

DAFTAR ISI

SKRIPSI	<i>i</i>
PROGRAM STUDI KEDOKTERAN FAKULTAS KEDOKTERAN UNIVERSITAS PELITA HARAPAN TANGERANG.....	<i>i</i>
PERNYATAAN KEASLIAN KARYA TUGAS AKHIR	<i>ii</i>
UNIVERSITAS PELITA HARAPAN FAKULTAS KEDOKTERAN.....	<i>iii</i>
PERSETUJUAN DOSEN PEMBIMBING TUGAS AKHIR.....	<i>iii</i>
PERSETUJUAN TIM PENGUJI TUGAS AKHIR.....	<i>iv</i>
ABSTRAK.....	<i>v</i>
ABSTRACT.....	<i>vii</i>
KATA PENGANTAR	<i>ix</i>
DAFTAR ISI	<i>xi</i>
DAFTAR GAMBAR.....	<i>xiv</i>
DAFTAR BAGAN.....	<i>xv</i>
DAFTAR TABEL.....	<i>xvi</i>
DAFTAR SINGKATAN.....	<i>xvii</i>
BAB I.....	<i>1</i>
PENDAHULUAN	<i>1</i>
1.1 Latar Belakang	<i>1</i>
1.2 Rumusan Masalah.....	<i>3</i>
1.3 Pertanyaan Penelitian.....	<i>3</i>
1.4 Tujuan Penelitian	<i>3</i>
1.4.1 Tujuan Umum	<i>3</i>
1.4.2 Tujuan Khusus	<i>3</i>
1.5 Manfaat Penelitian	<i>3</i>
1.5.1 Manfaat Akademik.....	<i>3</i>
1.5.2 Manfaat Praktis	<i>4</i>
BAB II.....	<i>5</i>
TINJAUAN PUSTAKA.....	<i>5</i>
2.1 Night Eating Syndrome.....	<i>5</i>
2.1.1 Definisi <i>Night Eating Syndrome</i>	<i>5</i>
2.1.2 Epidemiologi <i>Night Eating Syndrome</i>	<i>5</i>
2.1.3 Etiologi <i>Night Eating Syndrome</i>	<i>7</i>
2.1.4 Ritme Sirkadian.....	<i>7</i>

2.1.5 Patogenesis <i>Night Eating Syndrome</i>	10
2.1.6 Diagnosis <i>Night Eating Syndrome</i>	12
2.1.7 Faktor Lain yang Memengaruhi Kejadian <i>Night Eating Syndrome</i>	14
2.1.8 Pengukuran <i>Night Eating Syndrome</i>	15
2.1.9 Pengobatan <i>Night Eating Syndrome</i>	20
2.1.10 Dampak <i>Night Eating Syndrome</i>	20
2.2 Self-esteem	21
2.2.1 Definisi <i>Self-esteem</i>	21
2.2.2 Etiologi <i>Low Self-esteem</i> ^{27, 28, 29}	21
2.2.3 <i>Low Self-esteem</i> di Kalangan Mahasiswa Kedokteran.....	24
2.2.4 Pengukuran <i>Self-esteem</i>	24
2.2.5 Dampak <i>Self-esteem</i>	25
2.3 Hubungan <i>Night Eating Syndrome</i> dengan <i>Self-esteem</i> pada Mahasiswa Kedokteran	25
BAB III	28
KERANGKA PENELITIAN	28
3.1 Kerangka Teori	28
3.2 Kerangka Konsep.....	29
3.3 Hipotesis Penelitian.....	29
3.3.1 Hipotesis Null.....	29
3.3.2 Hipotesis Kerja.....	29
3.4 Variabel Penelitian.....	30
3.4.1 Variabel Bebas	30
3.4.2 Variabel Terikat	30
3.4.3 Variabel Perancu	30
3.5 Definisi Operasional.....	31
BAB IV	34
METODOLOGI PENELITIAN	34
4.1 Desain Penelitian	34
4.2 Lokasi dan Waktu Penelitian	34
4.3 Bahan dan Cara Penelitian	34
4.3.1 Bahan Penelitian.....	34
4.3.2 Cara Penelitian	34
4.4 Populasi Penelitian	35
4.4.1 Populasi Target.....	35
4.4.2 Populasi Terjangkau.....	35
4.4.3 Sampel Penelitian.....	35
4.5 Cara Pengambilan Sampel.....	35
4.6 Cara Penghitungan Jumlah Sampel.....	35

4.7 Kriteria Inklusi dan Eksklusi.....	36
4.7.1 Kriteria Inklusi	36
4.7.2 Kriteria Eksklusi.....	36
4.8 Alur Penelitian.....	37
4.9 Pengolahan Data.....	37
4.10 Uji Stastitik	37
4.11 Etika Penelitian	37
4.12 Jadwal Penelitian	38
4.13 Dana Penelitian.....	38
<i>BAB V</i>.....	39
<i>ANALISIS DAN PEMBAHASAN</i>.....	39
5.1 Hasil Data Penelitian.....	39
5.1.1 Deskripsi Responden Penelitian.....	39
5.1.2 Analisis Hubungan NES dengan <i>Self-esteem</i>	40
5.2 Pembahasan	40
5.2.1 Data Demografis Responden.....	40
5.2.2 Hubungan NES terhadap <i>Self-esteem</i>	43
<i>BAB VI</i>.....	45
<i>KESIMPULAN DAN SARAN</i>.....	45
6.1 Kesimpulan	45
6.2 Saran.....	45
<i>DAFTAR PUSTAKA</i>.....	46
<i>LAMPIRAN</i>.....	51
Lampiran A: Lembar Informasi.....	51
Lampiran B: <i>Informed Consent</i>	54
Lampiran C: <i>Night eating questionnaire</i>	56
Lampiran D: <i>Rosenberg self-esteem scale</i>	60
Lampiran E: Lembar Keterangan Lolos Kaji Etik	62

DAFTAR GAMBAR

Gambar 2.1 Diagram Skema.....	9
--------------------------------------	---



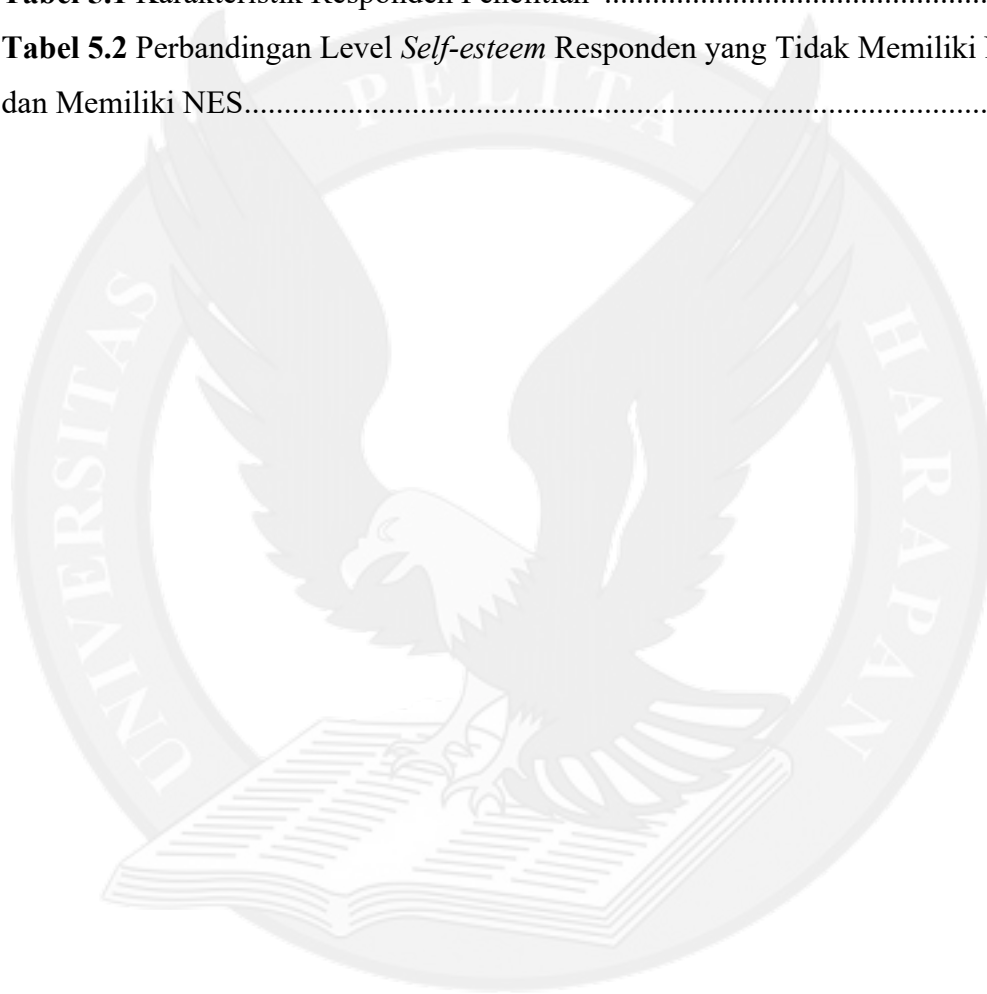
DAFTAR BAGAN

Bagan 3.1 Kerangka Teori.....	28
Bagan 3.2 Kerangka Konsep.....	29
Bagan 4.1 Alur Penelitian.....	37



DAFTAR TABEL

Tabel 3.1 Definisi Operasional	31
Tabel 4.1 Jadwal Penelitian.....	38
Tabel 4.2 Dana Penelitian.....	38
Tabel 5.1 Karakteristik Responden Penelitian	39
Tabel 5.2 Perbandingan Level <i>Self-esteem</i> Responden yang Tidak Memiliki NES dan Memiliki NES.....	40



DAFTAR SINGKATAN

NES	= <i>night eating syndrome</i>
DSM-5 <i>Edition</i>	= <i>Diagnostic and Statistical Manual of Mental Disorders 5th Edition</i>
IMT	= indeks massa tubuh
HPA	= <i>hypothalamic-pituitary-adrenal</i>
CRH	= <i>corticotropin-releasing hormone</i>
ACTH	= <i>adrenocorticotropic hormone</i>
AgRP	= <i>agouti-related protein</i>
SERT	= <i>serotonin transporter</i>
α -MSH	= α - <i>melanocyte-stimulating hormone</i>
MC3R	= <i>melanocortin-3 receptors</i>
MCR4	= <i>melanocortin-4 receptors</i>
ADHD	= <i>attention deficit hyperactivity disorder</i>
TCAs	= <i>tricyclic antidepressants</i>
MAOIs	= <i>monoamine oxidase inhibitors</i>
SSRI	= <i>serotonin reuptake inhibitor</i>
NEQ	= <i>night eating questionnaire</i>
SRED	= <i>sleep relating disorder</i>
NEDQ	= <i>night eating diagnostic questionnaire</i>
NESHI	= <i>night eating syndrome history and inventory</i>
NESS	= <i>night eating symptom scale</i>
RSES	= <i>rosenberg self-esteem scale</i>
SPSS	= <i>Statistical Package for the Social Sciences</i>
FK	= Fakultas Kedokteran
UPH	= Universitas Pelita Harapan
Ko-asisten	= koas
OR	= <i>odds ratio</i>
CI	= <i>confidence interval</i>