

## DAFTAR PUSTAKA

- Alizadeh, S., Khanahmadi, S., Vedadhir, A., & Barjasteh, S. (2018). The Relationship between Resilience with Self- Compassion, Social Support and Sense of Belonging in Women with Breast Cancer. *Asian Pacific Journal Of Cancer Prevention, 19*.
- Arrogante, O., & Aparicio-Zaldivar, E. (2017). Burnout and health among critical care professionals: The mediational role of resilience. *Intensive And Critical Care Nursing, 42*, 110-115. doi: 10.1016/j.iccn.2017.04.010
- Bagaimana wabah virus corona hantam kehidupan perempuan di Asia - BBC News Indonesia. (2020). Retrieved 10 September 2020, from <https://www.bbc.com/indonesia/indonesia-51717312>
- Bayumedia Publishing. (2015). Metode Penelitian Manajemen. Malang.
- Bernie, M. (2020). Kisah Perawat Menyabung Nyawa Saat Rawat Pasien Covid-19 - Tirto.ID. Retrieved 10 September 2020, from <https://tirto.id/kisah-perawat-menyabung-nyawa-saat-rawat-pasien-covid-19-eFGR>
- Bluth, K., Mullarkey, M., & Lathren, C. (2018). Self-Compassion: A Potential Path to Adolescent Resilience and Positive Exploration. *Journal Of Child And Family Studies, 27*(9), 3037-3047. doi: 10.1007/s10826-018-1125-1
- Budiartie, G. (2020). Jeritan Tenaga Medis RI: Perangi Corona Bak Misi Bunuh Diri. Retrieved 10 September 2020, from <https://www.cnbcindonesia.com/news/20200327142933-4-147975/jeritan-tenaga-medis-ri-perangi-corona-bak-misi-bunuh-diri>
- Cacchione, P. (2020). Moral Distress in the Midst of the COVID-19 Pandemic. *Clinical Nursing Research, 29*(4), 215-216. doi: 10.1177/1054773820920385
- Çelik, D., Çetin, F., & Tutkun, E. (2014). The Role of Proximal and Distal Resilience Factors and Locus of Control in Understanding Hope, Self-Esteem and Academic Achievement among Turkish Pre-adolescents. *Current Psychology, 34*(2), 321-345. doi: 10.1007/s12144-014-9260-3
- Connor, K., & Davidson, J. (2003). Development of A New Resilience Scale: The Connor-Davidson Resilience Scale (CR-RISC). *Depression And Anxiety, 18*(1), 76-82.
- Coronavirus. (2020). Retrieved 10 September 2020, from [https://www.who.int/health-topics/coronavirus#tab=tab\\_1](https://www.who.int/health-topics/coronavirus#tab=tab_1)
- Currie, E., & Carr-Hill, R. (2012). What is a nurse? Is there an international consensus?. *International Nursing Review, 60*(1), 67-74. doi: 10.1111/j.1466-7657.2012.00997.x
- Dalmolin, G., Lunardi, V., Lunardi, G., Barlem, E., & Silveira, R. (2014). Moral distress and Burnout syndrome: are there relationships between these phenomena in nursing workers?. *Revista Latino-Americana De Enfermagem, 22*(1), 35-42. doi: 10.1590/0104-1169.3102.2393

- Denovan, A., & Macaskill, A. (2016). Building resilience to stress through leisure activities: a qualitative analysis. *Annals Of Leisure Research*, 20(4), 446-466. doi: 10.1080/11745398.2016.1211943
- Diehl, M., Hay, E., & Chui, H. (2012). Chapter 13<BR> Personal Risk and Resilience Factors in the Context of Daily Stress. *Annual Review Of Gerontology And Geriatrics*, 32(1), 251-274. doi: 10.1891/0198-8794.32.251
- Dokter dan perawat meninggal akibat virus corona: 'Kalau mereka kolaps, keadaan akan lebih buruk lagi' - BBC News Indonesia. (2020). Retrieved 10 September 2020, from <https://www.bbc.com/indonesia/indonesia-52022140>
- Duarte, J., Pinto-Gouveia, J., & Cruz, B. (2016). Relationships between nurses' empathy, self-compassion and dimensions of professional quality of life: A cross-sectional study. *International Journal Of Nursing Studies*, 60, 1-11. doi: 10.1016/j.ijnurstu.2016.02.015
- Fletcher, D., & Sarkar, M. (2013). Psychological Resilience. *European Psychologist*, 18(1), 12-23. doi: 10.1027/1016-9040/a000124
- Folke, C. (2016). Resilience (Republished). *Ecology And Society*, 21(4). doi: 10.5751/es-09088-210444
- Fung, S. (2020). Validity of the Brief Resilience Scale and Brief Resilient Coping Scale in a Chinese Sample. *International Journal Of Environmental Research And Public Health*, 17(4), 1265. doi: 10.3390/ijerph17041265
- Gani, T., Wahyuni, P., & Fahrina, A. (2020). *Antologi dari Bumi Paguntaka: Covid-19: Dampak dan Solusi* (1st ed.). Syiah Kuala University Press.
- Gracia-Gracia, P., & Oliván-Blázquez, B. (2017). Burnout and mindfulness self-compassion in nurses of intensive care units. *Holistic Nursing Practice*, 31(4), 225-233. doi: 10.1097/hnp.0000000000000215
- Gravetter, F. J., & Forzano, L.B. (2011). *Research methods for the behavioral sciences* (4th eds) . Canada: Cengage Learning.
- Gomez, M., Vincent, A., & Toussaintc, L. (2013). Correlates of resilience in adolescents and adults. *International Journal Of Clinical Psychiatry And Mental Health*, 1, 18-24.
- Gustafsson, G., Eriksson, S., Strandberg, G., & Norberg, A. (2010). Burnout and perceptions of conscience among health care personnel: A pilot study. *Nursing Ethics*, 17(1), 23-38. doi: 10.1177/0969733009351950
- Hanggoro, A., Suwarni, L., Selviana., Mawardi. (2020). Dampak psikologis pandemi covid-19 pada tenaga kesehatan: a studi cross-sectional di kota pontianak. *Jurnal Kesehatan Masyarakat Indonesia*, 15(2), 13-18.
- Heffernan, M., Quinn Griffin, M., McNulty, S., & Fitzpatrick, J. (2010). Self-compassion and emotional intelligence in nurses. *International Journal Of Nursing Practice*, 16(4), 366-373. doi: 10.1111/j.1440-172x.2010.01853.x
- Hjemdal, O. (2007). Measuring Protective Factors: The Development of Two Resilience Scales in Norway. *Child And Adolescent Psychiatric Clinics Of North America*, 16(2), 303-321. doi: 10.1016/j.chc.2006.12.003
- Hu, D., Kong, Y., Li, W., Han, Q., Zhang, X., & Zhu, L. et al. (2020). Frontline nurses' burnout, anxiety, depression, and fear statuses and their associated factors

- during the COVID-19 outbreak in Wuhan, China: A large-scale cross-sectional study. *Eclinicalmedicine*, 24, 100424. doi: 10.1016/j.eclinm.2020.100424
- Indonesia, C. (2020). Stok Terbatas, RSUP Dr. Sardjito Yogya Produksi APD Mandiri. Retrieved 10 September 2020, from <https://www.cnnindonesia.com/nasional/20200403190858-20-490184/stok-terbatas-rsup-dr-sardjito-yogya-produksi-apd-mandiri>
- Indonesia: coronavirus (COVID-19) cases 2020 | Statista. (2020). Retrieved 10 September 2020, from <https://www.statista.com/statistics/1103469/indonesia-covid-19-total-cases/>
- Indonesia: coronavirus (COVID-19) cases 2020 | Statista. (2020). Retrieved 10 September 2020, from <https://www.statista.com/statistics/1103469/indonesia-covid-19-total-cases/>
- Jalili, M., Niroomand, M., Hadavand, F., Zeinali, K., & Fotouhi, A. (2020). Burnout among healthcare professionals during COVID-19 pandemic: a cross-sectional study. doi: 10.1101/2020.06.12.20129650
- Jameton, A. (2017). What Moral Distress in Nursing History Could Suggest about the Future of Health Care. *AMA Journal Of Ethics*, 19(6), 617-628. doi: 10.1001/journalofethics.2017.19.6.mhst1-1706
- Kawitri, A., Rahmawati, B., Listiyandini, R., & Rahmatika, R. (2019). Self-compassion dan resiliensi pada remaja panti asuhan. *Jurnal Psikogenesis*, 7(1).
- Kester, K., & Wei, H. (2018). Building nurse resilience. *Nursing Management*, 49(6), 42-45. doi: 10.1097/01.numa.0000533768.28005.36
- Kutlururkan, S., Sozeri, E., Uysal, N., & Bay, F. (2016). Resilience and burnout status among nurses working in oncology. *Annals Of General Psychiatry*, 15(1). doi: 10.1186/s12991-016-0121-3
- Laucereno, S. (2020). Sederet Dampak Corona Terhadap Bisnis di Indonesia. Retrieved 10 September 2020, from <https://finance.detik.com/berita-ekonomi-bisnis/d-4935727/sederet-dampak-corona-terhadap-bisnis-di-indonesia>
- Luthar, S., Crossman, E., & Small, P. (2015). Resilience and Adversity. *Handbook Of Child Psychology And Developmental Science*, 1-40. doi: 10.1002/9781118963418.childpsy307
- Mahon, M., Mee, L., Brett, D., & Dowling, M. (2017). Nurses' perceived stress and compassion following a mindfulness meditation and self compassion training. *Journal Of Research In Nursing*, 22(8), 572-583. doi: 10.1177/1744987117721596
- Miller, J. (2011). Burnout and Its Impact on Good Work in Nursing. *Journal Of Radiology Nursing*, 30(4).
- Mona, S., & Angela, J. (2018). Mindful self-compassion: how it can enhance resilience. *Journal Of Psychosocial Nursing And Mental Health Services*, 56(1), 15-17. doi: 10.3928/02793695-20171219-01
- Nazir, Moh. (2013). Metode Penelitian. Bogor: Ghalia Indonesia
- Neff, K. (2003a). The development and validation of a scale to measure self-compassion. *Self and Identity*, 2, 223–250.
- Neff, K. (2003b). Self-compassion: an alternative conceptualization of a healthy attitude toward oneself. *Self and Identity*, 2, 85–102.

- Neff, K. (2011). Self-Compassion, Self-Esteem, and Well-Being. *Social And Personality Psychology Compass*, 5(1), 1-12. doi: 10.1111/j.1751-9004.2010.00330.x
- Neff, K. (2019). Definition and three elements of self compassion | Kristin Neff. Retrieved 7 October 2019, from <https://self-compassion.org/the-three-elements-of-self-compassion-2/>
- Neff, K. (2021). Self-Compassion Exercises by Dr. Kristin Neff. Retrieved 10 March 2021, from <https://self-compassion.org/category/exercises/#exercises>
- Neff, K., & Germer, C. (2012). A Pilot Study and Randomized Controlled Trial of the Mindful Self-Compassion Program. *Journal Of Clinical Psychology*, 69(1), 28-44. doi: 10.1002/jclp.21923
- Neff, K., & Vonk, R. (2009). Self-Compassion Versus Global Self-Esteem: Two Different Ways of Relating to Oneself. *Journal Of Personality*, 77(1), 23-50. doi: 10.1111/j.1467-6494.2008.00537.x
- Neff, K., Pisitsungkagarn, K., & Hsieh, Y. (2008). Self-Compassion and Self-Construal in the United States, Thailand, and Taiwan. *Journal Of Cross-Cultural Psychology*, 39(3), 267-285. doi: 10.1177/0022022108314544
- Neff, K., & McGehee, P. (2010). Self-compassion and Psychological Resilience Among Adolescents and Young Adults. *Self And Identity*, 9(3), 225-240. doi: 10.1080/15298860902979307
- Nisfiannoor, M. (2009). Pendekatan Statistika Modern. Jakarta: Salemba Humanika.
- Pashar, I., Ismail, S., & Edward, I. (2020). Tantangan etik pada perawat dalam penanganan pasien di masa pandemik covid-19: scoping review. *Jurnal Perawat Indonesia*, 4(3), 467-479.
- Putri, T., Abdullah, K., & Erwina, I. (2020). Hubungan moral distress dan burnout pada perawat kesehatan jiwa. *Jurnal Endurance : Kajian Ilmiah Problema Kesehatan*, 5(3), 605-614.
- Q & A on COVID-19. (2020). Retrieved 10 September 2020, from <https://www.ecdc.europa.eu/en/novel-coronavirus-china/questions-answers>
- Revalicha, N. (2012). Perbedaan Stres Kerja Ditinjau dari Shift Kerja pada Perawat di RSUD Dr. Soetomo Surabaya. *Jurnal Psikologi Industri Dan Organisasi*, 1(3)
- Rushton, C., Batcheller, J., Schroeder, K., & Donohue, P. (2015). Burnout and Resilience Among Nurses Practicing in High-Intensity Settings. *American Journal Of Critical Care*, 24(5), 412-420. doi: 10.4037/ajcc2015291
- Russo, S., Murrugh, J., Han, M., Charney, D., & Nestler, E. (2012). Neurobiology of resilience. *Nature Neuroscience*, 15(11), 1475-1484. doi: 10.1038/nn.3234
- Shimoinaba, K., Lee, M., & Kissane, D. (2015). Nurses' resilience and nurturance of the self. *International Journal Of Palliative Nursing*, 21(10).
- Singh, K., & Yu, X. (2010). Psychometric evaluation of the connor-davidson resilience scale (CD-RISC) in a sample of indian students. *J psychology*. 1(1), 23-30.
- Smith, B.W., Dalen, J., Wiggins, K., Tooley, E., Christopher, P. and Bernard, J. (2008). The Brief Resilience Scale: Assessing the Ability to Bounce Back. *International Journal of Behavioral Medicine*, 15, 194-200.

- Smith, J., 2015. Self-compassion and resilience in senior living residents. *Seniors Housing & Care Journal*, 23(1).
- Sugianto, D., Suwartono, C., & Sutanto, S. H. (2020). Reliabilitas dan validitas Self-Compassion Scale versi bahasa Indonesia. *Jurnal Psikologi Ulayat*. Advance online publication. doi: 10.24854/jpu02020-337.
- Sugiyono. (2008). Metode penelitian pendidikan: (pendekatan kuantitatif, kualitatif dan R & D). Bandung: Alfabeta.
- Sultana, A., Sharma, R., Hossain, M., Bhattacharya, S., & Purohit, N. Burnout Among Healthcare Providers During COVID-19 Pandemic: Challenges and Evidence-based Interventions.
- Sunjaya, D., Herawati, D., & Siregar, A. (2021). Depressive, anxiety, and burnout symptoms on health care personnel at a month after COVID-19 outbreak in Indonesia. *BMC Public Health*, 21(1). doi: 10.1186/s12889-021-10299-6
- Spence Laschinger, H., & Leiter, M. (2006). The Impact of Nursing Work Environments on Patient Safety Outcomes. *JONA: The Journal Of Nursing Administration*, 36(5), 259-267. doi: 10.1097/00005110-200605000-00019
- Tawale, E., Budi, W., & Nurcholis, G. (2011). Hubungan antara Motivasi Kerja Perawat dengan Kecenderungan mengalami Burnout pada Perawat di RSUD Serui-Papua. *INSAN*, 13(02).
- Tenaga Medis di Jakarta Kelelahan Tangani Corona, Relawan Siap Bantu - Nasional Katadata.co.id. (2020). Retrieved 10 September 2020, from <https://katadata.co.id/berita/2020/04/19/tenaga-medis-di-jakarta-kelelahan-tangani-corona-relawan-siap-bantu>
- Toland, J., & Carrigan, D. (2011). Educational psychology and resilience: New concept, new opportunities. *School Psychology International*, 32(1), 95-106. doi: 10.1177/0143034310397284
- Valentia, S., Sani, R., & Anggreany, Y. (2017). Hubungan resiliensi dan penerimaan orangtua pada ibu dari anak yang terdiagnosis autism spectrum disorder (asd). *Jurnal Psikologi Ulayat*, 4(1), 43-57.