

DAFTAR PUSTAKA

- Antara. (7 Januari 2020). Remaja keroyok remaja di mampang, 4 pelaku terancam 12 tahun bui. *Tempo*. Diunduh dari <http://metro.tempo.co/read/1292363/remaja-keroyok-remaja-di-mampang-4-pelaku-terancam-12-tahun-bui> pada 24 September 2020.
- Arslan, C., & Adıgüzel, G. (2018). Investigation of university students' agresi levels in terms of empathic tendency, self-compassion and emotional expression. *Europenan Journal of Education Studies*, 5(4), 46-53. doi: 10.5281/zenodo.1461079.
- Anggrian, R. (2018). Self-compassion sebagai sikap pereduksi perilaku agresi relasi remaja di sekolah. *Prosiding Seminar Nasional Bimbingan dan Konseling*, 2(1), 72-88.
- Buss, A. H. & Perry, M. (1992). Personality process and individual differences: The aggression questionnaire. *Journal of Personality and Social Psychology*, 63(3), 452-459.
- Diananda, A. (2018). Psikologi remaja dan permasalahannya. *Journal ISTIGHNA*, 1(1), 116-133. doi: 10.33853/istighna.v1i1.20.
- Diedrich, A., Grant, M., Hofmann, S. G., Hiller, W., & Berking, M. (2014). Self-compassion as an emotion regulation strategy in major depressive disorder. *Behavior Research and Therapy*, 58, 43-51. doi: <http://dx.doi.org/10.1016/j.brat.2014.05.006>.
- Djajadisastra, F. W. (2017). Self-Compassion and Aggression in College Students. *Anima Indonesian Psychological Journal*, 32(4), 235-241. doi:<https://doi.org/10.24123/aipj.v34i4>.
- Elices, M., Carmona, C., Pascual, J. C., Feliu-Soler, A., Martin-Blanco, A. & Soler, J. (2017). Compassion and self-compassion: Construct and measurement. *Mindfulness & Compassion*, 2, 34-40. doi: <http://dx.doi.org/10.1016/j.mincom.2016.11.003>.

- Firmansyah, M. J & Anwar. (2018). KPAI: Tawuran pelajar 2018 lebih tinggi dibanding tahun lalu. *Tempo*. Diunduh dari <https://metro.tempo.co/read/1125876/kpai-tawuran-pelajar-2018-lebih-tinggi-dibanding-tahun-lalu> pada tanggal 12 Januari 2022.
- Gravetter, F. J., & Forzano, L.-A. B. (2012). *Research methods for the behavioral sciences* (4th ed.). Wadsworth: Cengage Learning.
- Harris, J. A. (1997). A further evaluation of the agresi questionnaire: Issues of validity and reliability. *Behav. Res. Ther.*, 35(11), 1047-1053. doi: 10.1016/S0005-7967(97)00064-8.
- Heppner, W. L., Kernis, M. H., Lakey C. E., Campbell, W. K., Goldman, B. M., Davis, P. J. (2008). Mindfulness as a means of reducing aggressive behavior: Dispositional and situational evidence. *Aggressive Behavior*, 34(5), 486-496. doi: doi.org?10.1002/ab.20258.
- İskender, M., Şar, A. H., Özçelik, B. Kocaman, G., & Yaldıran, A. (2019). Sleep quality and self-compassion as predictors of agresi in high school students. *International Journal of Psychology and Educational Studies*, 6(2), 77-86. doi: <http://dx.doi.org/10.17220/ijpes.2019.02.008>.
- Kelley, T. M., & Lambert, E., G. (2012). Mindfulness as a potential means of attenuating anger and agresi for prospective criminal justice professionals. *Mindfulness*, 3, 261-274. doi: 10.1007/s12671-012-0090-9.
- Kementerian Pemberdayaan Perempuan dan Perlindungan Anak. (7 Mei 2019). Kemen pppa luncurkan hasil survei nasional pengalaman hidup anak dan remaja snphar tahun 2018. *Publikasi dan Media Kementerian Pemberdayaan Perempuan dan Perlindungan Anak*. Diunduh dari <https://kemenpppa.go.id/index.php/page/read/29/2123/kemen-pppa-luncurkan-hasil-survei-nasional-pengalaman-hidup-anak-dan-remaja-snphar-tahun-2018> pada 10 September 2020.
- Kementerian Pemberdayaan Perempuan dan Perlindungan Anak. (1 Juni 2021). Ringkasan Kekerasan. *Sistem Informasi Online Perlindungan Perempuan dan*

Anak. Diunduh dari <https://kekerasan.kemenpppa.go.id/ringkasan> pada tanggal 8 Juni 2022.

Lauster, P. (2012). *Tes Kepribadian*. Jakarta: PT Bumi Aksara.

Lembaga Mahasiswa Psikologi. (21 Mei 2022) Fenomena klitih di yogyakarta: Mengapa bisa terjadi?. *LM Psikologi UGM Kabinet Kartala Ananta*. Diunduh dari <https://lm.psikologi.ugm.ac.id/2022/05/fenomena-klitih-di-yogyakarta-mengapa-bisa-terjadi/> pada tanggal 20 April 2021.

Myers, D. G. (2012). *Social psychology* (11th ed.). New York: McGraw-Hill.

Monnalisza, & Neviyarni, S. (2018). Kepercayaan diri remaja panti asuhan Aisyiyah dan implikasinya terhadap layanan bimbingan dan konseling. *Jurnal Penelitian Guru Indonesia*, 3(2), 77-83.

Neff, K. D. (2003b). Development and validation of a scale to measure self-compassion. *Self and Identity*, 2, 223-250. doi: 10.1080/15298860390209035.

Neff, K. D. (2011). Self-compassion, self-esteem, and well-being. *Social and Personality Psychology Compass*, 5(1), 1-12. doi: 10.1111/j.1751-9004.2010.00330.x.

Neff, K.D. (2015). The self-compassion scale in a valid and theoretically coherent measure of self-compassion. *Mindfulness*. doi: 10.1007/s12671-015-0479-3.

Neff, K. D., & McGehee, P. (2010). Self-compassion and psychological resilience among adolescents and young adults. *Self and Identity*, 9, 225-240. doi: 10.1080/15298860902979307.

Neff, K. D., & Pommier, E. (2012). The relationship between self-compassion and other-focusd concern among college undergraduates, community adults, and practicing mediators. *Self and identity*, 1-7. doi: 10.1080/15298868.2011.649546.

Neff, K. D., & Vonk, R. (2009). Self-compassion versus flobal self-esteem: Two different ways of relating to oneself. *Journal of Personality*, 77(1), 23-50. doi: 10.1111/j.1467-6494.2008.00537.x.

- Nisfiannoor, M. (2009). *Pendekatan Statistika Modern*. Jakarta: Salemba Humanika.
- Sanders, R. A. (2013). Adolescents psychological, social, and cognitive development. *Pediatrics in Review*, 34(8), 354-359. doi: 10.1542/pir.24-8-354
- Santrock, W. J. (2007). *Adolescence*. Jakarta: Erlangga.
- Saputra, W. N. E., & Handaka, I. B. (2017). Analisis validitas dan reliabilitas skala perilaku agresi. *Prosiding Seminar Nasional Peran Bimbingan dan Konseling dalam Penguatan Pendidikan Karakter*, 2, 261-268.
- Sarwono, J. (2006). *Metode penelitian kuantitatif dan kualitatif* (1st ed.). Yogyakarta: Penerbit Graha Ilmu.
- Sawyer, S. M., & Patton, G. C. (2018). *Handbook of adolescent development research and its impact on global policy* (J. E. Lansford, & P. Banati, Ed.). New York: Oxford University Press.
- Sugianto, D., Suwartono, C., & Sutanto, S. H. (2020). Reliabilitas dan validitas self-compassion scale versi bahasa indonesia. *Jurnal Psikologi Ulayat*. Publikasi awal daring. doi: 10.24854/jpu02020-337.
- Thohar, S. F. (2017). Regulasi emosi sebagai prediktor perilaku agresivitas remaja warga binaan lpka. *Psikoislamika Jurnal Psikologi dan Psikologi Islam*, 15(1), 29-34. doi: 10.18860/psi.v15i1.6660.
- Yarnell, L. M., Neff, K. D., Davidson, O. A., & Mullarkey, M. (2018). Gender differences in self-compassion: Examining the role of gender role orientation. *Mindfulness*. doi: 10.1007/s12671-018-1066-1.