

## ABSTRACT

According to the journal of Chai, Charas & Changa - Psychedelic Gnosis in Psytrance Gatherings, Chai is a word that means “tea” in Hindi, derived from Chinese word “cha” which is then evolved into the British word “tea” ; the people in India likes to drink Chai Tea which is a popular spiced tea also known as *masala tea*, whereas masala means ‘spices’ and masala tea is combination of spices that is commonly used in Indian cuisines that will then be used to make masala tea. The traditional Indian Masala Chai ingredients are milk and dark unrefined sugar, the spices in masala itself is the combination of a few different spices which are cinnamon, ginger, cardamom, black pepper, nutmeg, and cloves. Masala Chai has ingredients that could helpin healing someone’s sickness. The snacking habit or the need for Indonesian snacks is not only a biological need but can also be used as a sociological force to strengthen social connectivity, control moods by reducing stress levels that arise due to uncertain situations, for example the pandemic situation. The solution to the problem, the students of Pelita Harapan University will be doing community service for students SMK Negeri 73 Jakarta in the form of online workshop using Zoom Meeting due to the situation and conditions of COVID-19. This community service is made for SMK Negeri 73 Jakarta that Masala Chai can be made as the main ingredient for dessert as a way to contribute to overcoming problems regarding the habits of Indonesian people eating sweet foods. The target result is that hopefully, after this community services, the partner will have awareness and knowledge about Masala Chai and the benefits of using Masala Chai as main ingredients for desserts as the healthy snacks. Also, they will know how to make desserts that have unique and new flavors but still healthy and taste delicious.

***Keywords: Chai, Masala, Dessert, Spices, Community Service***