

## **ABSTRACT**

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### **RELATIONSHIP BETWEEN COPING STRATEGIES AND PSYCHOLOGICAL WELL-BEING OF ADOLESCENTS WITH DIVORCED PARENTS**

(xii + 93 pages; 2 diagrams; 12 tables; 69 attachments)

Keywords: *Psychological well-being, coping strategies, adolescents, divorce*

This research is done to see whether there is any relationship between the coping strategies used by adolescents with divorced parents, with their psychological well-being. The respondents for this research consist of teenagers of ages 12 to 18 who have experienced parental divorce in Jakarta region. There are 65 respondents involved in this research and the measuring instruments used are Ryff's Scale for Psychological Well-being and Brief COPE Scale. There are 14 hypotheses in this research and 9 of them are accepted while 5 are rejected. The results showed that coping strategies like positive reframing, acceptance, humor, and seeking support for emotional and instrumental reasons are the coping strategies that are positively correlated with psychological wellbeing. On the other hand, substance use, behavioral disengagements and self-blame coping strategies are negatively correlated with psychological wellbeing. There is no significant difference in the respondents' psychological well-being depending on their age, religion, number of siblings, living arrangements or their gender.

*References: 115 (1952-2014)*