

DAFTAR PUSTAKA

1. Lee, R. *Nutritional Assessment*, McGraw-Hill, New York. 2013.
2. Soetjningsih. *Tumbuh Kembang Anak*, EGC, Jakarta. 2012.
3. KESEHATAN, Kementerian; PENELITIAN, Badan; KESEHATAN, Pengembangan. Hasil Utama RISKESDAS 2018. *Jakarta [ID]: Balitbangkes Kementerian Kesehatan*, 2018.
4. Overweight and obesity [Internet]. World Health Organization. World Health Organization; 2019 [cited 2019Aug14]. Available from: https://www.who.int/gho/ncd/risk_factors/overweight_text/en/
5. Susantiningsinh T. Obesitas dan stres oksidatif. *Juke Unila*. 2015. 5(9):89-93
6. Shigeta Y, Enciso R, Ogawa T, Ikawa T, Clark GT. Cervical CT derived neck fat tissue distribution differences in Japanese males and females and its effect on retroglossal and retropalatal airway volume. *Oral Surg Oral Med Oral Pathol Oral Radiol Endod*. 2008;106(2):275–84.
7. Karimi, M., Koranyi, J., Franco, C., Peker, Y., Eder, D.N., & Angelhed, J.E. Increased neck soft tissue mass and worsening of Obstructive sleep apnea after growth hormone treatment in men with abdominal obesity. *Journal of Clinical Sleep medicine*. 2010; vol 6 No. 3, 256-263.
8. Karpe F, Pinnick KE. Biology of upper-body and lower-body adipose tissue—link to whole body phenotypes. *Nat Publ Gr [Internet]*. 2014;11(2):90–100. Available from: <http://dx.doi.org/10.1038/nrendo.2014.185>.
9. Kumar VM. Sleep and sleep disorder. *Indian J chest dis aliied sci.*, 2008; 50 (1) : 129-35.
10. Leger, D., Bayon, V., Laaban, J. and Philip, P. Impact of sleep apnea on economics. *Sleep Medicine Reviews*, 16(5), 2012 ; 455-62.
11. Homoud, M. The correlation between sleep efficiency and risk of obstructive sleep apnea. *The internet journal of allied health sciences and practice*, 2014; 12 (1).
12. Punjabi NM. The Epidemiology of Adult Obstructive Sleep Apnea. *Proceedings of the American Thoracic Society*. 2008; 5(2):136–43.

13. Mirrakhimov AE, Sooronbaev T, Mirrakhimov EM. Prevalance of obstructive sleep apnea in Asian adults: a systematic review of the literature *BMC Pulmonology Medicine*. 2013; 13(1):10
14. Rahman UB, Handoyo, Pujo Rohadi. Hubungan obesitas dengan risiko Obstructive Sleep Apnea (OSA) pada remaja. *Jurnal Ilmiah Kesehatan Keperawatan Unsoed Purwokerto*. Semarang: RSUD Banyumas. 2012; 8(1):44-56.
15. Antariksa B. Obstructive Sleep Apnea (OSA). Departement Pulmonologi & Ilmu Kedokteran Respirasi FKUI. 2010;30(1):102-105
16. Antariksa B. Patogenesis, Diagostik dan Skrining OSA (Obstructive Sleep Apnea). *Jurnal Respirologi Indonesia*. 2010;30(1):1-9
17. PDPI (Perhimpunan Dokter Paru Indonesia). PPOK, Pedoman Praktis Diagnosis dan Penatalaksanaan di Indonesia. Jakarta : PDPI. 2003.
18. Sumardi, Hisjam B S, Budiono E. Sleep apnea. Dalam: Sudoyo AW, Setiyohadi B, Alwi I, et al., penyunting. *Buku Ajar Ilmu Penyakit Dalam Jilid II*. Edisi VI. Jakarta:Internal Publishing. 2014. : 1700-3.
19. Mukhlis M, Bakhtiar A. Obstructive sleep apnea (OSA), obesitas hypoventilation syndrome dan gagal napas. Departemen Pulmonologi dan Ilmu Kedokteran Fakultas Kedokteran Universitas Airlangga/RSUD Dr. Soetomo. 2015; 1(3):1-4
20. Tan, A., Yin, J. D., Tan, L. W., van Dam, R. M., Cheung, Y. Y., & Lee, C. H. Using the Berlin Questionnaire to Predict Obstructive Sleep Apnea in the General Population. *Journal of clinical sleep medicine : JCSM : official publication of the American Academy of Sleep Medicine*. 2017; 13(3), 427–432.
21. Belliana. Hubungan antara Obesitas dengan Risiko Menderita Obstructive Sleep Apnea (OSA). *USU Instutional Repository: USU*; 2013.
22. Davey P. *At a Glance Medicine*. Jakarta: Penerbit Erlangga; 2006.
23. Halim H. Obstructive Sleep Apnea. *Medicinesia*; [cited 2019 05 November]; 2011; available from: <http://www.medicinesia.com/kedokteran-klinis/respirasi-kedokteran-klinis/obstructive-sleep-apnea/>

24. Supriyatno B. Obstructive sleep apnea syndrome pada anak. *Sari Pediatri*. 2005;7(2):77-84.
25. Dorland WA, Newman. *Kamus kedokteran dorland*. Edisi ke-28. Jakarta:EGC; 2014.
26. Sugondo S. Obesitas. Dalam: Sudoyo AW, Setiyohadi B, Alwi I, et al., penyunting. *Buku Ajar Ilmu Penyakit Dalam Jilid II*. Edisi VI. Jakarta:Internal Publishing. 2014; 2558-68.
27. Kemenkes RI. *Pedoman pencegahan dan penanggulangan kegemukan dan obesitas pada anak sekolah*. Kementerian Kesehatan Republik Indonesia. Jakarta: Kemenkes RI. 2012.
28. INDONESIA, Kementerian Kesehatan Republik. Hasil Utama Riskesdas 2018. *Badan Penelitian DAN Pengembangan Kesehatan*, 2018.
29. Harmanto N. *Ibu Sehat dan Cantik dengan Herbal*. Jakarta: PT Elex Media Komputindo; 2006.
30. Zullies A. *Resep Hidup Sehat*. Yogyakarta: Kanisius; 2010.
31. Baker C. Obesity Statistics. *House Commons Libr*. 2018;(3336):1-34.
32. Baxter R, Hastings N, Law A, Glass EJ. Global Recommendations on Physical Activity for Health. *World Heal Organ*. 2008;39(5):561-3.
33. Pouliot MC, Després JP, Lemieux S et al. Waist circumference and abdominal sagittal diameter: best simple anthropometric indexes of abdominal visceral adipose tissue accumulation and related cardiovascular risk in men and women. *Am J Cardiol*. 1994;73:460-8
34. WHO. *The Asia Pasific Perspective: Redefining obesity and its treatment*. Health communication Australia Pty limited on behalf of steems commite. 2000; 18.
35. Sukasah CL. Tatalaksana Obesitas di Subbagian Bedah Plastik Rs. Dr. Cipto Mangunkusumo. *Majalah Kedokteran Indonesia*. 2007; 57(3):86-90.
36. Whitney C. *Diabetes: Penemuan Baru Memerangi Diabetes Melalui Diet Golongan Darah*. Yogyakarta: B-first; 2009.
37. Suryawan Putra, Tirtayasa Ketut. Hubungan Antara Obesitas Dengan Risiko Menderita Gangguan Tidur Obstructive Sleep Apnea (OSA) Pada Mahasiswa

Program Studi Pendidikan Dokter Fakultas Kedokteran Universitas Udayana. Bali; 2015.

38. Schwartz, A. Patil, S. Laffan, A. Polotsky, V. Schneider, H. Smith, P. *Obesity and Obstructive Sleep Apnea: Pathogenic Mechanism and Theurapetic Approaches*. John Hopkins School of Medicine, Baltimore, Maryland: 2007.

39. Kim J, In K, Kim J, You S, Kang K, Shim J, Lee S, Lee J, Lee S, Park C, et al. Prevalence of sleep-disordered breathing in middle-aged Korean men and women. *Am J Respir Crit Care Med* 2004;170: 1108–1113.

40. Malhotra A, Huang Y, Fogel R, Lazic S, Pillar G, Jakab M, Kikinis R, White DP. Aging influences on pharyngeal anatomy and physiology: the predisposition to pharyngeal collapse. *Am J Med* 2006;119:72.e9–72.e14.

41. Jamie, C.M., Sharma, S.K., Lam, B. *Obstructive sleep apnea: definitions, epidemiology, and natural history*. *Indian J Med Res*, 2010.

