

DAFTAR PUSTAKA

1. Lee KH, Human GP, Fourie JJ, Louw WAN, Larson CO, Joubert G. Medical students' use of caffeine for "academic purposes" and their knowledge of its benefits, side-effects and withdrawal symptoms. *South African Family Practice*. 2009;51(4):322–7.
2. Olesen J. Headache Classification Committee of the International Headache Society (IHS) The International Classification of Headache Disorders, 3rd edition. Vol. 38, Cephalalgia. SAGE Publications Ltd; 2018. p. 1–211.
3. American Psychiatric Association. *DIAGNOSTIC AND STATISTICAL MANUAL OF DSM-5™*. 2013.
4. Sravric B. METHYLYXANTHINES: TOXICITY TO HUMANS. 2. *CAFFEINE*. Vol. 26, Chem. 1~,xic. 1988.
5. Nawrot P, Jordan S, Eastwood J, Rotstein J, Hugenholtz A, Feeley M. Effects of caffeine on human health. Vol. 20, *Food Additives and Contaminants*. 2003. p. 1–30.
6. WHO Team. *Headache disorders*. 2016.
7. Ahmed F. Headache disorders: differentiating and managing the common subtypes. *British Journal of Pain*. 2012.
8. Mollaoğlu M. Trigger factors in migraine patients. *Journal of Health Psychology*. 2013.
9. Hindiyeh NA, Zhang N, Farrar M, Banerjee P, Lombard L, Aurora SK. The Role of Diet and Nutrition in Migraine Triggers and Treatment: A Systematic Literature Review. Vol. 60, *Headache*. Blackwell Publishing Inc.; 2020.
10. Tai MLS, Yap JF, Goh CB. Dietary trigger factors of migraine and tension-type headache in a South East Asian Country. *Journal of Pain Research*. 2018.
11. Saadeh R. Caffeinated-Beverages Consumption Habits and Use among Medical Students in North Jordan. 2019.

12. Al-Turki Y, Alenazy B, Algadheeb A, Alanazi M, Almarzouqi A, Alanazi A, et al. Caffeine Habits among Medical Students in King Saud University Vol. 5, International Journal of Science and Research. 2013.
13. Nehlig A, Daval JL, Debry G. Caffeine and the central nervous system: mechanisms of action, biochemical, metabolic and psychostimulant effects. Vol. 17, Brain Research Reviews. 1992.
14. van Dam RM, Hu FB, Willett WC. Coffee, Caffeine, and Health. New England Journal of Medicine. 2020.
15. Zvartau E, Fredholm BB, Bättig K, Holmén J, Nehlig A, Zvartau EE. Actions of Caffeine in the Brain with Special Reference to Factors That Contribute to Its Widespread Use. 1999.
16. Ahuja JKC, Montville JB, Omolewa-Tomobi G, Heendeniya KY, Martin CL, Steinfeldt LC, et al. Energy Drink, USDA Food and Nutrient Database For Dietary Studies 5.0. 2012.
17. Nehlig A. Interindividual differences in caffeine metabolism and factors driving caffeine consumption. Pharmacological Reviews. 2018.
18. Garattini. Caffeine, Coffee, and Health. 1993.
19. Dunwiddie T v, Diao L, Proctor WR. Adenine Nucleotides Undergo Rapid, Quantitative Conversion to Adenosine in the Extracellular Space in Rat Hippocampus. 1997.
20. Buday P v., Carr CJ, Miya TS. A PHARMACOLOGIC STUDY OF SOME NUCLEOSIDES AND NUCLEOTIDES. Journal of Pharmacy and Pharmacology. 1961.
21. Bjorness TE, Greene RW. Adenosine and Sleep. Vol. 7, Current Neuropharmacology. 2009.
22. Choi J. Motivations influencing caffeine consumption behaviors among college students in Korea: Associations with sleep quality. Nutrients. 2020.
23. Griffiths RR, Woodson PP. Caffeine physical dependence: a review of human and laboratory animal studies. Vol. 94, Psychopharmacology. 1988.
24. Shimshoni D. The Effect of Caffeine on Migraine Headaches. 2016.

25. Xu Z, Meng Q, Ge X, Zhuang R, Liu J, Liang X, et al. A short-term effect of caffeinated beverages on blood pressure: A meta-analysis of randomized controlled trails. Vol. 81, *Journal of Functional Foods*. Elsevier Ltd; 2021.
26. Corti R, Binggeli C, Sudano I, Spieker L, Hänseler E, Ruschitzka F, et al. Coffee acutely increases sympathetic nerve activity and blood pressure independently of caffeine content role of habitual versus nonhabitual drinking. *Circulation*. 2002 Dec 3;106(23):2935–40.
27. Papakonstantinou E, Kechribari I, Sotirakoglou K, Tarantilis P, Gourdomichali T, Michas G, et al. Acute effects of coffee consumption on self-reported gastrointestinal symptoms, blood pressure and stress indices in healthy individuals. *Nutrition Journal*. 2016;15(1).
28. Nehlig A. Effects of Coffee on the Gastro-Intestinal Tract: A Narrative Review and Literature Update. Vol. 14, *Nutrients*. MDPI; 2022.
29. Ágoston C, Urbán R, Richman MJ, Demetrovics Z. Caffeine use disorder: An item-response theory analysis of proposed DSM-5 criteria. *Addictive Behaviors*. 2018 Jun 1;81:109–16.
30. Goadsby PJ, Holland PR, Martins-Oliveira M, Hoffmann J, Schankin C, Akerman S. Pathophysiology of Migraine: A Disorder of Sensory Processing. *Physiol Rev*. 2017.
31. Burstein R, Nosedá R, Borsook D. Migraine: Multiple processes, complex pathophysiology. *Journal of Neuroscience*. 2015.
32. El-Metwally A, Toivola P, Alahmary K, Bahkali S, Alkhathaami A, al Ammar SA, et al. The Epidemiology of Migraine Headache in Arab Countries: A Systematic Review. *Scientific World Journal*. 2020.
33. Sun-Edelstein C, Mauskop A. Foods and Supplements in the Management of Migraine Headaches. 2009.
34. Vos T, Abajobir AA, Abate KH, Abbafati C, Abbas KM, Abd-Allah F, et al. Global, regional, and national incidence, prevalence, and years lived with disability for 328 diseases and injuries for 195 countries, 1990–2016: a systematic analysis for the Global Burden of Disease Study 2016. 2017.

35. Ashina M, Katsarava Z, Do TP, Buse DC, Pozo-Rosich P, Özge A, et al. Migraine: epidemiology and systems of care. Vol. 397, *The Lancet*. Elsevier B.V.; 2021.
36. Eigenbrodt AK, Ashina H, Khan S, Diener HC, Mitsikostas DD, Sinclair AJ, et al. Diagnosis and management of migraine in ten steps. Vol. 17, *Nature Reviews Neurology*. Nature Research; 2021.
37. Láinez MJ, Castillo J, Domínguez M, Palacios G, Díaz S, Rejas J. New uses of the Migraine Screen Questionnaire (MS-Q): Validation in the Primary Care setting and ability to detect hidden migraine. MS-Q in Primary Care. *BMC Neurology*. 2010.
38. Ketaren RJ, Wibisono Y, Sadeli HA. VALIDITAS MIGRAINE SCREEN QUESTIONNAIRE (MS-Q) VERSI INDONESIA SEBAGAI ALAT PENAPIS MIGREN THE VALIDITY OF MIGRAINE SCREEN QUESTIONNAIRE (MS-Q) INDONESIAN VERSION AS A MIGRAINE SCREENING TOOL. Vol. 31, *Artikel Penelitian Neurona*. 2014.
39. Nowaczewska M, Wiciński M, Kaźmierczak W. The ambiguous role of caffeine in migraine headache: From trigger to treatment. Vol. 12, *Nutrients*. MDPI AG; 2020. p. 1–16.
40. Kumaat MA, Pertiwi JM, Mawuntu AHP. Hubungan antara Migrain dan Kafein. 2019.
41. Prasetyo Adrian. Gangguan Psikiatri Terkait Kafein. 2020.
42. Lauritzen M. Pathophysiology of the migraine aura The spreading depression theory. Vol. 117, *Brain*. 1994.
43. Barry S. Caffeine Withdrawal: a model for migraine?. 2002.
44. Fried NT, Elliott MB, Oshinsky ML. The role of adenosine signaling in headache: A review. Vol. 7, *Brain Sciences*. MDPI AG; 2017.
45. Unger T, Borghi C, Charchar F, Khan NA, Poulter NR, Prabhakaran D, et al. 2020 International Society of Hypertension Global Hypertension Practice Guidelines. *Hypertension*. 2020.
46. Saha L. Irritable bowel syndrome: Pathogenesis, diagnosis, treatment, and evidence-based medicine. *World Journal of Gastroenterology*. 2014.

47. Northern Territory Government Department of Health and Community Services. The Public Health Bush Book. 2005.
48. US Department of Health and Human Service Department and US Department of Agriculture. 2015-2020 Dietary Guidelines For Americans 8th Edition. 2015.
49. Bigal ME, Lipton RB. Modifiable risk factors for migraine progression. Vol. 46, Headache. 2006.
50. Sacco Simona, Ricci Silvia, Degan Diana. Migraine in women: the role of hormones and their impact on vascular disease. 2012.

