

DAFTAR PUSTAKA

1. PERKENI. PEDOMAN PENGELOLAAN DAN PENCEGAHAN DIABETES MELITUS TIPE 2 DEWASA DI INDONESIA-2021 PERKENI i Penerbit PB. PERKENI.
2. Resti Dewi Nanda Demur D, Studi Sarjana Keperawatan STIKes Perintis Padang P. HUBUNGAN KUALITAS TIDUR DENGAN KADAR GLUKOSA DARAH PADA PASIEN DIABETES MELLITUS TIPE II. Vol. 1, Prosiding Seminar Kesehatan Perintis E. 2018.
3. Umam RH, Fauzi AK, Rahman HF, Khotimah H, Wahid AH. Hubungan Kualitas Tidur Dengan Kadar Glukosa Darah Pada Penderita Diabetes Melitus Tipe 2 Di Puskesmas Besuk Probolinggo Relationship between Sleep Quality and Blood Glucose Levels in Clients with Type 2 Diabetes Mellitus in Puskesmas Besuk Probolinggo. 2020.
4. Eva Decroli. Buku Diabetes Melitus tipe 2. 2019;
5. Rinai Maysahasanah. KARYA TULIS ILMIAH. 2021.
6. Mulyadi JK, Rottie J V, Studi P, Keperawatan I, Kedokteran F, Sam U, et al. HUBUNGAN KUALITAS TIDUR DENGAN KADAR GLUKOSA DARAH PUASA PADA PASIEN DIABETES MELITUS TIPE 2 DI RUMAH SAKIT PANCARAN KASIH GMIM MANADO. Vol. 5. 2017.
7. Alex Suparman Hutabarat. HbA1c (Hemoglobin Glikosilasi) PADA PENDERITA DIABETES MELITUS TIPE II DI RUMAH SAKIT UMUM DAERAH DELI SERDANG LUBUK PAKAM. 2019.
8. Robinson Nainggolan. Hubungan pengetahuan dan sikap terhadap kepatuhan

- mengkonsumsi obat hipoglikemik oral pada pasien DMT2. 2019;
9. Widiwasari KR, Made I, Wijaya K, Suputra PA. DIABETES MELITUS TIPE 2: FAKTOR RISIKO, DIAGNOSIS, DAN TATALAKSANA. Vol. 1, Ganesha Medicina Journal. 2021.
 10. Thota S, Akbar A. Insulin. Handbook of Hormones: Comparative Endocrinology for Basic and Clinical Research [Internet]. 2022 Jul 12 [cited 2022 Dec 20];279–83. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK560688/>
 11. Sherwani SI, Khan HA, Ekhzaimy A, Masood A, Sakharkar MK. Significance of HbA1c test in diagnosis and prognosis of diabetic patients. Vol. 11, Biomarker Insights. Libertas Academica Ltd.; 2016. p. 95–104.
 12. Yualita P, Pd S, Pd M, Triana DS, Kp S, Kep M, et al. DEWAN REDAKSI. Vol. 4.
 13. Guna D, Sebagian M, Mencapai S, Sarjana G, Program K, Ilmu S, et al. FAKTOR-FAKTOR YANG BERHUBUNGAN TERHADAP KADAR GULA DARAH PADA PENDERITA DIABETES MELITUS TIPE II DI RS PKU MUHAMMADIYAH YOGYAKARTA NASKAH PUBLIKASI.
 14. Ramadhan AM, Rijai L, Liu JM. KAJIAN PENGGUNAAN OBAT HIPOGLIKEMIK ORAL PADA PASIEN DIABETES MELLITUS TIPE 2 DI PUSKESMAS TEMINDUNG SAMARINDA. Vol. 1, Jurnal Sains dan Kesehatan. 2015.
 15. Moura Mi, Badireddy M. Hyperglycemia. Mader's Reptile and Amphibian Medicine and Surgery [Internet]. 2022 Apr 28 [cited 2022 Dec 13];1314-

- 1315.e1. Available from:
<https://www.ncbi.nlm.nih.gov/books/NBK430900/>
16. Wes Cahyani. Konsep Dasar Diabetes Melitus Tipe 2 + Diabetic Foot dengan Ketidakstabilan Kadar Glukosa Darah. 2019.
17. Basri M, Rahmatia S, Dillah R. HUBUNGAN KUALITAS TIDUR DENGAN KADAR GLUKOSA DARAH PUASA PADA PASIEN DIABETES MELLITUS TIPE II DI PUSKESMAS KASSI-KASSI KOTA MAKASSAR. Vol. 15, Jurnal Ilmiah Kesehatan Diagnosis.
18. Mathew P, Thoppil D. Hypoglycemia. StatPearls [Internet]. 2022 Jul 23 [cited 2022 Dec 13]; Available from: <https://www.ncbi.nlm.nih.gov/books/NBK534841/>
19. Sherwood L. Introduction to Human Physiology. 2012.
20. Nugroho D. Nugroho DSD Kualitas Tidur. 2019;
21. Sulistiyan C. SEVERAL FACTORS RELATED TO QUALITY OF SLEEP ON THE STUDENTS OF THE FACULTY OF PUBLIC HEALTH UNIVERSITY OF DIPONEGORO IN SEMARANG [Internet]. Vol. 1. 2012. Available from: <http://ejournals1.undip.ac.id/index.php/jkm>
22. Altun İ, Cinar N, Dede C. The contributing factors to poor sleep experiences in according to the university students: A cross-sectional study [Internet]. Vol. 557, Journal of Research in Medical Sciences. 2012. Available from: www.journals.mui.ac.ir/jrms
23. Jawabri KH, Raja A. Physiology, Sleep Patterns. StatPearls [Internet]. 2022 May 8 [cited 2022 Nov 30]; Available from:

- <https://www.ncbi.nlm.nih.gov/books/NBK551680/>
24. Patel AK, Reddy V, Shumway KR, Araujo JF. Physiology, Sleep Stages. StatPearls [Internet]. 2022 Sep 7 [cited 2022 Nov 30]; Available from: <https://www.ncbi.nlm.nih.gov/books/NBK526132/>
25. Nelson KL, Davis JE, Corbett CF. Sleep quality: An evolutionary concept analysis. Nurs Forum (Auckl) [Internet]. 2022 Jan 1 [cited 2023 Jun 20];57(1):144–51. Available from: <https://pubmed.ncbi.nlm.nih.gov/34610163/>
26. Tejawati NPA. Hubungan Kualitas Tidur dengan Hipertensi. 2021.
27. Zhu B, Vincent C, Kapella MC, Quinn L, Collins EG, Ruggiero L, et al. Sleep disturbance in people with diabetes: A concept analysis. J Clin Nurs. 2018;27(1–2):e50–60.
28. Cena H, Calder PC. Defining a Healthy Diet: Evidence for the Role of Contemporary Dietary Patterns in Health and Disease. [cited 2022 Nov 21]; Available from: www.mdpi.com/journal/nutrients
29. Widiastuti. aktivitas fisik bab 3. 2022;
30. Amelia R, Harahap J, Harahap NS, Wijaya H, Ariga RA, Fujiati II, et al. Effect of sleep quality on blood glucose level of type 2 diabetes mellitus patients in Medan, Indonesia. Open Access Maced J Med Sci. 2020 Jan 2;8(E):574–7.
31. Setianingsih A, Diani N, Rahmayanti D. Hubungan Kualitas Tidur Dengan Kadar Glukosa Darah Pada Pasien Diabetes Mellitus. Jurnal Berita Ilmu Keperawatan. 2022;15(1).

32. Wu TE, Su YW, Chen HS. Mean HbA1c and HbA1c variability are associated with differing diabetes-related complications in patients with type 2 diabetes mellitus. *Diabetes Res Clin Pract*. 2022 Oct 1;192.
33. Ma Q, Liu H, Xiang G, Shan W, Xing W. Association between glycated hemoglobin A1c levels with age and gender in Chinese adults with no prior diagnosis of diabetes mellitus. *Biomed Rep*. 2016 Jun 1;4(6):737–40.