil penelitian:** Didapatkan perawat yang mengalami CS sedang berjumlah 19 (44,2%) selain itu yang mengalami BO sedang sebanyak 41 (95,3%) dan yang mengalami STS rendah berjumlah 26 (60,5%).

**Saran:** Peneliti selanjutnya dapat melakukan penelitian mengenai faktor-faktor penyebab perawat *oncology* mengalami CS, BO dan STS secara kompleks.

Kata Kunci : *Professional quality of life*, Perawat, Onkologi.

Referensi : 43 (2010-2020)

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### **PROFESSIONAL QUALITY OF LIFE PADA PERAWAT ONCOLOGY DI SATU RUMAH SAKIT SWASTA INDONESIA BARAT**

(xiii + 53 pages; 7 table; 1 draft; 5 attachment)

**Background:** Professional Quality of Life (ProQOL) is a quality felt by someone in helping others who experienced suffering and trauma. Professional Quality of Life (ProQOL) consists of positive aspects or compassion satisfaction and negative aspects or compassion fatigue which are divided into burnout and secondary traumatic stress. Preliminary data showed that seven out of ten nurses feels tired for being a nurse because of their tasks, their patients or their co-workers. On the other hand, three nurses feel happy for being a nurse as they can help others and became God's representative for showing love.

**Purpose:** The purpose of this research is to describe the Professional Quality of Life of oncology nurses in one private Hospital in west Indonesia.

**Method:** This research is a descriptive research with a quantitative approach. This research will use Professional Quality of Life (ProQOL) scale questionnaire which developed by Stamm (2010) and has been translated into Bahasa Indonesia. The questions in this questionnaire consist of 30 questions that represent the positive and negative aspects of ProQOL.

**Findings:** Nineteen nurses (44,2%) experienced a moderate compassion satisfaction. Additionally, 41 nurses (95,3%) experienced a moderate burnout and 26 nurses (60,5%) experienced low secondary traumatic stress.

**Suggestion:** Future researchers may research the factors behind compassion fatigue, burnout, and secondary traumatic stress on oncology nurses in a complex manner.

**Key Word** : Professional quality of life, Nurses, Oncology

**Reference** : 43 (2010-2020)