

BAB VII

DAFTAR PUSTAKA

1. WHO Timeline. WHO Timeline - COVID-19 [Internet]. WHO. 2020 [cited 2022 Jun 3]. Available from: <https://www.who.int/news/item/27-04-2020-who-timeline---covid-19>
2. WHO. Coronavirus disease (COVID-19) [Internet]. WHO. 2022 [cited 2022 Jun 3]. Available from: <https://www.who.int/health-topics/coronavirus/coronavirus>
3. WHO. Naming the coronavirus disease (COVID-19) and the virus that causes it [Internet]. WHO. 2019 [cited 2022 Jun 3]. Available from: [https://www.who.int/emergencies/diseases/novel-coronavirus-2019/technical-guidance/naming-the-coronavirus-disease-\(covid-2019\)-and-the-virus-that-causes-it](https://www.who.int/emergencies/diseases/novel-coronavirus-2019/technical-guidance/naming-the-coronavirus-disease-(covid-2019)-and-the-virus-that-causes-it)
4. Cucinotta D, Vanelli M. WHO Declares COVID-19 a Pandemic [Internet]. Acta Biomed. 2020 [cited 2022 Jun 3]. Available from: <https://pubmed.ncbi.nlm.nih.gov/32191675/>
5. Yurianto A. Empat Strategi Pemerintah Atasi COVID-19 [Internet]. covid19.go.id. 2020 [cited 2022 Jun 3]. Available from: <https://covid19.go.id/p/berita/empat-strategi-pemerintah-atasi-covid-19>
6. drg. Widyawati M. Cara Cegah Penularan Covid-19 di Masyarakat [Internet]. Kementerian Kesehatan. 2020 [cited 2022 Jun 3]. Available from: <https://sehatnegeriku.kemkes.go.id/baca/rilis-media/20200331/5133667/cara-cegah-penularan-covid-19-masyarakat/>
7. WHO. Pertanyaan dan jawaban: Bagaimana COVID-19 ditularkan? [Internet]. WHO. 2019 [cited 2022 Jun 8]. Available from: <https://www.who.int/indonesia/news/novel-coronavirus/qa/qa-how-is-covid-19-transmitted>
8. KemDikBud. Pembelajaran Jarak Jauh (PJJ) Bisa Jadi Model Pendidikan Masa Depan [Internet]. KemDikBud. 2020 [cited 2022 Jun 8]. Available

from: <http://ditpsd.kemdikbud.go.id/artikel/detail/pembelajaran-jarak-jauh-pjj-bisa-jadi-model-pendidikan-masa-depan>

9. Suzanne Lischer, Netkey Safi, Cheryl Dickson. Remote learning and students' mental health during the Covid-19 pandemic: A mixed-method enquiry. National Library of Medicine [Internet]. 2021 Jan 5 [cited 2022 Jun 8]; Available from: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7784617/>
10. Lorcan O'Byrne, Blánaid Gavin, Dimitrios Adamis, You Xin Lim, Fiona McNicholas. Levels of stress in medical students due to COVID-19. J Med Ethics [Internet]. 2020 Mar 11 [cited 2022 Jun 3];47(6). Available from: <https://jme.bmj.com/content/47/6/383>
11. Putu Nandika Tungga Yudanti Mahardani, Sri Darmayani, Dyah Kanya Wati, Maria Elisabeth Sylvinna Wasi Elannor, Ketut Wulan Ari Kartika Ardhaputri, Andreliano Yosua Rompis. THE EFFECT OF STRESS DURING ONLINE LEARNING ON MEDICAL STUDENT'S LEARNING ACHIEVEMENT IN COVID-19 PANDEMIC [Internet]. The Indonesian Journal of Medical Education. 2021 [cited 2022 Jun 3]. Available from: <https://jurnal.ugm.ac.id/jpki/article/view/60615>
12. Han KS, Kim L, Shim I. Stress and Sleep Disorder. Exp Neurobiol [Internet]. 2012 Dec 30 [cited 2022 Jun 20];21(4):141–50. Available from: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3538178/>
13. Mark R Zielinski, James T McKenna, Robert W McCarley. Functions and Mechanisms of Sleep [Internet]. National Library of Medicine. 2016 [cited 2022 Jun 3]. Available from: <https://pubmed.ncbi.nlm.nih.gov/28413828/>
14. Joshua E. Brinkman, Vamsi Reddy, Sandeep Sharma. Physiology of Sleep [Internet]. National Library of Medicine. 2021 [cited 2022 Jun 3]. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK482512/>
15. Chi Zhang, Hao Zhang, MingHao Zhang, Zongquan Li, Chad E. Cook, Daniel J. Buysse, et al. Reliability, Validity, and Factor Structure of Pittsburgh Sleep Quality Index in Community-Based Centenarians.

- National Library of Medicine [Internet]. 2020 Aug 31 [cited 2022 Jun 8]; Available from: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7488982/>
16. Gupta R, Grover S, Basu A, Krishnan V, Tripathi A, Subramanyam A, et al. Changes in sleep pattern and sleep quality during COVID-19 lockdown. *Indian J Psychiatry* [Internet]. 2020 Jul 1 [cited 2022 Jun 8];62(4):370–8. Available from: https://journals.lww.com/indianjpsychiatry/Fulltext/2020/62040/Changes_in_sleep_pattern_and_sleep_quality_during.5.aspx
 17. Guglielmo Beccuti, Silvana Pannain. Sleep and obesity [Internet]. National Library of Medicine. 2013 [cited 2022 Jun 3]. Available from: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3632337/>
 18. John E. Hall, Arthur C. Guyton. Guyton and hall physiology book. 12th ed. Rebecca Gruliow, Laura Stingelin, editors. Vol. 11. Philadelphia: Saunders; 2006.
 19. Audah UIN Syarif Hidayatullah Jakarta N. Uji validitas konstruk pada instrumen the binge eating scale dengan metode confirmatory factor analysis (CFA). 2018;7(2):71–7.
 20. J.M. Kilkus, J.N. Booth, L.E. Bromley, A.P. Darukhanavala, J.G. Imperial, P.D. Penev. Sleep and eating behavior in adults at risk for type 2 diabetes [Internet]. National Library of Medicine. 2012 [cited 2022 Jun 3]. Available from: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3245813/>
 21. Sominsky L, Spencer SJ. Eating behavior and stress: A pathway to obesity. Vol. 5, *Frontiers in Psychology*. Frontiers Research Foundation; 2014.
 22. Swartz EM, Browning KN, Travagli RA, Holmes GM. Ghrelin increases vagally mediated gastric activity by central sites of action. *Neurogastroenterology and Motility*. 2014 Feb;26(2):272–82.
 23. Harry Freitag Luglio Muhammad, Satwika Arya Pratama, Dian Caturini Sulistyoningrum, Maya Nurfitriani Hartono, Emy Huriyati, Yi Yi Lee, et al. The impact of sleep quality and duration on leptin, appetite, and obesity indices in adults [Internet]. *Medical Journal of Indonesia*. 2020 [cited 2022

- Jun 3]. Available from:
<https://mji.ui.ac.id/journal/index.php/mji/article/view/3707/2034>
24. Parisa Vidafar, Sean W. Cain, Ari Shechter. Relationship between Sleep and Hedonic Appetite in Shift Workers [Internet]. National Library of Medicine. 2020 [cited 2022 Jun 3]. Available from:
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7551988/>
 25. Hirotsu C, Tufik S, Andersen ML. Interactions between sleep, stress, and metabolism: From physiological to pathological conditions [Internet]. Vol.8, Sleep Science. FLASS; 2015 [cited 2022 Jun 20]. p. 143–52. Available from:
<https://sleepscience.org.br/details/236>
 26. Sun J, Dunne MP, Hou X yu, Xu A qiang. Educational stress scale for adolescents: Development, validity, and reliability with Chinese students. *J Psychoeduc Assess*. 2011 Dec;29(6):534–46.
 27. Brianna Chu, Komal Marwaha, Terrence Sanvictores, Derek Ayers. Physiology, Stress Reaction. National Library of Medicine [Internet]. 2021 Sep 21 [cited 2022 Jun 30]; Available from:
<https://www.ncbi.nlm.nih.gov/books/NBK541120/>
 28. Guyton AC, Hall JE. *Buku Ajar Fisiologi Kedokteran (Textbook of Medical Physiology)*. 11th ed. Luqman Y.R, editor. 2007.
 29. Colten H.R., Altevogt B.M. Sleep Disorders and Sleep Deprivation: An Unmet Public Health Problem [Internet]. Colten H.R., editor. 2006 [cited 2022 Jun 28]. Available from:
<https://www.ncbi.nlm.nih.gov/books/NBK19956/>
 30. Juan J Madrid-Valero, José M Martínez-Selva, Juan R Ordoñana. Sleep quality and body mass index: a co-twin study. National Library of Medicine [Internet]. 2017 Aug 26 [cited 2022 Jun 28]; Available from:
<https://pubmed.ncbi.nlm.nih.gov/28101894/>
 31. Yilmaz D, Tanrikulu F, Dikmen Y. Research on Sleep Quality and the Factors Affecting the Sleep Quality of the Nursing Students. *Curr HealthSci J* [Internet]. 43(1):20–4. Available from:
<http://www.ncbi.nlm.nih.gov/pubmed/30595850>

32. Dyas J v., Apekey TA, Tilling M, Ørner R, Middleton H, Siriwardena AN. Patients' and clinicians' experiences of consultations in primary care for sleep problems and insomnia: A focus group study. *British Journal of General Practice*. 2010 May;60(574).
33. Ikbal Zendi Alim, Sylvia Detri Elvira. Uji validitas dan reliabilitas instrumen pittsburgh sleep quality index versi Bahasa Indonesia = Test validity and reliability of the instrument pittsburgh sleep quality index Indonesia language version. 2015 [cited 2022 Jun 28]; Available from: <https://lib.ui.ac.id/detail?id=20404062&lokasi=lokal>
34. Hariyani Sulistyoningsih. *Gizi untuk kesehatan ibu dan anak*. Yogyakarta; 2011.
35. DIAGNOSTIC AND STATISTICAL MANUAL OF DSM-5™.
36. Kesehatan Masyarakat F, Kusbiantari D, Fitriana E, Rusyda Hinduan Z, Srisayekti W. M K M I Media Kesehatan Masyarakat Indonesia Binge Eating Hubungannya dengan Gaya Makan, BMI dan Food Addiction Title: Binge eating in Relationship With Eating Style, BMI and Food addiction. Available from: <https://ejournal.undip.ac.id/index.php/mkmi>
37. Siti Rahmawati. DAMPAK PSIKOLOGIS PENGATURAN MAKAN BAGI KESEHATAN [Internet]. 2020 [cited 2022 Jun 30]. Available from: <https://eprints.uai.ac.id/1429/1/ILS0040-20.pdf>
38. Usfa Imami Y, Penelitian A, Novasyra A, Utami N, Alamsyah Lubis I, Artikel B S T R A K HA. STRESS LEVELS OF STUDENTS FACULTY MEDICINE ISLAMIC UNIVERSITY NORTH SUMATRA BATCH 2021 DURING COVID-19 PANDEMIC. Available from: <https://jurnal.fk.uisu.ac.id/index.php/stm>
39. Bangun RF. Gambaran Kualitas Tidur pada Mahasiswa Tahap Akademik Tingkat Awal di Fakultas Kedokteran Universitas Sumatera Utara. *Repositori Institusi Universitas Sumatera Utara* [Internet]. 2021 [cited 2022 Aug 9]; Available from: <https://repositori.usu.ac.id/handle/123456789/31129>

40. Nofi Reski Yani Simatupang, Ira Cinta Lestari, Mery Susanti, Sofiani Sari. HUBUNGAN KECEMASAN DENGAN KUALITAS TIDUR MAHASISWA FK UISU PADA MASA PANDEMI COVID-19. *Jurnal Kedokteran STM* [Internet]. 2022 Jul [cited 2022 Oct 30];5. Available from: <https://jurnal.fk.uisu.ac.id/index.php/stm/article/view/262>
41. Luh P, Savitri MD, Primatanti PA, Pratiwi AE. Hubungan Tingkat Stres dengan Emotional Eating saat Pandemi COVID-19 pada Mahasiswa Fakultas Kedokteran dan Ilmu Kesehatan Universitas Warmadewa. *Aesculapius Medical Journal* |. 2(1).
42. Festy Ladyani Mustofa, Ismalia Husna, Dessy Hermawan, Siti Sarah Langki. GAMBARAN ANGKA KENAIKAN BERAT BADAN SAAT MASA PANDEMI COVID-19 PADA MAHASISWA ANGKATAN 2017 FAKULTAS KEDOKTERAN UNIVERSITAS MALAHAYATI. 2021 Mar;
43. Trace SE, Thornton LM, Runfola CD, Lichtenstein P, Pedersen NL, Bulik CM. Sleep problems are associated with binge eating in women. *International Journal of Eating Disorders*. 2012 Jul;45(5):695–703.
44. Yoldas Ilktac H, Savci C, Cil Akinci A. Nutritional behavior during the COVID-19 pandemic: the association of fear and sleep quality with emotional eating. *Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity*. 2022 May 21;