

TABLE OF CONTENTS

	page
COVER	
FINAL ASSIGNMENT STATEMENT AND UPLOAD AGREEMENT	
APPROVAL BY THESIS SUPERVISOR	
APPROVAL BY THESIS EXAMINATION COMMITTEE	
ABSTRACT.....	v
ACKNOWLEDGEMENT.....	vi
TABLE OF CONTENTS.....	ix
LIST OF FIGURES.....	xi
LIST OF TABLES.....	xii
LIST OF APPENDICES.....	xiii
CHAPTER I INTRODUCTION.....	1
1.1 Background.....	1
1.2 Research Problem.....	2
1.3 Objectives.....	3
1.3.1 General Objective.....	3
1.3.2 Specific Objectives.....	3
CHAPTER II LITERATURE REVIEW.....	4
2.1 Egg White.....	4
2.2 Aquafaba.....	5
2.3 Chickpea.....	7
2.4 Red Kidney Bean.....	10
2.5 Pigeon Pea.....	12
2.6 Foam.....	13
CHAPTER III RESEARCH METHODOLOGY.....	15
3.1 Materials and Equipment.....	15
3.2 Research Method.....	16
3.2.1 Preliminary Research.....	16
3.2.2 Main Research.....	17
3.3 Experimental Design.....	18
3.4 Analysis Procedure.....	20
3.4.1 Moisture Content and Total Soluble Solids (O’Sullivan, 2011 with modification).....	20
3.4.2 Yield (Alsaman, 2020 with modification).....	21
3.4.3 Viscosity (Abbas <i>et al.</i> , 2010 with modification).....	21
3.4.4 pH (Ben-Chiomia <i>et al.</i> , 2015 with modification).....	22
3.4.5 Protein Content (O’Sullivan, 2011 with modification).....	22
3.4.6 Carbohydrate Content (Zuriaga-Agusti <i>et al.</i> , 2013; Ohemeng-Ntiamoah and Datta, 2017 with modification).....	23
3.4.7 Tannin Content (Alsaman, 2020; Hardoko <i>et al.</i> , 2015 with modification).....	24

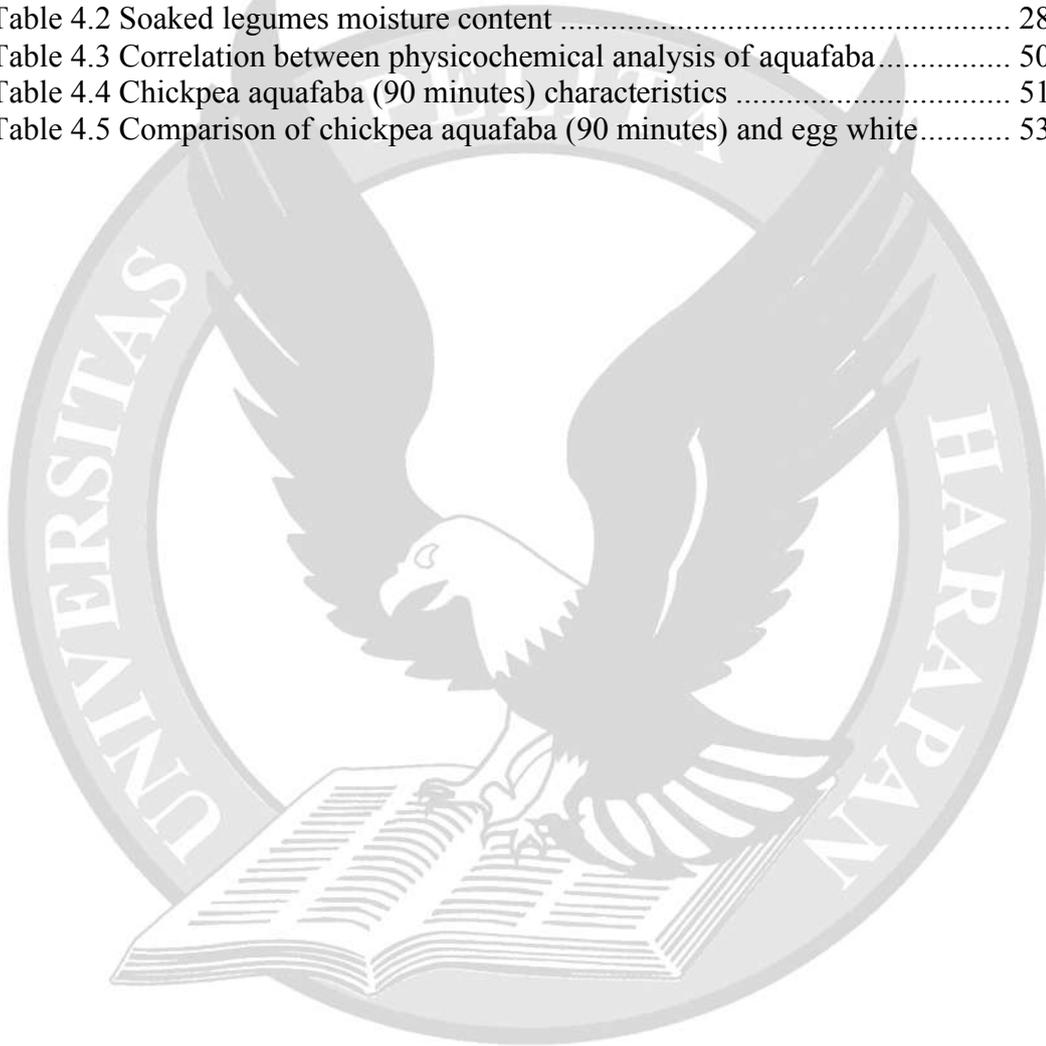
3.4.8 Foaming Capacity (Alsalman, 2020 with modification)	24
3.4.9 Foam Stability (Lafarga <i>et al.</i> , 2019 with modification)	25
CHAPTER IV RESULTS AND DISCUSSIONS.....	26
4.1 Preliminary Research.....	26
4.1.1 Legumes Moisture Content	26
4.2 Main Research.....	28
4.2.1 Effect of Types of Legumes and Boiling Time on the Yield of Aquafaba	29
4.2.2 Effect of Types of Legumes and Boiling Time on the pH of Aquafaba	30
4.2.3 Effect of Types of Legumes and Boiling Time on the Viscosity of Aquafaba.....	32
4.2.4 Effect of Types of Legumes and Boiling Time on the Total Soluble Solids of Aquafaba.....	34
4.2.5 Effect of Types of Legumes and Boiling Time on the Protein Content of Aquafaba.....	36
4.2.6 Effect of Types of Legumes and Boiling Time on the Carbohydrate Content of Aquafaba.....	38
4.2.7 Effect of Types of Legumes and Boiling Time on the Tannin Content of Aquafaba.....	40
4.2.8 Effect of Types of Legumes and Boiling Time on the Foaming Capacity of Aquafaba.....	42
4.2.9 Effect of Types of Legumes and Boiling Time on the Foam Stability of Aquafaba	45
4.3 Relation Between the Composition of Aquafaba and Foaming	47
4.4 Selection of the Best Type of Legume and Boiling Time for the Production of Aquafaba	50
4.5 Comparison Between the Best Aquafaba and Egg White	51
CHAPTER V CONCLUSIONS AND SUGGESTIONS	54
5.1 Conclusions	54
5.2 Suggestions	55
BIBLIOGRAPHY	
APPENDICES	

LIST OF FIGURES

	Page
Figure 2.1 Kabuli chickpea.....	9
Figure 2.2 Red kidney bean.....	11
Figure 2.3 Pigeon pea.....	13
Figure 3.1 Flowchart of dried legumes preparation.....	17
Figure 3.2 Flowchart of aquafaba production.....	18
Figure 4.1 Effect of types of legume and boiling time interaction on the yield of aquafaba.....	29
Figure 4.2 Effect of types of legumes and boiling time interaction on the pH of aquafaba.....	31
Figure 4.3 Effect of types of legume and boiling time interaction on the viscosity of aquafaba.....	33
Figure 4.4 Effect of types of legume and boiling time interaction on the total soluble solids of aquafaba.....	35
Figure 4.5 Effect of types of legume and boiling time interaction on the protein content of aquafaba.....	37
Figure 4.6 Effect of types of legume and boiling time interaction on the carbohydrate content of aquafaba.....	39
Figure 4.7 Effect of types of legume and boiling time interaction on the tannin content of aquafaba.....	41
Figure 4.8 Effect of types of legume and boiling time interaction on the foaming capacity of aquafaba.....	43
Figure 4.9 Effect of types of legume on the foam stability of aquafaba.....	46
Figure 4.10 Effect of boiling time on the foam stability of aquafaba.....	47

LIST OF TABLES

	page
Table 2.1 Composition of aquafaba from chickpea	5
Table 2.2 Composition of raw kabuli chickpea	8
Table 2.3 Composition of red kidney bean.....	10
Table 2.4 Composition of pigeon pea.....	12
Table 3.1 Experimental design of main research	19
Table 4.1 Dried legumes moisture content	27
Table 4.2 Soaked legumes moisture content	28
Table 4.3 Correlation between physicochemical analysis of aquafaba.....	50
Table 4.4 Chickpea aquafaba (90 minutes) characteristics	51
Table 4.5 Comparison of chickpea aquafaba (90 minutes) and egg white.....	53



LIST OF APPENDICES

	page
Appendix A. Moisture Content Data of Chickpea, Red Kidney Bean, and Pigeon Pea	A-1
Appendix B. Yield Data of Chickpea, Red Kidney Bean, and Pigeon Pea Aquafaba	B-1
Appendix C. Total Soluble Solids Data of Chickpea, Red Kidney Bean, and Pigeon Pea Aquafaba.....	C-1
Appendix D. Viscosity Data of Chickpea, Red Kidney Bean, and Pigeon Pea Aquafaba	D-1
Appendix E. PH Data of Chickpea, Red Kidney Bean, and Pigeon Pea Aquafaba...	E-1
Appendix F. Protein Content Data of Chickpea, Red Kidney Bean, and Pigeon Pea Aquafaba	F-1
Appendix G. Carbohydrate Content Data of Chickpea, Red Kidney Bean, and Pigeon Pea Aquafaba.....	G-1
Appendix H. Tannin Content Data of Chickpea, Red Kidney Bean, and Pigeon Pea Aquafaba	H-1
Appendix I. Foaming Capacity Data of Chickpea, Red Kidney Bean, and Pigeon Pea Aquafaba	I-1
Appendix J. Foam Stability Data of Chickpea, Red Kidney Bean, and Pigeon Pea Aquafaba	J-1
Appendix K. Correlations Between Total Soluble Solids, Protein, Carbohydrates, and	

Tannin content with Viscosity, Foaming Capacity , and Foaming Stability K-1

Appendix L.

Documentation of Aquafaba Production.....L-1

