

DAFTAR PUSTAKA

- Aladwani AM & Almarzouq M, 2016. Understanding Compulsive Social Media Use: the Premise of Complementing Self-Conceptions Mismatch With Technology. *Comput Human Behav.* 60, 575–581.
- American Psychiatric Association, 2013. *Diagnostic and statistical manual of mental disorders (5th ed.)*. Arlington: American Psychiatric Publishing.
- Antheunis, M. L., Schouten, A. P., & Krahmer, E. (2014). The role of social networking sites in early adolescents' social lives. *The Journal of Early Adolescence*, 36(3), 348–371. <https://doi.org/10.1177/0272431614564060>
- Antony, M.M., & Swinson, R.P. (2008). *Shyness & social anxiety workbook*. Second edition. Canada: New Harbinger Publications, Inc.
- Ajzen, I. (2005). Attitudes, Personality, and Behavior. 2nd Edition. New York: Open University Press.
- APJII, 2012, *Profil Pengguna Internet Indonesia*, Asosiasi Penyelenggara Jasa Internet Indonesia.
- Baidu, 2014. *Jelajah Dunia Mobile di Indonesia*, Baidu Indonesia.
- Bano, N., Ahmad, R. Z., & Ali, Z. A. 2012. Relationship of self-esteem and social anxiety a comparative study between male and female adolescent. *Pakistan Journal of Clinical Psychology*. Vol. 11 N0.2 hal:15-23
- Bestari, N. P. (2022, January 20). *76,8% warga ri Sudah Pakai internet, tapi banyak PR-nya*. CNBC Indonesia. Retrieved April 13, 2022, from <https://www.cnbcindonesia.com/tech/20220120142249-37-309046/768-warga-ri-sudah-pakai-internet-tapi-banyak-pr-nya>
- Boyd, D.M & Ellison, N.B. (2008). Social Network Sites: Definition, History, and Scholarship. *Journal of Computer-Mediated Communication*. 13, 210-230.
- Buntaran, F., & Helmi, A. (2015). Peran Kepercayaan Interpersonal Remaja yang Kesepian dalam Memoderasi Pengungkapkan Diri pada Media Jejaring Sosial Online. *Gadjah Mada Journal of Psychology*, 1, 106–119.
- Brooker, R. J., & Buss, K. A. (2014). Harsh parenting and fearfulness in toddlerhood interact to predict amplitudes of preschool error-related negativity. *Developmental Cognitive Neuroscience*, 9, 148-159. doi:10.1016/j.dcn.2014.03.001
- Caturtami, C., & Sumaryanti, I. (2021). *Pengaruh Intensitas Penggunaan Media Sosial Instagram Terhadap Tingkat Kecemasan Sosial Pada Mahasiswa Di Kota Bandung*, 7, 300–304. <https://doi.org/10.29313/v0i0.28321>
- Chaplin, J. P. (2011). Kamus lengkap psikologi. Jakarta: PT. Rajagrafindo Persada.
- Hakim, L. (2019). Pengaruh Art Therapy Untuk Menurunkan Kecemasan Sosial Korban Bullying Ditinjau dari Jenis Kelamin. *Jurnal Psikologi dan Psikologi Islam*, 16(2), 8-12.
- Katz, E., (1959). Mass Communication Research and The Study of Popular Culture: An Editorial Note on a Possible Future for this Journal. *Study. Public Commun*, 2, 1-6
- La Greca, A.M., & Lopez, N. (1998). Social Anxiety Among Adolescents: Linkages With Peer Relations and Friendships. *Journal of Abnormal*.

- Lathren, C., Bluth, K., & Park, J. (2019). Adolescent self-compassion moderates the relationship between perceived stress and internalizing symptoms. *Personality and Individual Differences*, 143, 36–4 <https://doi.org/10.1016/j.paid.2019.02.008>.
- Lepp, A., Barkley, J. E., & Karpinski, A. C. (2014). The relationship between cell phone use, academic performance, anxiety, and satisfaction with life in college students. *Computers in Human Behavior*, 31, 343–350. <https://doi.org/10.1016/j.chb.2013.10.049>.
- Lukman, H. (2019). Pengaruh Art Therapy Untuk Menurunkan Kecemasan Sosial Korban Bullying Ditinjau Dari Jenis Kelamin. *Jurnal Psikologi dan Psikologi Islam (JPPI)*. 16(2), 8-11
- Muyasaroh, H. (2020). Kajian Jenis Kecemasan Masyarakat Cilacap Dalam Menghadapi Pandemi Covid 19. <https://repository.unugha.ac.id/858/1/Riset%20Kecemasan%20Masyarakat%20Cilaca p%20Menghadapi%20Pandemi%20Covid-19.pdf>
- Olufadi, Y. (2016). Social Networking Time Use Scale (SONTUS): A New Instrument For Measuring The Time Spent On The Social Networking Sites. *Telematics and Informatics*, 33(2), 452–471. <https://doi.org/10.1016/j.tele.2015.11.002>.
- Papalia, D., & Martorell , G. (2021). *Experience Human Development* (14th ed.). McGraw Hill Companies.
- Miers, A. C., Blöte, A. W., Bögels, S. M., & Westenberg, P. M. (2008). Interpretation bias and social anxiety in adolescents. *Journal of Anxiety Disorders*, 22(8), 1462–1471. <https://doi.org/10.1016/j.janxdis.2008.02.010>.
- Morrison, A. S., & Heimberg, R. G. (2013). Social Anxiety and social anxiety disorder. *Annual Review of Clinical Psychology*, 9(1), 249–274. <https://doi.org/10.1146/annurev-clinpsy-050212-185631>.
- Motoca, L. M., Williams, S., & Silverman, W. K. (2012). Social skills as a mediator between anxiety symptoms and peer interactions among children and adolescents. *Journal of Clinical Child & Adolescent Psychology*, 41(3), 329–336.
- Mutahari,H., Pendidikan, F.I. & Negeri, U. (2016). Hubungan antara Kepercayaan Diri dengan Kecemasan Sosial pada Siswa Kelas VII SMP Negeri 2 Kalasan Tahun Ajaran 2015. pp.13-23.
- Rosma Pramudani, A., Budi Himawan, A., Dewi Wardani, N., & Iman Santosa, Y. (2020). Hubungan Intensitas Penggunaan Situs Jejaring Sosial Dengan Kecemasan Pada Remaja (Studi Kasus SMA N 1 JEPARA DAN SMA N 1 DONOROJO). *Diponegoro Medical Journal*. <http://ejournal3.undip.ac.id/index.php/medico>
- Saifuddin, A. (2018). *Dasar-Dasar Psikometrika* (2nd ed.). Pustaka Pelajar.
- Scanlon, C. L., Del Toro, J., & Wang, M.-T. (2020). Socially anxious science achievers: The roles of peer social support and social engagement in the relation between adolescents' social anxiety and science achievement. *Journal of Youth and Adolescence*, 49(5), 1005–1016. <https://doi.org/10.1007/s10964-020-01224-y>
- Sikape, H.J. (2014). Persepsi Komunikasi Pengguna Media Sosial Pada Blackberry Messenger Twitter dan Facebook Oleh Siswa SMAN Tahun. *Journal "Acta Diurna"*. Vol.III. No.3.

- Silmi, Z. K., et al., (2020). Correlation of intensity of use of social media with the level of social anxiety in adolescents. *Midwifery and Nursing Research*, 2(2), 60–64. <https://doi.org/10.31983/manr.v2i2.5880>.
- Soliha, S. (2015). *Tingkat Ketergantungan Pengguna Media Sosial Dan Kecemasan Sosial*, 4, 1–10.
- Spence, S. H., & Rapee, R. M. (2016). The etiology of social anxiety disorder: An evidence-based model. *Behavior Research and Therapy*, 86, 50-57. <https://doi.org/10.1016/j.brat.2016.06.007>
- Sulianta, Feri (2015). *Keajaiban Sosial Media*. Jakarta: PT Elex Media Komputindo.
- Wong, Q. J. J., & Rapee, R. M. (2016). The etiology and maintenance of social anxiety disorder: A synthesis of complimentary theoretical models and formulation of a new integrated model. *Journal of Affective Disorders*, 203, 84-100. <https://doi.org/10.1016/j.jad.2016.05.069>
- Wozniak, J. A. (2021). *Group Identification and Social Networking Use: A Study of Ryerson University Students During the COVID-19 Pandemic*, 15.
- Young, K. S., & Rogers, R. C. (1998). The relationship between depression and Internet addiction. *CyberPsychology & Behavior*, 1(1), 25–28. <https://doi.org/10.1089/cpb.1998.1.25>

