

BAB VII

DAFTAR PUSTAKA

1. Chiolero A, Faeh D, Paccaud F, Cornuz J. Consequences of smoking for body weight, body fat distribution, and insulin resistance. *American Journal of Clinical Nutrition*. 2008;87(4):801-809. doi:10.1093/ajcn/87.4.801
2. The Facts About Smoking and Weight Gain. doi:10.1136/bmj.e4439
3. Bush T, Hsu C, Levine MD, Magnusson B, Miles L. Weight gain and smoking: Perceptions and experiences of obese quitline participants. *BMC Public Health*. 2014;14(1). doi:10.1186/1471-2458-14-1229
4. Audrain-McGovern J, Benowitz NL. Cigarette smoking, nicotine, and body weight. *Clinical Pharmacology and Therapeutics*. 2011;90(1):164-168. doi:10.1038/clpt.2011.105
5. The tobacco body. *World Health Organization*. Published online 2019. Accessed October 14, 2020. <https://www.who.int/publications/i/item/tobacco-body>
6. Bagaimana cara menghitung IMT (Indeks Massa Tubuh) ? - Direktorat P2PTM. Accessed September 18, 2020. <http://p2ptm.kemkes.go.id/infographic-p2ptm/obesitas/bagaimana-cara-menghitung-imt-indeks-massa-tubuh>
7. Kementerian Kesehatan Republik Indonesia. Accessed September 18, 2020. <https://www.kemkes.go.id/index.php?txtKeyword=status+gizi&act=search-by-map&pgnumber=0&charindex=&strucid=1280&fullcontent=1&C-ALL=1>
8. Keterangan Kategori Berdasarkan Indeks Massa Tubuh dalam Carta Obesitas - Direktorat P2PTM. Accessed September 18, 2020. <http://www.p2ptm.kemkes.go.id/infographic-p2ptm/obesitas/page/3/keterangan-kategori-berdasarkan-indeks-massa-tubuh-dalam-carta-obesitas>

9. Krukowski RA, Bursac Z, Little MA, Klesges RC. The relationship between body mass index and post-cessation weight gain in the year after quitting smoking: A cross-sectional study. *PLoS ONE*. 2016;11(3). doi:10.1371/journal.pone.0151290
10. What's In a Cigarette? | American Lung Association. Accessed September 18, 2020. <https://www.lung.org/quit-smoking/smoking-facts/whats-in-a-cigarette>
11. Benowitz NL. Nicotine addiction. *New England Journal of Medicine*. 2010;362(24):2295. doi:10.1056/NEJMra0809890
12. West R. Tobacco smoking: Health impact, prevalence, correlates and interventions. *Psychology and Health*. 2017;32(8):1018-1036. doi:10.1080/08870446.2017.1325890
13. WHO Policy On Non-Recruitment Of Smokers Or Other Tobacco Users: Frequency Asked Questions. *World Health Organization*. Accessed September 18, 2020. https://www.who.int/employment/FAQs_smoking_English.pdf?ua=1
14. Arti kata perilaku - Kamus Besar Bahasa Indonesia (KBBI) Online. Accessed September 19, 2020. <https://kbbi.web.id/perilaku>
15. Smet B. Psikologi kesehatan / Bart Smet | OPAC Perpustakaan Nasional RI. *Psikologi Kesehatan dan Management of Affect Theory*. 1957;7. Accessed September 19, 2020. <https://opac.perpusnas.go.id/DetailOpac.aspx?id=224028>
16. Definitions of smoking status | Ministry of Health NZ. Accessed September 19, 2020. <https://www.health.govt.nz/our-work/preventative-health-wellness/tobacco-control/tobacco-control-information-practitioners/definitions-smoking-status>
17. Liu Y, Dai M, Bi Y, et al. Active smoking, passive smoking, and risk of nonalcoholic fatty liver disease (NAFLD): A population-based study in China. *Journal of Epidemiology*. 2013;23(2):115-121. doi:10.2188/jea.JE20120067

18. Health Effects of Cigarette Smoking | CDC. *Health Effects of Cigarette Smoking*. Accessed September 19, 2020. https://www.cdc.gov/tobacco/data_statistics/fact_sheets/health_effects/effects_cig_smoking/index.htm
19. Society for Adolescent Health T. Position statement Young Adult Health and Well-Being: A Position Statement of the Society for Adolescent Health and Medicine. Published online 2017. doi:10.1016/j.jadohealth.2017.03.021
20. Understanding Adolescence : Late Adolescence / Young Adulthood (Ages 18 - 24 Years). *State Adolescent Health Resource Center (SAHRC)*.
21. Young Adults in the 21st Century - Investing in the Health and Well-Being of Young Adults - NCBI Bookshelf. Accessed September 19, 2020. <https://www.ncbi.nlm.nih.gov/books/NBK284782/>
22. Wamamili B, Wallace-Bell M, Richardson A, Grace RC, Coope P. Cigarette smoking among university students aged 18-24 years in New Zealand: Results of the first (baseline) of two national surveys. *BMJ Open*. 2019;9(12):e032590. doi:10.1136/bmjopen-2019-032590
23. Maori Language Information. Accessed September 19, 2020. http://www.maorilanguage.info/mao_pop_faq.html
24. Nasser AMA, Zhang X. Knowledge and factors related to smoking among university students at Hodeidah University, Yemen. *Tobacco Induced Diseases*. 2019;17(May). doi:10.18332/tid/109227
25. Perilaku Merokok Masyarakat Indonesia. *Pusat Data dan Informasi Kementerian Kesehatan RI (Infodatin)*. Accessed September 18, 2020. <https://www.kemkes.go.id/resources/download/pusdatin/infodatin/infodatin-hari-tanpa-tembakau-sedunia.pdf>
26. Situasi Umum Konsumsi Tembakau di Indonesia. *Pusat Data dan Informasi Kementerian Kesehatan RI*. Accessed September 18, 2020. <https://www.kemkes.go.id/folder/view/01/structure-publikasi-pusdatin-info-datin.html>

27. GATS| Indonesia Global Adult Tobacco Survey: Indonesia Report 2011 Collaborating organizations. Published online 2012.
28. Penyajian Pokok-Pokok Hasil Riset Kesehatan Dasar 2013. *Badan Penelitian Dan Pengembangan Kementerian Kesehatan Ri*. Accessed September 19, 2020. www.litbang.depkes.go.id
29. Nuttall FQ. Body mass index: Obesity, BMI, and health: A critical review. *Nutrition Today*. 2015;50(3):117-128. doi:10.1097/NT.0000000000000092
30. CDC. Body Mass Index: Considerations for Practitioners. Accessed September 19, 2020. <http://apps.nccd.cdc.gov/dnpabmi/>
31. World Health Organization (WHO). Factors Affecting BMI. Accessed September 19, 2020. https://applications.emro.who.int/imemrf/Professional_Med_J_Q/Professional_Med_J_Q_2013_20_6_956_964.pdf
32. Victoria State Government. Body mass index (BMI) - Better Health Channel. Accessed September 19, 2020. <https://www.betterhealth.vic.gov.au/health/healthyliving/body-mass-index-bmi>
33. Zierle-Ghosh A, Jan A. Physiology, Body Mass Index (BMI). *StatPearls*. Published online July 26, 2018. Accessed September 19, 2020. <http://www.ncbi.nlm.nih.gov/pubmed/30571077>
34. Management I of M (US) S on MW. Factors That Influence Body Weight. Published online 2004. Accessed September 19, 2020. <https://www.ncbi.nlm.nih.gov/books/NBK221834/>
35. Centers for Disease Control and Prevention. Behavior, environment, and genetic factors all have a role in causing people to be overweight and obese | CDC. Accessed September 19, 2020. <https://www.cdc.gov/genomics/resources/diseases/obesity/index.htm>
36. Davis J, Juarez D, Hodges K. Relationship of ethnicity and body mass index with the development of hypertension and hyperlipidemia.

- Ethnicity and Disease*. 2013;23(1):65-70. Accessed September 19, 2020. /pmc/articles/PMC3726536/?report=abstract
37. Albanes D, Jones DY, Micozzi MS, Mattson ME. Associations between Smoking and Body Weight in the US Population: Analysis of NHANES 11.
 38. Merchant AT, Vatanparast H, Barlas S, et al. Carbohydrate Intake and Overweight and Obesity among Healthy Adults. *Journal of the American Dietetic Association*. 2009;109(7):1165-1172. doi:10.1016/j.jada.2009.04.002
 39. Nutrition | All About Carbs • Heart Research Institute. Accessed September 20, 2020. <https://www.hri.org.au/health/your-health/nutrition/all-about-carbs>
 40. Morgenstern M, Sargent JD, Hanewinkel R. Relation between socioeconomic status and body mass index: Evidence of an indirect path via television use. *Archives of Pediatrics and Adolescent Medicine*. 2009;163(8):731-738. doi:10.1001/archpediatrics.2009.78
 41. Merry Kristina Sinaga D, Righo A. Hubungan Antara Status Merokok Dengan Indeks Massa Tubuh Pada Pria Di UPTD Puskesmas Kecamatan Pontianak Kota. *Jurnal ProNers*. 2017;3(1). Accessed October 1, 2020. <https://jurnal.untan.ac.id/index.php/jmkeperawatanFK/article/view/21320>
 42. Jitnarin N, Kosulwat V, Rojroongwasinkul N, Boonpradern A, Haddock CK, Poston WSC. The relationship between smoking, body weight, body mass index, and dietary intake among thai adults: Results of the National Thai Food Consumption Survey. *Asia-Pacific Journal of Public Health*. 2014;26(5):481-493. doi:10.1177/1010539511426473
 43. Plurphanswat N, Rodu B. The association of smoking and demographic characteristics on body mass index and obesity among

- adults in the U.S., 1999-2012. *BMC Obesity*. 2014;1(1):1-9. doi:10.1186/s40608-014-0018-0
44. Jo YH, Talmage DA, Role LW. Nicotinic receptor-mediated effects on appetite and food intake. *Journal of Neurobiology*. 2002;53(4):618-632. doi:10.1002/neu.10147
45. Young-Hwan Jo, David A. Talmage, Lorna W. Role. Nicotinic receptor-mediated effects on appetite and food intake. *Department of Anatomy and Cell Biology, in the Center for Neurobiology and Behavior and The Institute of Human Nutrition, Columbia University, College of Physicians and Surgeons, New York, NY* . Accessed April 22, 2021. <https://onlinelibrary.wiley.com/doi/epdf/10.1002/neu.10147?src=getfr>
46. Sinurat EV. Hubungan Antara Merokok Dengan IMT Mahasiswa S1 Universitas Tanjungpura, Kalimantan Barat.
47. Chao AM, Wadden TA, Ashare RL, Loughhead J, Schmidt HD. Tobacco Smoking, Eating Behaviors, and Body Weight: a Review. *Current Addiction Reports*. 2019;6(3):191-199. doi:10.1007/s40429-019-00253-3
48. Plurphanswat N, Rodu B. The association of smoking and demographic characteristics on body mass index and obesity among adults in the U.S., 1999-2012. *BMC Obesity*. 2014;1(1). doi:10.1186/s40608-014-0018-0
49. Dwi Rahmawati S, Kenconoviyati K. Perbandingan Pengaruh Indeks Massa Tubuh (IMT) Perokok dengan Bukan Perokok Pasien Penyakit Jantung di Rumah Sakit Umum Daerah Kota Bekasi Tahun 2016. *Majalah Kesehatan Pharmamedika*. 2018;9(2):079. doi:10.33476/mkp.v9i2.679
50. Duncan AE, Lessov-Schlaggar CN, Nelson EC, Pergadia ML, Madden PAF, Heath AC. Body mass index and regular smoking in

- young adult women. *Addictive Behaviors*. 2010;35(11):983-988. doi:10.1016/j.addbeh.2010.06.014
51. Untuk D, Sebagian M, Mencapai P, Sarjana D, Mustafidah K. Hubungan Kebiasaan Merokok Dengan Indeks Massa Tubuh Pada Pria Usia 30-40 Tahun. Published online August 4, 2015 AD. Accessed April 22, 2021. http://repository.trisakti.ac.id/usaktiana/index.php/home/detail/detail_koleksi/6/SKR/penerbit/00000000000000101713/6
52. Merry Kristina Sinaga D, Righo A. Hubungan Antara Status Merokok Dengan IMT Pada Pria Di UPTD Puskesmas Kecamatan Pontianak Kota. Vol 3.; 2017. doi:10.26418/JPN.V3I1.21320
53. Mustafidah. Hubungan Kebiasaan Merokok Dengan Indeks Massa Tubuh Pada Pria Usia 30-40 Tahun Universitas Trisakti; 2015. Accessed April 25, 2021. http://repository.trisakti.ac.id/usaktiana/index.php/home/detail/detail_koleksi/6/SKR/penerbit/00000000000000101713/6
54. Jitnarin N, Kosulwat V, Boonpradern A, Haddock CK, Poston WSC. The relationship between smoking, BMI, physical activity, and dietary intake among Thai adults in Central Thailand. *Journal of the Medical Association of Thailand*. 2008;91(7):1109-1116. Accessed April 22, 2021. <https://pubmed.ncbi.nlm.nih.gov/18839854/>
55. M. Sneve, R. Jorde. Cross-sectional study on the relationship between body mass index and smoking, and longitudinal changes in body mass index in relation to change in smoking status: The Tromsø Study on JSTOR. *Scandinavian Journal of Public Health*. 2008;36(4):397-407. Accessed April 22, 2021. https://www.jstor.org/stable/45150004?seq=1#metadata_info_tab_contents
56. Healthy weight, overweight, and obesity among U.S. adults Defining healthy weight, overweight, and obesity in adults. Accessed April 25, 2021. <http://www.cdc.gov/nchs/nhanes.htm>

57. Body Mass Index: Considerations for Practitioners. *Department of Health and Human Services Centers For Disease Control and Prevention*. Accessed April 22, 2021. <http://apps.nccd.cdc.gov/dnpabmi/>
58. Impey S. Limitations of body mass index (BMI) as a measure of obesity-a nursing perspective. doi:10.1371/journal.pone.0033308
59. Marandi SM, Abadi NGB, Esfarjani F, Mojtahedi H, Ghasemi G. Effects of intensity of aerobics on body composition and blood lipid profile in obese/overweight females. *International journal of preventive medicine*. 2013;4(Suppl 1):S118-25. Accessed April 22, 2021. <http://www.ncbi.nlm.nih.gov/pubmed/23717761>
60. Kvaavik E, Meyer HE, Tverdal A. Food habits, physical activity and body mass index in relation to smoking status in 40-42 year old Norwegian women and men. *Preventive Medicine*. 2004;38(1):1-5. doi:10.1016/j.ypmed.2003.09.020
61. Perkins KA. Metabolic effects of cigarette smoking. *Journal of Applied Physiology*. 1992;72(2):401-409. doi:10.1152/jappl.1992.72.2.401
62. Booranasuksakul U, Singhato A, Rueangsri N, Prasertsri P. Association between alcohol consumption and body mass index in university students. *Asian/Pacific Island Nursing Journal*. 2019;4(1):57-65. doi:10.31372/20190401.1035
63. Drinking Levels Defined | National Institute on Alcohol Abuse and Alcoholism (NIAAA). Accessed April 25, 2021. <https://www.niaaa.nih.gov/alcohol-health/overview-alcohol-consumption/moderate-binge-drinking>
64. Calories in alcohol - NHS. Accessed April 25, 2021. <https://www.nhs.uk/live-well/alcohol-support/calories-in-alcohol/>
65. Traversy G, Chaput JP. Alcohol Consumption and Obesity: An Update. *Current obesity reports*. 2015;4(1):122-130. doi:10.1007/s13679-014-0129-4

66. Chao AM, Wadden TA, Ashare RL, Loughead J, Schmidt HD. Tobacco Smoking, Eating Behaviors, and Body Weight: a Review. *Current Addiction Reports*. 2019;6(3):191-199. doi:10.1007/s40429-019-00253-3

