

CHAPTER I

INTRODUCTION

1.1. Background of Research

Sports are enjoyed by everyone. People all over the world are together. Sports have multiple values. There are largely intrinsic and extrinsic values. This thesis has specifically focused on the pursuit of intrinsic values that enhance the universal quality of life of human beings. This research is to examine the Christian perspective on health and to find out how it appears in the sports education. Today, considering health problems; the body, the mind and the spiritual, caused by the Covid-19, so this research suggest that considering holistic recovery and complete health through sports education by Christian leadership. What is the ultimate purpose of Christian leadership in sports education? ISC (International sports coalition) give a definition that 'Proclaim the Gospel, make disciples, Obey the Bible.' Proclaim the Gospel as a Christian has both a duty and a mission. Matthew 28:19~ as this passage Christian sports educator know, live, and tell the Gospel in the world of sport and through the universal language which power is the world's common language.

First, present about the general sports education is presented the common purpose and values and further reinterpreted from a Christian perspective. Second, Christian sports education suggest examining the importance and identity which is possible to understand good health. Finally, the biblical and the holistic Christian sports education is established and creative, Christian worldview, and relational principles are explored based on the theory of the Christian programme in the sports

field. Through the Christian leadership in the sports education is reflected on important the human health and life transform as a Christian value. By presenting a Christian education course through sports education, especially Taekwondo, it will be of great help to experience recovery and experience the kingdom of God in life, including individuals, schools, families, and society. Finally, this research that through Taekwondo, present an educational theory for holistic transform as a Christian and Christian leadership that restores fallen human beings and resembles the person of Jesus incarnate.

This research found that Christian leadership in sports education has two purposes, to grow faith in Christians and to convince unbelievers and this research that strategy to fulfill the mission in to Indonesia through Christian leadership in sport education. As above, the purpose of this research is the necessity and importance what is Christian leadership in sports education, and suggest that sports are very effective for mission or for spreading the gospel.

1.2. Statement of The Problem

Through the background described above, there are several important points of the problem identified by the researcher:

- 1) What is the value of sports education?
- 2) What is Christian Leadership?
- 3) What is Christian Leadership in Sports Education?
- 4) Is it practically applicable?

This research examines general sports values and history. In particular, the educational value of sports rather than maintaining physical health was intensively

investigated. The supreme educational value of sports is well documented in the spirit of the Olympics. People understand that the health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity (WHO 2020). But in Bible explain, health is explained as a state of saturation, satisfaction and purpose fulness in life where there is a full balance between body, mind, and spirit regardless of a person's physical abilities (Totalfit training 2020, 17).

Defines Christian leadership and a biblical interpretation of human beings. In particular, Christian sportsmanship was proposed through the interpretation of the corruption in the Garden of Eden and fouls in the sports field. who is a Christian sports educator? Schreyer said, “The Most a mission of Christian education is to cultivate a smooth relationship between God and man.” Christian sports education is becoming Christian that means be like Jesus. That is, it is the function of forming Christians by the Gospel. Christians can be said to be those who have the image of Christ (Gal. 4:19). A Christian sports Educator lead and teach the Gospel to students by the sports education. What is it live a healthy life as a Christian? There is a difference the perspective of the Bible and the world in health. According to above that Christian sports educator is not only physical training to members, a Christian sports educator have to training to members about body, spirit, and soul as biblical background.

How to apply Christian leadership in sports education?

1) K-art studio: It was established in Kelapa Gading, Jakarta Barat in August.2018.

The name of K-art studio has two meanings. First, K: means Korean culture.

This studio teaching Korean culture such as Taekwondo and Korean dance.

Second, K: means-Indonesian word KASIH which means love. So, the meaning of K-art studio which 'place to convey the love of Jesus through Korean culture'. In other words, it has the meaning of the holy temple of the Lord. Through this, many people are getting rest through the love of the Lord. The studio is giving dreams and hopes through Taekwondo service in several places. All general students (Christians and non-Christians) come to this studio to learn sports. The primary goal is to obtain health and Taekwondo qualifications. The second goal is to learn character and morality while learning Taekwondo. In other words, the students learn about the right life. Furthermore, students can learn about the love of Jesus and the Bible.

2) Gen B (Sports Academy)

It has futsal, basketball, Taekwondo and PE teachers work on around in Jakarta. Gen B leader said that "we use the whole life coaching in all classes so that students learn sports, become the right people, and become disciples of Jesus". The Genb suggest that what is the difference between the general sports and the Christian sports? Those who are a good coach can teach good personality, thoughts, and mind, but cannot teach spiritual part, it is able to teach only at the Christian sports class. "The highlight that is the beginning with prayer, ending with prayer, and the coach blessing the students". Christian leadership in sports education is training and educate in sports field as a physical education teacher, Christian sports coach, Pastor, and mentor. The purpose of this place is to uphold Christian values. It teaches the Christian life of living according to the measure of mature faith.

3) Somang Taekwondo Team

Sport is a great place for character development to take place, through the mentoring of players in a team by their godly coach. Whole life coaching powerfully connects a simple sports activity to everyday life. It is a discipling strategy to help young sports players grow into the people God wants them to be. It integrates sport holistically with spiritual, social, emotional, physical and intellectual development. It teaches practical skills alongside spiritual and moral values to create coaching sessions that truly impact lives.

1.3. Scope of Research

- 1) The value and function of general sports were re-evaluated. In particular, the intrinsic and extrinsic values of education in sports were investigated. This study focused on the positive aspects of sports.
- 2) Biblical understanding of Christian sports education, Interpretation of fouls, especially from the perspective of Christian sportsmanship. It presents the theological validity of Christian sports education through biblical interpretation. It presents a reinterpretation of sports and a biblical theory from a Christian perspective.
- 3) Sports field: Christian sports education apply at Somang Taekwondo team. (Unbelievers), Gen B (Christian sports academy) , and K-art Studio that is open for students from various background.
- 4) Christian Sports Educators : The growing number of Christian sports coaches. A sports coach is a person who teaches the skills of a sport. But Christian sports educators are those who preach the Gospel in the sports field. It is not simply a Christian as a sports teacher, but as a person who preaches and

conveys the Gospel, and as a disciple-maker.

1.4. Formulation of The Problem

Based on the description above, the formulation of the problem in this research is: Biblical interpretation of health and sports education based on a Christian worldview. This research use below questions to effectively approach and set the direction of research. The following research questions will lead to the main subject.

- 1) What is the purpose of Christian leadership in sports education?
- 2) How to teach Christian value through taekwondo class ?
- 3) What is the role of taekwondo master as leader?
- 4) What is the holistic transformation in student through taekwondo class?

1.5. Purpose of Research

The purpose of this qualitative research is to explore the holistic transformation of students attending taekwondo classes in three sport education institutions in Jakarta. The holistic transformation is defined as change in student's physical, mental, and spiritual aspects. The holistic transformation is expected as the results of the Christian values taught and exemplified by the taekwondo masters as leaders for their students.

- 1) Understanding of the purpose of Christian leadership in sports education.
- 2) Understanding of teaching Christian value through taekwondo class
- 3) Understanding of the role of taekwondo master is as leader.
- 4) Understanding of the holistic transformation in student through taekwondo

class

1.6. Significance of Research

The reference material for sports educators, coaches, and teachers as Christians. Research on the practice and method of spreading the word of God through Christian sports education in the sports field and examples source. Benefits for further research that this research will be used by those who want to spread the Gospel as many through the tool of sport in a new era after the Covid -19. Presenting the biblical basis that sports can be deployed as an important paradigm for world missions to lay the theoretical foundation for future research. Second, the need for a Christian sports coach, who have to understanding of the basic principles, God-centeredness, glory to God, and biblical direction of God's love are presented. The same principle as 'the relationship between the vine and the branch (John 15:1-6)' could be applied. For Christian physical education teachers, this study suggests the standard of the body from a biblical perspective. Finally, suggesting the direction to achieve the Great Commission through Christian sports education.

1.7. Organization of Research

This proposal consists of a total 6 chapters:

- 1) Chapter I, There is that the researcher will write about various important. things. that relate with the background of why this research is done. Continued by the identification of various problems that correlates with the background and the border of the problem. Based on this, the research question is determined, answered through a series of studies, and the intended goal is reached.

- 2) Chapter II, Suggest some theory that explains the variables of the study. Describe the value of sports and function of sports and about origin sports, specially, ancient Olympic which is historical sports.
- 3) Chapter III, Describes the program of how Christian sports education is actually practiced. It describes the field of sports education practiced from a Christian perspective. Introduces a Christian interpretation of Christian sports education according to the interpretation of the body in the Bible. In particular, as a Christian educator who discuss the preaching of God in the sports field.
- 4) Chapter IV, Discusses the research methodology. Describes the study. design, steps, and tools which will be used to collect, analyze, and interpret data. In addition, the environment and topics are also described. Analysis including data interpretation and association with the theory mentioned in the second chapter. The final chapter contains conclusions, administrative implications, and suggestions that may be useful to other researchers wishing to continue their research.
- 5) Chapter V, This will be done by describing all study findings and analyzes, including interviews and data interpretation and interpretation for the FGD.
- 6) Chapter VI, include conclusion, managerial implication and suggestions. that could be useful for other researchers that would like to continue the research.