

DAFTAR PUSTAKA

1. classical-music noun - Definition, pictures, pronunciation and usage notes | Oxford Advanced Learner's Dictionary at OxfordLearnersDictionaries.com [Internet]. [cited 2022 Dec 20]. Available from: <https://www.oxfordlearnersdictionaries.com/definition/english/classical-music>
2. What is memory? [Internet]. [cited 2022 Dec 20]. Available from: <https://www.fil.ion.ucl.ac.uk/memo/memory.html>
3. The effects of classical music on the brain | Symphony Central Coast [Internet]. [cited 2022 Nov 15]. Available from: <https://www.symphonycentralcoast.com.au/classical-music-effects-on-brain/>
4. (PDF) A Study on the Effect of Music on Short Term Memory with the Use of Digit Span Task Among Students [Internet]. [cited 2022 Dec 20]. Available from: https://www.researchgate.net/publication/340685253_A_Study_on_the_Effect_of_Music_on_Short_Term_Memory_with_the_Use_of_Digit_Span_Task_Among_Students
5. Digit Span Cognitive Task | Creyos (formerly Cambridge Brain Sciences) [Internet]. [cited 2022 Dec 20]. Available from: <https://creyos.com/features/tasks/digit-span>
6. Choi HJ, Lee DY, Seo EH, Jo MK, Sohn BK, Choe YM, et al. A normative study of the digit span in an educationally diverse elderly population. Psychiatry Investig [Internet]. 2014 Jan [cited 2022 Dec 20];11(1):39–43. Available from: <https://pubmed.ncbi.nlm.nih.gov/24605122/>
7. Physiology of Learning and Memory - Lecturio [Internet]. [cited 2022 Dec 20]. Available from: <https://app.lecturio.com/#/article/642>
8. Limbic System Anatomy & Function - Notes - NinjaNerd Medicine [Internet]. [cited 2022 Dec 20]. Available from: <https://www.ninjanerd.org/notes/limbic-system-anatomy-function>
9. Phonological Loop | Model, Function & Examples - Video & Lesson Transcript | Study.com [Internet]. [cited 2022 Dec 20]. Available from: <https://study.com/academy/lesson/phonological-loop-definition-lesson.html>
10. Intelligence Definition & Meaning - Merriam-Webster [Internet]. [cited 2022 Dec 20]. Available from: <https://www.merriam-webster.com/dictionary/intelligence>
11. Cohen RL, Sandberg T. Relation between intelligence and short-term memory. Cogn Psychol. 1977 Oct 1;9(4):534–54.
12. Jones G, Macken B. Long-term associative learning predicts verbal short-term memory performance. Mem Cognit [Internet]. 2018 Feb 1 [cited 2022

- Dec 20];46(2):216–29. Available from: <https://link.springer.com/article/10.3758/s13421-017-0759-3>
13. Wolf OT, Atsak P, de Quervain DJ, Roozendaal B, Wingenfeld K. Stress and Memory: A Selective Review on Recent Developments in the Understanding of Stress Hormone Effects on Memory and Their Clinical Relevance. *J Neuroendocrinol* [Internet]. 2016 Aug 1 [cited 2022 Dec 20];28(8). Available from: <https://pubmed.ncbi.nlm.nih.gov/26708929/>
 14. Shields GS, Sazma MA, McCullough AM, Yonelinas AP. The Effects of Acute Stress on Episodic Memory: A Meta-Analysis and Integrative Review. *Psychol Bull* [Internet]. 2017 Jun 1 [cited 2022 Dec 20];143(6):636. Available from: [/pmc/articles/PMC5436944/](https://pmc/articles/PMC5436944/)
 15. Perceived Stress Scale. (2024). *NH Departement of Administrative Services*, 1–2.
<https://www.das.nh.gov/wellness/docs/percieved%20stress%20scale.pdf>
 16. Perceived Stress Scale (PSS-10) [Internet]. [cited 2022 Dec 24]. Available from: <https://www.corc.uk.net/outcome-experience-measures/perceived-stress-scale-pss-10/>
 17. Digit Span Test - Conduct Science [Internet]. [cited 2022 Dec 20]. Available from: <https://conductscience.com/digital-health/digit-span-test/>
 18. What is the Digit Span test? | Cambridge Brain Sciences Resource Center [Internet]. [cited 2022 Dec 20]. Available from: <http://help.cambridgebrainsciences.com/en/articles/624895-what-is-the-digit-span-test>
 19. Owen AM, Lee ACH, Williams EJ. Dissociating aspects of verbal working memory within the human frontal lobe: Further evidence for a “process-specific” model of lateral frontal organization. *Psychobiology*. 2000 Jun;28(2):146–55.
 20. Mental Status and Neurologic Examination | Hazzard’s Geriatric Medicine and Gerontology, 7e | AccessMedicine | McGraw Hill Medical [Internet]. [cited 2022 Dec 20]. Available from: <https://accessmedicine.mhmedical.com/content.aspx?bookid=1923§ionid=144517915>
 21. Kanduri C, Raijas P, Ahvenainen M, Philips AK, Ukkola-Vuoti L, Lähdesmäki H, et al. The effect of listening to music on human transcriptome. *PeerJ* [Internet]. 2015 [cited 2022 Dec 20];2015(3). Available from: [/pmc/articles/PMC4362302/](https://pmc/articles/PMC4362302/)
 22. The effects of classical music on the brain | Symphony Central Coast [Internet]. [cited 2022 Dec 20]. Available from: <https://www.symphonycentralcoast.com.au/classical-music-effects-on-brain/>