

## TABLE OF CONTENTS

	page
COVER	
FINAL ASSIGNMENT STATEMENT AND UPLOAD AGREEMENT	
APPROVAL BY THESIS SUPERVISORS	
APPROVAL BY THESIS EXAMINATION COMMITTEE	
ABSTRACT .....	v
ACKNOWLEDGEMENT .....	vi
TABLE OF CONTENTS.....	ix
LIST OF TABLES .....	xii
LIST OF FIGURES .....	xiii
LIST OF APPENDICES .....	xiv
CHAPTER I INTRODUCTION	
1.1 Background .....	1
1.2 Research Problem.....	3
1.3 Objectives.....	4
1.3.1 General Objective.....	4
1.3.2 Specific Objective .....	4
CHAPTER II LITERATURE REVIEW	
2.1 Frozen Desserts .....	5
2.2 Ingredients.....	6
2.2.1 Sugar .....	6
2.2.2 Vegetable Creamer.....	7
2.2.3 Carob Powder.....	8
2.2.4 Stabilizers and Emulsifiers.....	8
2.2.4.1 Xanthan Gum .....	9
2.2.4.2 DATEM .....	10
2.2.4.3 Maltodextrin .....	11
2.2.5 Salt .....	13
2.2.6 Natural Flavors.....	13
2.3 Rheology of Ice Cream .....	13
CHAPTER III MATERIALS AND EQUIPMENT	
3.1 Materials and Equipment .....	15
3.2 Research Procedure.....	15
3.2.1 Maltodextrin Experiments.....	16
3.2.1.1 Preliminary Stage: Determination of Maltodextrin Addition Limits .....	16

3.2.1.2 Stage 1 Research: Determination of Maltodextrin Concentration .....	17
3.2.2 Stage 2 Research: Determination of Added Stabilizers Ratio.....	18
3.2.3 Stage 3 Research: Comparison of Best Formulations with Commercial Instant Ice Cream Products .....	19
3.3 Experimental Design.....	19
3.3.1 Stage 1 Research .....	19
3.3.2 Stage 2 Research .....	21
3.3.3 Stage 3 Research .....	22
3.4 Analyses Procedures .....	23
3.4.1 Total Soluble Solids Analysis (AOAC, 2005) .....	23
3.4.2 Overrun Analysis (Shanmugam et al., 2017).....	24
3.4.3 Melting Time Analysis (AOAC, 2005).....	24
3.4.4 Viscosity Analysis.....	25
3.4.5 Sensory Analyses (Heymann, <i>et al.</i> , 2012; Zoeklein, 2015; López-López, <i>et al.</i> , 2019).....	25
3.4.6 Proximate Analyses.....	26
3.4.6.1 Soxhlet Method Fat Analysis (Redfern <i>et al.</i> , 2014; Srigley and Mossoba, 2017).....	26
3.4.6.2 Kjeldahl Protein Content Determination (Nielsen, 2003 and AOAC, 2005).....	26
3.4.6.3 Carbohydrate Content Determination (Nielsen, 2017) .....	27
CHAPTER IV RESULTS AND DISCUSSION.....	28
4.1 Stage 1 Research .....	28
4.1.1 Total Soluble Solids Analysis .....	28
4.1.2 Overrun Analysis .....	29
4.1.3 Product Melting Time Analyses.....	30
4.1.4 Viscosity Analyses .....	31
4.1.5 Sensory Analyses .....	31
4.1.5.1 Smoothness Sensory Evaluation .....	32
4.1.5.2 Off-Flavor Sensory Evaluation .....	33
4.1.5.3 Texture Sensory Evaluation .....	34
4.1.5.4 Overall Sensory Evaluation.....	35
4.2 Stage 2 Research .....	36
4.2.1 Total Soluble Solids Analysis .....	36
4.2.2 Overrun Analysis .....	37
4.2.3 Product Melting Time .....	38
4.2.4 Viscosity Analyses .....	39
4.2.5 Sensory Analyses .....	39

4.2.5.1 Smoothness Sensory Evaluation .....	40
4.2.5.2 Off-Flavor Sensory Evaluation .....	41
4.2.5.3 Texture Sensory Evaluation .....	41
4.2.5.4 Overall Sensory Evaluation.....	42
4.3 Stage 3 Research .....	42
4.3.1 Total Soluble Solids Analysis .....	43
4.3.2 Overrun Analysis .....	43
4.3.3 Product Melting Time .....	44
4.3.4 Viscosity Analyses .....	44
4.3.5 Sensory Analyses .....	44
4.3.5.1 Smoothness Sensory Evaluation.....	45
4.3.5.2 Off-Flavor Sensory Evaluation .....	46
4.3.5.3 Texture Sensory Evaluation .....	46
4.3.5.4 Overall Sensory Evaluation.....	47
4.4 Proximate Analyses.....	48

## CHAPTER V CONCLUSIONS AND SUGGESTIONS

5.1 Conclusions .....	50
5.2 Suggestions .....	50

## BIBLIOGRAPHY

## APPENDICES

## LIST OF TABLES

	page
Table 3.1 Table of Maltodextrin Addition Details per 200 ml of Product.....	17
Table 3.2 Formulation Table of Stage 1 Research per 200 ml of Product.....	18
Table 3.3 Formulation Table of Stage 2 Research per 200 ml of Product.....	19
Table 3.4 Statistical Design of Stage 1 Research.....	20
Table 3.5 Statistical Design of Stage 2 Research.....	21
Table 3.6 Statistical Design of Stage 3 Research.....	22
Table 4.1 Table of Stage 1 Research Results.....	28
Table 4.2 Total Soluble Solids of Stage 1 Product .....	29
Table 4.3 Results of Gravimetric Overrun Analysis on Stage 1 Product.....	29
Table 4.4 Melting Time of Stage 1 Product.....	30
Table 4.5 Viscosity of Stage 1 Product.....	31
Table 4.6 Overview Table of Scoring Sensory Evaluation of Stage 1 Product....	32
Table 4.7 Overview Table of Hedonic Sensory Evaluation of Stage 1 Product...	32
Table 4.8 Table of Stage 2 Research Results.....	36
Table 4.9 Total Soluble Solids of Stage 2 Products.....	36
Table 4.10 Overrun Analysis on Stage 2 Product Added with Xanthan Gum and DATEM .....	37
Table 4.11 Melting Time of Stage 2 Products .....	38
Table 4.12 Viscosity of Stage 2 Products Added with Xanthan Gum and DATEM .....	39
Table 4.13 Overview Table of Scoring Sensory Evaluation of Stage 2 Product..	40
Table 4.14 Overview Table of Hedonic Sensory Evaluation of Stage 2 Product.	40
Table 4.15 Table of Stage 3 Research Results .....	42
Table 4.16 Overview Table of Scoring Sensory Evaluation of Stage 3 Product..	45
Table 4.17 Overview Table of Hedonic Sensory Evaluation of Stage 3 Product.	45
Table 4.18 Proximate Analyses Data on Formulated and Commercial Products .	48

## LIST OF FIGURES

	page
Figure 2.1 Molecular Structure of Xanthan Gum .....	9
Figure 2.2 Molecular Structure of DATEM.....	10
Figure 2.3 Schematic Molecular Structure of Maltodextrin .....	12



## LIST OF APPENDICES

Appendix A. Total Soluble Solids of Instant Ice Cream Products.....	A-1
Appendix B. Product Overrun.....	B-1
Appendix C. Results for Analysis on Instant Ice Cream Melting Properties.....	C-1
Appendix D. Results for Analysis on Instant Ice Cream Viscosity .....	D-1
Appendix E. Results of Stage 1 Products Sensory Evaluation .....	E-1
Appendix F. Results of Stage 2 Products Sensory Evaluation.....	F-1
Appendix G. Results of Stage 3 Products Sensory Evaluation.....	G-1
Appendix H. Soxhlet Fat Content Analyses .....	H-1
Appendix I. Kjeldahl Protein Analysis .....	I-1
Appendix J. Carbohydrate Analysis.....	J-1

