

DAFTAR PUSTAKA

1. Siddik M, Haryadi RD. The risk factors effect of knee osteoarthritis towards postural lateral sway. *Indian Journal of Forensic Medicine and Toxicology* [Internet]. 2020 Apr 1 [cited 2022 Nov 15];14(2):1787–92. Available from: <https://news.unair.ac.id/2021/03/29/nyeri-lutut-osteoarthritis-berpengaruhterhadap-goyangan-postur-ke-lateral/?lang=id>
2. Sen R, Hurley JA. Osteoarthritis. *StatPearls* [Internet]. 2022 May 1 [cited 2022 Nov 15]; Available from: <https://www.ncbi.nlm.nih.gov/books/NBK482326/>
3. Vad VB, Adin DR, Solomon J. Knee Osteoarthritis. *Crit Rev Phys Rehabil Med* [Internet]. 2022 Sep 4 [cited 2022 Nov 30];16(3):211–31. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK507884/>
4. Rachmi IM, Werdhani RA, Murdana IN. Association of knee pain with working position and other factors among dairy farmers: A study in West Java, Indonesia. In: *Journal of Physics: Conference Series*. Institute of Physics Publishing; 2018.
5. Altman R, Asch E, Bloch D, Bole G, Borenstein D, Brandt K, et al. Development of criteria for the classification and reporting of osteoarthritis: Classification of osteoarthritis of the knee. *Arthritis Rheum*. 1986;29(8):1039–49.
6. Kohn MD, Sassoon AA, Fernando ND. Classifications in Brief: KellgrenLawrence Classification of Osteoarthritis. *Clin Orthop Relat Res* [Internet]. 2016 Aug 1 [cited 2022 Nov 15];474(8):1886. Available from: </pmc/articles/PMC4925407/>
7. SINUSAS K. Osteoarthritis: Diagnosis and Treatment. *Am Fam Physician* [Internet]. 2012 Jan 1 [cited 2022 Nov 15];85(1):49–56. Available from: <https://www.aafp.org/pubs/afp/issues/2012/0101/p49.html>

8. W-P Michael J, Schlüter-Brust KU, Eysel P. M E D I C I N E The Epidemiology, Etiology, Diagnosis, and Treatment of Osteoarthritis of the Knee.
9. Ashkavand Z, Malekinejad H, Vishwanath BS. The pathophysiology of osteoarthritis. *J Pharm Res.* 2013 Jan;7(1):132–8.
10. KNEE FLEXION MOMENT DAN KADAR SERUM MATRIX METALLOPROTEINASE-3 (MMP-3) YANG TINGGI MERUPAKAN FAKTOR RISIKO TERJADINYA NYERI LUTUT ANTERIOR PADA PELARI REKREASIONAL IDA AYU RATNA DEWI ARRISNA ARTHA K G. MULYADI RIDIA.
11. Mora JC, Przkora R, Cruz-Almeida Y. Knee osteoarthritis: pathophysiology and current treatment modalities. *J Pain Res [Internet].* 2018 [cited 2022 Nov 15];11:2189. Available from: /pmc/articles/PMC6179584/
12. Kohn MD, Sassoon AA, Fernando ND. Classifications in Brief: KellgrenLawrence Classification of Osteoarthritis. *Clin Orthop Relat Res.* 2016 Aug 1;474(8):1886–93.
13. Flandry F, Hommel G. Normal anatomy and biomechanics of the knee. *Sports Med Arthrosc Rev [Internet].* 2011 Jun [cited 2022 Nov 15];19(2):82–92. Available from: <https://pubmed.ncbi.nlm.nih.gov/21540705/>
14. Saavedra MÁ, Navarro-Zarza JE, Villaseñor-Ovies P, Canoso JJ, Vargas A, Chiapas-Gasca K, et al. Clinical anatomy of the knee. *Reumatol Clin [Internet].* 2012 Dec [cited 2022 Nov 15];8 Suppl 2(SUPPL.2):39–45. Available from: <https://pubmed.ncbi.nlm.nih.gov/23219082/>
15. Waligora AC, Johanson NA, Hirsch BE. Clinical Anatomy of the

- Quadriceps Femoris and Extensor Apparatus of the Knee. *Clin Orthop Relat Res* [Internet]. 2009 [cited 2022 Nov 15];467(12):3297. Available from: [/pmc/articles/PMC2772911/](#)
16. Makris EA, Hadidi P, Athanasiou KA. The knee meniscus: structurefunction, pathophysiology, current repair techniques, and prospects for regeneration. *Biomaterials* [Internet]. 2011 Oct [cited 2022 Nov 15];32(30):7411. Available from: [/pmc/articles/PMC3161498/](#)
 17. McLean SG, Lucey SM, Rohrer S, Brandon C. Knee joint anatomy predicts high-risk in vivo dynamic landing knee biomechanics. *Clinical Biomechanics*. 2010 Oct;25(8):781–8.
 18. Ariel de Lima D, Helito CP, Lacerda de Lima L, de Castro Silva D, Costa Cavalcante ML, Dias Leite JA. Anatomy of the Anterolateral Ligament of the Knee: A Systematic Review. *Arthroscopy - Journal of Arthroscopic and Related Surgery* [Internet]. 2019 Feb 1 [cited 2022 Nov 15];35(2):670–81. Available from: <http://www.arthroscopyjournal.org/article/S074980631830776X/fulltext>
 19. Helito CP, Demange MK, Bonadio MB, Tírico LEP, Gobbi RG, Pécora JR, et al. Anatomy and histology of the knee anterolateral ligament. *Orthop J Sports Med* [Internet]. 2013 Dec 1 [cited 2022 Nov 15];1(7). Available from: <https://journals.sagepub.com/doi/full/10.1177/2325967113513546>
 20. Zaffagnini S, Dejour D, Grassi A, Bonanzinga T, Marcheggiani Muccioli GM, Colle F, et al. Patellofemoral anatomy and biomechanics: Current concepts. *Joints* [Internet]. 2013 Apr 1 [cited 2022 Nov 15];1(2):15–20. Available from: <https://moh-it.pure.elsevier.com/en/publications/patellofemoral-anatomy-andbiomechanics-current-concepts>

21. Brown SR, Brughelli M, Hume PA. Knee mechanics during planned and unplanned sidestepping: a systematic review and meta-analysis. *Sports Med* [Internet]. 2014 Nov 1 [cited 2022 Nov 15];44(11):1573–88. Available from: <https://pubmed.ncbi.nlm.nih.gov/25015478/>
22. Ullrich K, Krudwig WK, Witzel U. Posterolateral aspect and stability of the knee joint. I. Anatomy and function of the popliteus muscle-tendon unit: An anatomical and biomechanical study. *Knee Surgery, Sports Traumatology, Arthroscopy*. 2002;10(2):86–90.
23. Moyer RF, Birmingham TB, Chesworth BM, Kean CO, Giffin JR. Alignment, body mass and their interaction on dynamic knee joint load in patients with knee osteoarthritis. *Osteoarthritis Cartilage* [Internet]. 2010 Jul [cited 2022 Nov 15];18(7):888–93. Available from: https://www.researchgate.net/publication/43341737_Alignment_body_mass_and_their_interaction_on_dynamic_knee_joint_load_in_patients_with_knee_osteoarthritis
24. Nagura T, Dyrby CO, Alexander EJ, Andriacchi TP. Mechanical loads at the knee joint during deep flexion. *Journal of Orthopaedic Research* [Internet]. 2002 [cited 2022 Nov 15];20(4):881–6. Available from: <https://keio.pure.elsevier.com/en/publications/mechanical-loads-at-the-knee-joint-during-deep-flexion>
25. Thanaya SAP, Agatha S, Sundari LPR. Alat ukur untuk menilai kemampuan fungsional pasien dengan osteoarthritis lutut: tinjauan pustaka. *Intisari Sains Medis*. 2021 Jun 21;12(2):415.
26. Tangtrakulwanich B, Chongsuvivatwong V, Geater AF. Habitual floor activities increase risk of knee osteoarthritis. *Clin Orthop Relat Res*. 2007;454(454):147–54.
27. Sistem Informasi Rujukan Statistik - View Variabel [Internet]. [cited 2022

- Nov 30]. Available from:
<https://sirusa.bps.go.id/sirusa/index.php/variabel/33>
28. Phatama KY, Aziz A, Bimadi MH, Oktafandi IGNA, Cendikiawan F, Mustamsir E. Knee injury and osteoarthritis outcome score: Validity and reliability of an Indonesian version. *Ochsner Journal*. 2021;21(1):63–7.
29. Sharma L, Song J, Dunlop D, Felson D, Lewis CE, Segal N, et al. Varus and Valgus Alignment and Incident and Progressive Knee Osteoarthritis. *Ann Rheum Dis* [Internet]. 2010 Nov [cited 2022 Nov 17];69(11):1940. Available from: </pmc/articles/PMC2994600/>
30. Diagnosis dan Penatalaksanaan Osteoarthritis
31. Sriwijaya JK, Titin T, Akademi M, Panti K, Yogyakarta R. Efektivitas Latihan Lutut Terhadap Penurunan Intensitas Nyeri Pasien Osteoarthritis Lutut di Yogyakarta. *Jurnal Keperawatan Sriwijaya* [Internet]. 2015 Nov 12 [cited 2023 May 28];2(1):44–56. Available from: https://ejournal.unsri.ac.id/index.php/jk_sriwijaya/article/view/2331
32. Hame SL, Alexander RA. Knee osteoarthritis in women. *Curr Rev Musculoskelet Med* [Internet]. 2013 Jun 8 [cited 2023 May 28];6(2):182–7. Available from: <https://link.springer.com/article/10.1007/s12178-013-9164-0>