

## ABSTRAK

Nickson Damara Gosal (01011180333)

### **PENGARUH *PROSPECTIVE ANXIETY* DAN *INHIBITORY ANXIETY* TERHADAP *CAREER ADAPTABILITY* YANG DIMEDIASI OLEH *ENTREPRENEURIAL MINDSET***

(xvi + 105 halaman + 6 gambar + 39 tabel)

Penelitian ini dilakukan untuk mencari pengaruh dari *prospective anxiety* dan *inhibitory anxiety* secara langsung terhadap *career adaptability*, maupun secara tidak langsung melalui mediasi dari *entrepreneurial mindset*. Penelitian ini dilakukan terhadap para tenaga kerja yang mengalami pemberhentian kerja selama masa pandemi dan beralih menjadi wirausahawan di daerah DKI Jakarta, analisis yang digunakan adalah metode analisis PLS-SEM yang diolah dengan menggunakan SmartPls, adapun metode sampling yang digunakan adalah *non-probability sampling* dengan *purposive sampling*, jumlah sampel yang didapatkan adalah sebesar 160 responden. Hasil penelitian menemukan bahwa *prospective anxiety* dan *inhibitory anxiety* memiliki pengaruh yang negatif terhadap *career adaptability*, *prospective anxiety* tidak memiliki pengaruh yang signifikan terhadap *entrepreneurial mindset*, *inhibitory anxiety* berpengaruh secara negatif terhadap *entrepreneurial mindset*, *entrepreneurial mindset* memiliki pengaruh yang positif terhadap *career adaptability*, *prospective anxiety* tidak berpengaruh secara signifikan terhadap *career adaptability* melalui mediasi dari *entrepreneurial mindset*, sedangkan *inhibitory anxiety* memiliki pengaruh yang signifikan terhadap *career adaptability* melalui mediasi dari *entrepreneurial mindset*.

Kata Kunci: *Prospective anxiety*, *inhibitory anxiety*, *entrepreneurial mindset*, dan *career adaptability*.

**Daftar Pustaka: 45 (1982-2021)**

## ABSTRACT

Nickson Damara Gosal (01011180333)

### **THE EFFECT OF PROSPECTIVE ANXIETY AND INHIBITORY ANXIETY ON CAREER ADAPTABILITY MEDITED BY THE ENTREPRENEURIAL MINDSET**

(xvi + 105 pages + 6 pictures + 39 tables)

This study was conducted to find out the influence of prospective anxiety and inhibitory anxiety directly on career adaptability, or indirectly through the mediation of the entrepreneurial mindset. This research was conducted on workers who experienced layoffs during the pandemic and turned into entrepreneurs in the DKI Jakarta area, the analysis used was the PLS-SEM analysis method which was processed using SmartPls, while the sampling method used was non-probability sampling with purposive sampling, the number of samples obtained is 160 respondents. The results of the study found that prospective anxiety and inhibitory anxiety had a negative effect on career adaptability, prospective anxiety did not have a significant effect on the entrepreneurial mindset, inhibitory anxiety negatively affected the entrepreneurial mindset, the entrepreneurial mindset had a positive effect on career adaptability, prospective anxiety did not. significant effect on career adaptability through the mediation of the entrepreneurial mindset, while inhibitory anxiety has a significant effect on career adaptability through the mediation of the entrepreneurial mindset.

Keywords: *Prospective anxiety, inhibitory anxiety, entrepreneurial mindset, and career adaptability.*

**References: 45 (1982-2021)**