

REFERENCES

- Acharya, A. S., Prakash, A., Saxena, P., & Nigam, A. (2013). Symposium. Sampling: Why and how of it. *Indian Journal of Medical Specialities*, 4(2), 330-333. doi:10.7713/ijms.2013.0032
- Ainsworth, M.D.S., Blehar, M.C., Waters, E., & Wall, S.N. (2015). Patterns of attachment: A psychological study of the strange situation (1st ed.). Psychology Press. doi:10.4324/9780203758045
- Bartholomew, K. (1990). Avoidance of intimacy: An attachment perspective. *J. Pers. Soc. Psychol.* 7: 147–178.
- Bartholomew, K., & Shaver, P. R. (1998). Methods of assessing adult attachment: do they converge?. *Attachment Theory and Close Relationships*. 25–45. New York: Guilford
- Badan Pusat Statistik. (2022, January 25). Jumlah Penduduk Provinsi DKI Jakarta Menurut Kelompok Umur dan Jenis Kelamin 2018-2020. <https://jakarta.bps.go.id/indicator/12/111/1/jumlah-penduduk-provinsi-dki-jakarta-menurut-kelompok-umur-dan-jenis-kelamin.html>. Retrieved January 25, 2022, from <https://jakarta.bps.go.id/indicator/12/111/1/jumlah-penduduk-provinsi-dki-jakarta-menurut-kelompok-umur-dan-jenis-kelamin.html>
- Bowlby, J. (1977). The making and breaking of affectional bonds: I. aetiology and psychopathology in the light of attachment theory. *British Journal of Psychiatry*, 130(3), 201-210. doi:10.1192/bjp.130.3.201
- Bowlby, J. (1980). Attachment and loss. *Loss: Sadness and depression*, 3. New York: Basic Books.
- de Jong Gierveld, J., van Tilburg, T., & Dykstra, P. A. (2006). Loneliness and social isolation. Cambridge University Press. doi:10.1017/CBO9780511606632.027.
- Endo, K., Ando, S., Shimodera, Shinji & Yamasaki, S., Usami, S., Okazaki, Y., Sasaki, T., Richards, M., Hatch, S., & Nishida, A.. (2017). Preference for solitude, social Isolation, suicidal Ideation, and self-Harm in adolescents. *Journal of Adolescent Health*. 61. doi:10.1016/j.jadohealth.2017.02.018.
- Erikson, E.H. (1968). *Identity: youth and crisis*. Norton & Co..
- Erozkan, A. (2011). The attachment styles bases of loneliness and depression. *International Journal of Psychology and Counselling*, 3(9), 186-193. doi:10.5897/IJPC11.032
- Sears, D.O., Fredman, J.L., & Peplau, L.A. (2009). *Psikologi sosial jilid 2*. Jakarta: Erlangga
- Feeney, J., & Noller, P. (1990). Attachment style as a predictor of adult romantic relationships. *Journal of Personality and Social Psychology*, 58, 281–291. doi:10.1037/0022-3514.58.2.281
- Fitriana, T. S., & Fitria, N. (2016). Validation of attachment styles questionnaire in Indonesian culture. *International Conference on Health and Well-Being*.
- Foster, J. D., Kernis, M. H., & Goldman, B. M. (2007). Linking adult attachment to self-esteem stability. *Self and Identity*, 6(1), 64–73.
- Fry, P. S., & Debats, D. L. (2002). Self-efficacy beliefs as predictors of loneliness and psychological distress in older adults. *The International Journal of*

Aging and Human Development, 55(3), 233–269. doi:10.2190/KBVP-L2TE-2ERY-BH26

- Goosby, B. J., Bellatorre, A., Walsemann, K. A., & Cheadle, J. E. (2013). Adolescent loneliness and health in early adulthood. *Sociological Inquiry*, 83(4), 505-536. doi:10.1111/soin.12018
- Gravetter, F. J., & Forzano, L. A. B. (2012). *Research Methods for the Behavioral Sciences (4th ed.)*. Belmont, CA: Wadsworth Cengage Learning.
- Griffin, J. (2010). *The Lonely Society?*. London. Mental Health Foundation
- Hammond, C. (2018, October). *Lima Temuan Baru Tentang Kesepian*. Retrieved from <https://www.bbc.com/indonesia/vert-fut-45717774>
- Hawkley, L. C., & Cacioppo, J. T. (2010). Loneliness matters: a theoretical and empirical review of consequences and mechanisms. *The Society of Behavioral Medicine*, 40, 218-227. doi:10.1007/s12160-010-9210-8
- Hazan, C., & Shaver, P. (1987). Romantic love conceptualized as an attachment process. *Journal of Personality and Social Psychology*, 52(3), 511-524.
- Himawan, K. K., Bambling, M., & Edirippulige, S. (2018). What does it mean to be single in Indonesia? religiosity, social stigma, and marital status among never-married Indonesian adults. *SAGE Open*. doi:10.1177/2158244018803132
- Howard, M. S., & Medway, F. J. (2004). Adolescents' attachment and coping with stress. *Psychology in the Schools*, 4(3), 391–402.
- Kafetsios, K., Sideridis, G. D. (2006). Attachment, social support and well-being in young and older adults. *Journal of Health Psychology*, 11(6), 863-876. DOI: 10.1177/1359105306069084
- Kobak, R. R., Cole, H. E., Ferenz-Gillies, R., Fleming, W. S., & Gamble, W. (1993). Attachment and emotion regulation during mother-teen problem solving: A control theory analysis. *Child Development*, 64, 231–245. doi:10.2307/1131448
- Laible, D. (2007). Attachment with parents and peers in late adolescence: Links with emotional competence and social behavior. *Personality and Individual Differences*, 43(5), 1185–1197. doi:10.1016/j.paid.2007.03.010
- Laible, D. J., Carlo, G., & Raffaelli, M. (2000). The differential relations of parent and peer attachment to adolescent adjustment. *Journal of Youth and Adolescence*, 29, 45–60.
- Li, J., Li, T. & Dai, Q. (2008). Adult Attachment, social support, and depression level of post stroke patients. *Social Behavior and Personality*, 36(10), 1341-1352.
- Liu, J., Li, D., Purwono, U., Chen, X., & French, D. C. (2015). Loneliness of Indonesian and Chinese adolescents as predicted by relationships with friends and parents. *Merrill-Palmer Quarterly*, 61(3), 362–382. doi:10.13110/merrpalmquar1982.61.3.0362
- Mental Health Foundation. (2010). *The Mental Health Foundation survey*.
- Nurdiani, A. F., & Mulyono, R. (2014). Pengaruh dukungan sosial dan attachment style terhadap perasaan kesepian pada remaja yang tinggal di panti asuhan Khazanah Kebajikan. *Tazkiya Journal of Psychology*, 2(2).
- Ozturk, A., & Mutlu, T. (2010). The relationship between attachment styles, subjective well-being, happiness and social anxiety among university students. *Procedia Social and Behavioral Sciences*, 9, 1772-1776. doi:10.1016/j.sbspro.2010.12.398

- Pakdaman, S., Saadat, S., Shahyad, S., Ahmadi, K., & Hosseinialhashemi, M. (2016). The role of attachment styles and resilience on loneliness. *International Journal of Medical research & Health Science*, 5(9), 268-274.
- Permana, R. H. (n.d.). *Pisa 2018: 41% Siswa Indonesia korban bullying, 17% Dilanda Kesepian*. detiknews. Retrieved January 4, 2022, from <https://news.detik.com/berita/d-4809711/pisa-2018-41-siswa-indonesia-korban-bullying-17-dilanda-kesepian/2>
- Peplau, L. A., & Perlman, D. (1982). Theoretical approaches to loneliness. *Loneliness: A Sourcebook of Current Theory, Research and Therapy*. 123-134.
- Ponzetti, J. J. (1990). Loneliness among college students. *Family Relations: An Interdisciplinary Journal of Applied Family Studies*, 39, 336-340. Doi:10.2307/584881
- Russell, D. W. (1996). UCLA loneliness scale (version 3): Reliability, validity, and factor structure. *Journal of Personality Assessment*, 66(1), 20-40.
- Sears, D. O., Fredman, J. L., & Peplau, L. A. (2009). *Psikologi sosial jilid 2*. Jakarta: Erlangga
- Simmons, B. L., Gooty, J., Nelson, D. L., & Little, L. M. (2009). Secure attachment: Implications for hope, trust, Burnout, and performance. *Journal of Organizational Behavior*, 30(2), 233-247. <https://doi.org/10.1002/job.585>
- Simpson, J. A., Rholes, W. S., & Nelligan, J. S. (1992). Support seeking and support giving within couples in an anxiety-provoking situation: The role of attachment styles. *Journal of Personality and Social Psychology*, 62(3), 434-446.
- Stickley, A., Koyanagi, A., Kuposov, R., Blatný, M., Hrdlička, M., Schwab-Stone, M., & Ruchkin, V. (2016). Loneliness and its association with psychological and somatic health problems among Czech, Russian and U.S. adolescents. *BMC psychiatry*, 16, 128. doi:10.1186/s12888-016-0829-2
- Wang, H., & Abbott, D. (2013). Waiting for mr. right: The meaning of being a single educated chinese female over 30 in beijing and guangzhou. *Womens Studies International Forum*, 40, 222-229.
- Wei, M. F., Russell, D. W., Zakalik, R. A. (2005). Adult attachment, social self-efficacy, self-disclosure, loneliness and subsequent depression for freshman college students: a longitudinal study. *Journal of Counseling Psychology*. 52(4). 602-614.