

REFERENCES

- Alfaro, D. (2021a). *What Is Allspice and How It It Used?* The Spruce Eats. <https://www.thespruceeats.com/what-is-allspice-p2-995556>
- Alfaro, D. (2021b). *What Is Cardamom Spice and How Is It Used?* The Spruce Eats. <https://www.thespruceeats.com/all-about-cardamom-995599>
- Asharini Mutiara, A. (2019). *Sajian High Tea Berkelas Dipadu Dessert Berbahan Dasar Teh | Dream.co.id*. 20 Agustus . <https://www.dream.co.id/culinary/sajian-high-tea-berkelas-dengan-dessert-berbahan-dasar-teh-1908207.html>
- Badriyah, R., Prasetyo Utomo, A., & Komarayanti, S. (n.d.). *ETNOBOTANI TUMBUHAN REMPAH SEBAGAI BAHAN PANGAN YANG DIMANFAATKAN OLEH MASYARAKAT DI INDONESIA ETHNOBOTANY OF SPICES PLANT AS A FOOD MATERIAL USED BY COMMUNITY IN INDONESIA*.
- Bell, E. (2019). *What Is a Saucepan and What Is It For? – Misen*. Misen. <https://misen.com/blogs/news/what-is-a-saucepan>
- Benediktsdottir, A. (2019). *9 Health Benefits of Pistachios*. Healthline. <https://www.healthline.com/nutrition/9-benefits-of-pistachios>
- Biscuit People. (2020). *Digestive Biscuits*. Biscuit People. <https://www.biscuitpeople.com/magazine/post/digestive-biscuits>
- Cahyadi, M. T., Thamson, V. L., & Safira, K. A. (2020). *CHAPTER II INGREDIENTS AND EQUIPMENT OF PRODUCT*.
- Davidson, K. (2019). *Is Almond Milk Healthy? Nutrition, Benefits, and Downsides*. Healthline. <https://www.healthline.com/nutrition/almond-milk#what-it-is>
- Filippone Trowbridge, P. (2019). *What Is Cream Cheese?* The Spruce Eats. <https://www.thespruceeats.com/what-is-cream-cheese-1807010>
- Foster, K. (2019). *What's the Difference Between Condensed and Evaporated Milk? | Kitchn*. The Kitchn. <https://www.thekitchn.com/what-s-the-difference-between-condensed-and-evaporated-milk-125900>
- Gaia, G., St John, G., & Baldini, C. (2015). *Chai, Charas & Changa-Psychedelic Gnosis in Psytrance Gatherings Related papers (wit h Graham St. John) Dancing at t he Crossroads of Consciousness: Techno-Myst icism, Visi... Chai, Charas & Changa Psychedelic Gnosis in Psytrance Gatherings*.
- Goodwin, L. (2020, September 16). *The History of Chai Tea*. The Spruce Eats. <https://www.thespruceeats.com/the-history-of-masala-chai-tea-765836>
- Gunnars, K. (2018). *Coconut Sugar — A Healthy Sugar Alternative or a Big, Fat Lie?* Healthline. https://www.healthline.com/nutrition/coconut-sugar#TOC_TITLE_HDR_2
- Gunnars, K. (2021). *7 Proven Health Benefits of Dark Chocolate*. Healthline. <https://www.healthline.com/nutrition/7-health-benefits-dark-chocolate>
- Is Lemon Juice Good for You? Pros and Cons, Nutrition Information, and More*. (2020). WebMD. <https://www.webmd.com/diet/lemon-juice-health-benefits#1>
- Kapojos, M. B. E., & Aisyah, Y. (2021). *Tren Konsumsi Teh di Indonesia Belum Meningkat, Susah Kenalkan Teh Kualitas Baik Halaman all - Kompas.com*.

- Kompas.Com.
<https://www.kompas.com/food/read/2021/08/12/160800075/tren-konsumsi-teh-di-indonesia-belum-meningkat-susah-kenalkan-teh-kualitas?page=all>
- Laseter, E. (2018). *What's the Difference Between Dry and Liquid Measurements? | Cooking Light*. Cooking Light. <https://www.cookinglight.com/cooking-101/ask-the-tk-dry>
- Mandl, E. (2018). *11 Health and Nutrition Benefits of Cocoa Powder*. Healthline. <https://www.healthline.com/nutrition/cocoa-powder-nutrition-benefits>
- Marissa. (2021). *What Are the Different Types of Baking Pans? All you need to know - World of Pans*. World of Pans. <https://worldofpans.com/different-types-of-baking-pans/>
- Mifflin, M. (2020). *Do You Need Muffin and Cupcake Liners for Baking?* The Spruce Eats. <https://www.thespruceeats.com/muffin-and-cupcake-liners-optional-or-essential-1907153>
- Milenia, D. S. (2021, December 9). *Tren Kuliner 2021, Ada Croffle hingga Cendol Dessert Box! | kumparan.com*. KumparanFood. <https://kumparan.com/kumparanfood/tren-kuliner-2021-ada-croffle-hingga-cendol-dessert-box-1x4omX4aOq2>
- Moncel, B. (2021). *What Is Nutmeg and How Do You Use It?* The Spruce Eats. <https://www.thespruceeats.com/what-is-nutmeg-1328522>
- Morgan, B. (2019). *What is a Ramekin dish used for | Uses, types and sizes of ramekins – Cestash*. Cestash. <https://cestash.com/blogs/blog/what-is-a-ramekin-dish-used-for>
- Mulyani, H., Widyastuti, H., Venny, D., & Ekowati, I. (2016). *TUMBUHAN HERBAL SEBAGAI JAMU PENGOBATAN TRADISIONAL TERHADAP PENYAKIT DALAM SERAT PRIMBON JAMPI JAWI JILID I*.
- Newswire, G. (2021). *Global Tea Market Report 2021: Market was Valued at \$21.9*. <https://www.globenewswire.com/en/news-release/2021/07/06/2258038/28124/en/Global-Tea-Market-Report-2021-Market-was-Valued-at-21-9-Billion-in-2020-Forecast-to-2026.html>
- Pannunzio, L. A. (2020, February 7). *What Is Masala Chai & Why You Should Not Call It "Chai Tea" - The Cup of Life*. The Cup of Life. <https://theteacupoflife.com/2020/02/masala-chai-not-chai-tea.html>
- Paswan, V. K., Singh, C. S., Kukreja, G., Bunkar, D. S., & Bhinchhar, B. K. (2021). *Health Benefits and Functional and Medicinal Properties of Some Common Indian Spices. Herbs and Spices - New Processing Technologies*. <https://doi.org/10.5772/INTECHOPEN.98676>
- Penerbit Deepublish. (2019). *Mendapatkan ISBN Ternyata Mudah! - Penerbit Deepublish*. Penerbit Deepublish. <https://penerbitdeepublish.com/karya-mendapatkan-isbn/>
- Petre, A. (2017). *How Chai Tea Can Improve Your Health*. Healthline. <https://www.healthline.com/nutrition/chai-tea>

- Rodriguez, M. (n.d.). *What Is Brioche? What to Know About This French Bread*. Spoon University. Retrieved November 3, 2021, from <https://spoonuniversity.com/lifestyle/what-is-brioche>
- Sifferline, A. (2018). *The 10 Healthiest and Least Healthy Oils to Cook With | Time*. Time. <https://time.com/5342337/best-worst-cooking-oils-for-your-health/>
- Singleary, K. W. (2020). Vanilla: Potential Health Benefits. *Nutrition Today*, 55(4), 186–196. <https://doi.org/10.1097/NT.0000000000000412>
- Spencer, M. (2020). *Where Does Pepper Come From? | Black Pepper Plant History and Health Benefits | The Old Farmer's Almanac*. The Old Farmer's Almanac. <https://www.almanac.com/where-does-black-pepper-come>
- Travel Kuoni. (2021). *Tea culture in Indonesia – Kuoni Travel*. Kuoni Travel. <https://www.kuoni.co.uk/indonesia/tea-culture-in-indonesia#>
- West, H. (2017). *Is It Safe to Use Aluminum Foil in Cooking?* Healthline. https://www.healthline.com/nutrition/aluminum-foil-cooking#TOC_TITLE_HDR_2
- Workman, D. (2020). *Tea Exports by Country 2020*. <https://www.worldstopexports.com/tea-exports-by-country/>

APPENDIX

A. BOOK RECIPE COVER

PICTURE 9
Front Cover



Source: Personal Processed Data (2021)