

REFERENSI

1. Zu ZY, Jiang M Di, Xu PP, Chen W, Ni QQ, Lu GM, et al. Coronavirus disease 2019 (COVID-19): a perspective from China. *Radiology* [Internet]. 2020;296(2):200490. Available from: <https://pubs.rsna.org/doi/full/10.1148/radiol.2020200490>
2. Pemerintah Pusat. PP Nomor 21 Tahun 2020 tentang Pembatasan Sosial Berskala Besar dalam Rangka Percepatan Penanganan Corona Virus Disease 2019 (COVID-19) [Internet]. Indonesia: LN.2020/NO.91, TLN NO.6487, JDIH.SETNEG.GO.ID : 5 HLM.; 2020. Available from: <https://peraturan.bpk.go.id/Home/Details/135059/pp-no-21-tahun-2020>
3. Rozaliyani A, Widjaja HT, Prawiroharjo P, Sukarya W. Kajian Etik Pendidikan Jarak Jauh dalam Pendidikan Kedokteran di Indonesia. *JEKI* [Internet]. 2020;4(2):57–62. Available from: https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=&ved=2ahUKEwjdzozSZ_ft3AhU8IbcAHWXeBL0QFnoECAYQAQ&url=https%3A%2F%2Ffilmiah.id%2Findex.php%2Fjeki%2Farticle%2Fdownload%2F61%2F62&u sg=AOvVaw035RCxmwgtjlnSSUwAKUxi
4. Servin-Rojas M, Olivás-Martínez A, Dithurbide-Hernández M, Chávez-Vela J, Petricevich VL, García-Juárez I, et al. Impact of the COVID-19 pandemic on the clinical training of last year medical students in Mexico: a cross-sectional nationwide study. *BMC Med Educ* [Internet]. 2022;22(1):24. Available from: <https://bmcmmededuc.biomedcentral.com/articles/10.1186/s12909-021-03085-w>
5. Masalah Psikologis Pandemi COVID-19 di Indonesia [Internet]. Perhimpunan Dokter Spesialis Kedokteran Jiwa Indonesia. [cited 2021 Apr 5]. Available from: <http://pdsjki.org/home>
6. Sharma D, Bhaskar S. Addressing the Covid-19 Burden on Medical Education and Training: The Role of Telemedicine and Tele-Education During and Beyond the Pandemic [Internet]. Vol. 8, *Frontiers in Public Health*. Sydney; 2020. Available from: <https://www.frontiersin.org/article/10.3389/fpubh.2020.589669>
7. O’Byrne L, Gavin B, Adamis D, Lim YX, McNicholas F. Levels of stress in medical students due to COVID-19. *J Med Ethics* [Internet]. 2021;47(6):383 LP – 388. Available from: <https://jme.bmj.com/content/47/6/383>
8. Graves BS, Hall ME, Dias-Karch C, Haischer MH, Apter C. Gender differences in perceived stress and coping among college students. *PLoS One* [Internet].

- 2021 Aug 12;16(8):e0255634. Available from:
<https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0255634>
9. 2010 Stress in America: Gender and Stress [Internet]. American Psychological Association. 2010 [cited 2022 Apr 6]. Available from:
<https://www.apa.org/news/press/releases/stress/2010/gender-stress>
 10. Davey SL, Lee BJ, Robbins T, Randeva H, Thake CD. Heat Stress and PPE during COVID-19: Impact on health care workers' performance, safety and well-being in NHS settings. *J Hosp Infect* [Internet]. 2020;108:185–8. Available from:
<https://pubmed.ncbi.nlm.nih.gov/33301841/>
 11. AM KU, Bhullar N, Jackson D. Life in the pandemic: Social isolation and mental health. *J Clin Nurs* [Internet]. 2020;29(15–16):2756–7. Available from:
<https://onlinelibrary.wiley.com/doi/full/10.1111/jocn.15290>
 12. Turana Y, Primatanti PA, Sukarya WS, Wiyanto M, Duarsa ABS, Wratsangka R, et al. Impact on Medical Education and the Medical Student's Attitude, Practice, Mental Health, After One Year of the Covid-19 Pandemic in Indonesia. *Front Educ* [Internet]. 2022;7(843998):1–14. Available from:
<https://www.frontiersin.org/articles/10.3389/feduc.2022.843998/full>
 13. Al-Husban N, Alkhayat A, Aljweesri M, Alharbi R, Aljazzaf Z, Al-Husban N, et al. Effects of COVID-19 pandemic on medical students in Jordanian universities: A multi-center cross-sectional study. *Ann Med Surg* [Internet]. 2021;67(102466):1–6. Available from:
<https://pubmed.ncbi.nlm.nih.gov/34168869/>
 14. He F, Deng Y, Li W. Coronavirus disease 2019: What we know? *J Med Virol* [Internet]. 2020;92(7):719–25. Available from:
<https://onlinelibrary.wiley.com/doi/full/10.1002/jmv.25766>
 15. WHO. COVID-19 weekly epidemiological update [Internet]. WHO TEAM Emergency Response. World Health Organization; 2020 [cited 2020 Nov 19]. Available from: <https://www.who.int/publications/m/item/weekly-epidemiological-update---10-november-2020>
 16. Badan Penelitian dan Pengembangan Kesehatan. Analisis Data COVID-19 Indonesia (Update Per 1 November 2020) [Internet]. Satuan Tugas Penanganan COVID-19. 2020 [cited 2020 Nov 19]. Available from:
<https://covid19.go.id/p/berita/analisis-data-covid-19-mingguan-satuan-tugas-pc19-1-november-2020>

17. Disantara FP. The Large Scale Social Restrictions Policy For Handling The COVID-19 Pandemic. *J Pembaharuan Huk* [Internet]. 2020;7(2):128–41. Available from: <http://jurnal.unissula.ac.id/index.php/PH/article/view/9429/pdf>
18. Harapan H, Itoh N, Yufika A, Winardi W, Keam S, Te H, et al. Coronavirus disease 2019 (COVID-19): A literature review. *J Infect Public Health* [Internet]. 2020;13(5):667–73. Available from: <http://www.sciencedirect.com/science/article/pii/S1876034120304329>
19. Cascella M, Rajnik M, Aleem A, Dulebohn SC, Napoli R Di. Features, Evaluation, and Treatment of Coronavirus [Internet]. *StatPearls. Treasure Island (FL): StatPearls Publishing; 2022*. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK554776/>
20. Zhou L, Ayeh SK, Chidambaram V, Karakousis PC. Modes of transmission of SARS-CoV-2 and evidence for preventive behavioral interventions. *BMC Infect Dis* [Internet]. 2021;21(496). Available from: <https://doi.org/10.1186/s12879-021-06222-4>
21. van Doremalen N, Bushmaker T, Morris DH, Holbrook MG, Gamble A, Williamson BN, et al. Aerosol and Surface Stability of SARS-CoV-2 as Compared with SARS-CoV-1. *N Engl J Med* [Internet]. 2020 Mar 17;382(16):1564–7. Available from: <https://www.nejm.org/doi/full/10.1056/nejmc2004973>
22. Kementerian Dalam Negeri. Instruksi Menteri Dalam Negeri Nomor 26 Tahun 2021 tentang Pemberlakuan Pembatasan Kegiatan Masyarakat Level 3, Level 2, dan Level 1 [Internet]. Indonesia; 2021. Available from: <https://covid19.go.id/storage/app/media/Regulasi/2021/Juli/Inmendagri PPKM L3 L2 L1 No 26 Tahun 2021.pdf>
23. Kementerian Dalam Negeri. Instruksi Menteri Dalam Negeri Nomor 24 Tahun 2021 tentang Pemberlakuan Pembatasan Kegiatan Masyarakat Level 4 dan Level 3 [Internet]. 2021. Available from: <https://covid19.go.id/p/regulasi/instruksi-menteri-dalam-negeri-nomor-24-tahun-2021>
24. Brooks SK, Webster RK, Smith LE, Woodland L, Wessely S, Greenberg N, et al. The psychological impact of quarantine and how to reduce it: rapid review of the evidence. *Lancet* [Internet]. 2020;395(10227):912–20. Available from: [https://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(20\)30460-8/fulltext](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(20)30460-8/fulltext)

25. Bai Y, Lin C-C, Lin C-Y, Chen J-Y, Chue C-M, Chou P. Survey of stress reactions among health care workers involved with the SARS outbreak. *Psychiatr Serv* [Internet]. 2004;55(9):1055–7. Available from: <https://ps.psychiatryonline.org/doi/full/10.1176/appi.ps.55.9.1055>
26. Pribadi F. Innovation of Clinical Learning Procedure in Pandemic Era Balancing Safety and Competence [Internet]. Fakultas Kedokteran Universitas Ciputra Surabaya. 2021 [cited 2022 Apr 20]. Available from: <https://www.uc.ac.id/fk/innovation-of-clinical-learning-procedure-in-pandemic-era/>
27. Wibowo B, Widyastoeti TH, Satari HI, Manullang SH, Saptawati L, Sitohang NG, et al. Petunjuk Teknis Penggunaan Alat Pelindung Diri (APD) dalam Menghadapi Wabah COVID-19 [Internet]. Jakarta: Kementerian Kesehatan Republik Indonesia Direktorat Jenderal Pelayanan Kesehatan; 2020. 1–4 p. Available from: <https://drive.google.com/file/d/1V5OQ3IGials0s2Lq4sK-feluFxaUbvQY/view>
28. Monardo D, Adisasmito W, Wibowo B, Taher A, Djoerban Z, Rasmin M, et al. Standar APD (Alat Pelindung Diri) untuk Penanganan COVID-19 di Indonesia [Internet]. Santoso B, Rachmayanti S, Kiasatina T, Laksmi IAKRP, Nuraini R, Suatan AT, editors. Jakarta: Gugus Tugas Percepatan Penanganan COVID-19; 2020. 5–10 p. Available from: <https://covid19.go.id/storage/app/media/Protokol/2020/Agustus/standar-apd-revisi-3.pdf>
29. Campagne DM. The problem with communication stress from face masks. *J Affect Disord Reports* [Internet]. 2021;3(100069):1–5. Available from: <https://www.sciencedirect.com/science/article/pii/S266691532030069X>
30. Wang C, Chudzicka-Czupala A, Grabowski D, Pan R, Adamus K, Wan X, et al. The Association Between Physical and Mental Health and Face Mask Use During the COVID-19 Pandemic: A Comparison of Two Countries With Different Views and Practices. *Front Psychiatry* [Internet]. 2020;11(569981):1–13. Available from: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7510452/>
31. Viner R. Putting Stress in Life: Hans Selye and the Making of Stress Theory. *Soc Stud Sci* [Internet]. 1999;29(3):391–410. Available from: <http://www.jstor.org/stable/285410>
32. Wendorf AR, Brouwer AM. Psychology of Stress and Coping. In: Oxford

- Bibliographies [Internet]. Oxford University Press; 2018. Available from:
<https://www.oxfordbibliographies.com/view/document/obo-9780199828340/obo-9780199828340-0203.xml#obo-9780199828340-0203-bibItem-0007>
33. Ningsih R. Efektivitas Pemberian Senam Lanjut Usia Terhadap Penurunan Tingkat Stres Usia Lanjut di Panti Sosial Tresna Werdha Batusangkar. *Menara Ilmu* [Internet]. 2019;13(3):125–31. Available from:
<http://www.jurnal.umsb.ac.id/index.php/menarailmu/article/viewFile/1227/1079>
 34. Utomo U. Hubungan antara model-model coping stres dengan tingkat stres pada mahasiswa tahun pertama Fakultas Psikologi Universitas Islam Negeri (UIN) Malang [Internet]. Universitas Islam Negeri Maulana Malik Ibrahim; 2008. Available from: <http://etheses.uin-malang.ac.id/id/eprint/4372>
 35. Javidi H, Yadollahie M. Post-traumatic stress disorder. *Int J Occup Env Med (The IJOEM)* [Internet]. 2012;3(1):2–19. Available from:
<https://pubmed.ncbi.nlm.nih.gov/23022845/>
 36. American Psychiatric Association. *Diagnostic and statistical manual of mental disorders (DSM-5)*. 5th ed. Arlington, VA: American Psychiatric Publishing; 2013. 271–279 p.
 37. Bell PA, Fisher JD, Baum A, Greene TC. *Environmental Psychology*. III. Howard E, Hinshaw MD, editors. Florida: Harcourt Brace Jovanovich College; 1984.
 38. Widyastuti P. *Manajemen Stres*. Yulianti D, editor. Jakarta: Buku Kedokteran EGC; 2003. 2–3 p.
 39. Muslim M. Manajemen Stress pada Masa Pandemi COVID-19. *ESENSI J Manaj Bisnis* [Internet]. 2020 Aug 28;23(2 SE-Articles):192–201. Available from:
<https://ibn.e-journal.id/index.php/ESENSI/article/view/205>
 40. Maslim R. *Buku Saku : Diagnosa Gangguan Jiwa Rujukan Ringkas dari PPDGJ-III*. 2nd ed. Jakarta: Ilmu Kedokteran Jiwa FK-Unika Atmajaya; 2013.
 41. Cohen S, Kamarck T, Mermelstein R. A global measure of perceived stress. *J Health Soc Behav* [Internet]. 1994;24(4):385–96. Available from:
<https://www.jstor.org/stable/2136404>
 42. Siqueira Reis R, Ferreira Hino AA, Romélio Rodriguez Añez C. Perceived stress scale: reliability and validity study in Brazil. *J Health Psychol* [Internet]. 2010;15(1):107–14. Available from: <http://hpq.sagepub.com/content/15/1/107>
 43. Pezirkianidis C, Karakasidou E, Lakioti A, Stalikas A, Galanakis M.

- Psychometric Properties of the Depression, Anxiety, Stress Scales-21 (DASS-21) in a Greek Sample. *Psychology* [Internet]. 2018;9(15):2933–50. Available from: <https://www.scirp.org/journal/paperinformation.aspx?paperid=89383>
44. Kessler R, Barker P, Colpe L, Epstein J, Gfroerer J, Hiripi E. Screening for serious mental illness in the general population. *Arch Gen Psychiatry* [Internet]. 2003;60(2):184–9. Available from: <https://jamanetwork.com/journals/jamapsychiatry/fullarticle/207204>
 45. Lins G, Lima N, Sousa G, Guimarães F, Frazão I, Perrelli J. Validity and reliability of Kessler Psychological Distress Scale for Brazilian elderly: a cross-sectional study. *Rev Bras Enferm* [Internet]. 2021;74(2):e20200365. Available from: <https://www.scielo.br/j/reben/a/KFYHt4ctXgZqw6zCh3GWxfr/>
 46. Folkman S. *Stress: Appraisal and Coping* [Internet]. Gellman MD, Turner JR, editors. New York, NY: Springer; 2013. 1913–1915 p. Available from: https://link.springer.com/referenceworkentry/10.1007/978-1-4419-1005-9_215#howtocite
 47. Mas'udah R, Soleh HAK. Hubungan antara Strategi Coping (Koping) Stres dengan Bentuk Stres Mahasiswa Baru Fakultas Psikologi Universitas Islam Negeri Maulana Malik Ibrahim Malang [Internet]. Universitas Islam Negeri Maulana Malik Ibrahim Malang; 2014. Available from: <http://etheses.uin-malang.ac.id/790/>
 48. Powell TJ, Enright SJ. *Anxiety and stress management*. 1st ed. New York: Routledge; 2016. 92–99 p.
 49. Soekanto S. *Sosiologi: suatu pengantar*. 4th ed. Jakarta: Raja Grafindo Persada; 1990.
 50. Badan Pusat Statistik. Persentase Penduduk Miskin September 2020 naik menjadi 10,19 persen [Internet]. BPS. 2021 [cited 2020 Nov 19]. Available from: <https://www.bps.go.id/pressrelease/2021/02/15/1851/persentase-penduduk-miskin-september-2020-naik-menjadi-10-19-persen.html>
 51. Nuryati, Kresnowati L. *Klasifikasi dan Kodefikasi Penyakit dan Masalah Terkait III* [Internet]. 3rd ed. Jakarta: Pusat Pendidikan Sumber Daya Manusia Kesehatan KEMENKES; 2018. 3–7 p. Available from: http://bppsdmk.kemkes.go.id/pusdiksdmk/wp-content/uploads/2018/09/Klasifikasi-Kodefikasi-Penyakit-Masalah-Terkait-III_SC.pdf

52. Fofana NK, Latif F, Sarfraz S, Bashir MF, Komal B. Fear and agony of the pandemic leading to stress and mental illness: an emerging crisis in the novel coronavirus (COVID-19) outbreak. *Psychiatry Res* [Internet]. 2020;291:113230. Available from: <https://pubmed.ncbi.nlm.nih.gov/32593067/>
53. Wissmath B, Mast FW, Kraus F, Weibel D. Understanding the psychological impact of the COVID-19 pandemic and containment measures: An empirical model of stress. *PLoS One*. 2021;16(7):e0254883.
54. WHO. COVID-19 pandemic triggers 25% increase in prevalence of anxiety and depression worldwide [Internet]. World Health Organization. 2022 [cited 2022 May 3]. Available from: <https://www.who.int/news/item/02-03-2022-covid-19-pandemic-triggers-25-increase-in-prevalence-of-anxiety-and-depression-worldwide>
55. Ratunuman RA, David LE V., Opod H. Dampak Psikologis Pandemi COVID-19 pada Mahasiswa. *J Biomedik* [Internet]. 2021;13(2):227–32. Available from: <https://ejournal.unsrat.ac.id/index.php/biomedik/article/view/31836/31263>
56. Maulina B, Sari DR. Derajat Stres Mahasiswa Baru Fakultas Kedokteran Ditinjau Dari Tingkat Penyesuaian Diri Terhadap Tuntutan Akademik. *J Psikol Pendidik dan Konseling J Kaji Psikol Pendidik dan Bimbingan Konseling* [Internet]. 2018;4(1):1–5. Available from: <https://ojs.unm.ac.id/JPPK/article/view/4753>
57. Irwanto EQ. Hubungan antara Stres terhadap Dismenore dan Gangguan Siklus Menstruasi pada Mahasiswi Fakultas Kedokteran Universitas Pelita Harapan. 2019;
58. Saraswathi I, Saikarthik J, Kumar KS, Srinivasan KM, Ardhanaari M, Gunapriya R. Impact of COVID-19 outbreak on the mental health status of undergraduate medical students in a COVID-19 treating medical college: a prospective longitudinal study. *PeerJ* [Internet]. 2020;8(10164). Available from: <https://peerj.com/articles/10164/>