

CHAPTER I

PRELIMINARY

1.1 Situation Analysis

According to Law Number 20 of 2003 concerning the National Education System Article 20, universities are required to conduct research and community service in addition to education. Therefore, the community service team would like to share the knowledge gained from our education with the community of Kranggan Tourism Village in the form of workshops. As part of this event, the Community Services team will teach or educate participants how to make desserts without using the oven which is how to cook Peanut Butter Marshmallow Bars. A workshop is an integrated training program designed to teach or equip each participant with practical and technical skills or ideas that they can apply to work in everyday life. In general, a good workshop has less capacity. Workshops are usually held for people who have the same interests or work in the same field. Therefore, the community service team would like to share the knowledge through the training of the community service group to the people of Kranggan Tourism Village in the form of a workshop. As part of this event, the team will teach the residents of Kranggan Tourism Village how to make desserts without baking.

In the midst of the COVID-19 pandemic, it is critical to maintain our health and endurance. Several studies have demonstrated that fruits and vegetables may give the nutrients your immune system requires. Because there is no treatment or preventive for the COVID-19 virus, the World Health Organization urges patients to eat healthier foods (WHO, 2020). In reaction to the present global crisis,

the Indonesian government implemented PSBB, which quarantines the vast majority of its inhabitants at home. Most individuals' everyday activities, such as school, employment, and the desire to purchase online, would be significantly altered, resulting in a monotonous pattern. (Moynihan and colleagues, 2015) Boredom is usually linked to an increase in calorie consumption in the form of fats, carbs, and proteins. Stress during quarantine may increase the likelihood of becoming obese by inducing people to overeat, commonly known as “comfort foods”. (Act No. 18 of 2012). Food is anything that comes from the biological sources of agriculture, farms, forestry, fisheries, livestock, water and aquatic products, including food additives, food ingredients, both processed and unprocessed for human consumption, and other materials used in the processing and/or preparation of food or beverages.

Food is often served with an appetizer, soup, main meal, and dessert (Trisnawati, 2013). A dessert, according to Crondi (2001), is a dish composed of fruits, pastries, sweets, cheese, and so on. A dessert is a dish that is often offered at the end of a dinner. Creamy meals like puddings and ice cream, as well as pastries like cakes and tarts, as well as donuts. Many studies have discovered substantial variations in cooking techniques. As a result, it is critical to educate the community on how to make sweets without an oven. Making sweets without baking is also a low-cost and simple option to create at home.

Kranggan Tourism Village was selected as the target of this community activity because there are various attractions that many small and medium-sized enterprises can enjoy. Alwani added that the village is also known as the home food industry because it cooks at home and produces the special food made in this

tourist village, and Kranggan is known as the home food industry (detiknews, 2020). However, there are still a few more varieties of snacks they produce. The food that the villagers produce is typical Kranggan snacks like opak. This supports the author's goal to share knowledge of how to make a no-bake dessert with the people of the Kranggan Tourism Village. This social event will educate the Kranggan Tourist Village community to expand their knowledge, skills and creativity to make products and see business opportunities.

1.2 Partner Problems

There are 4 homestays in this Kranggan Tourism Village to make typical Kranggan snacks, such as cakes, rocking flowers, opak, and so on. Snacks are still very limited, therefore on this occasion, villagers can gain more knowledge about various products through this training.

Therefore, due to limited knowledge about making desserts, it is necessary to develop knowledge that is channeled through this workshop activity. Participants in the Kranggan Tourism Village who attended this workshop were also expected to be interested in learning to make no-bake dessert products with the aim of increasing knowledge, skills and creativity.