

DAFTAR PUSTAKA

1. Van Dam RM, Hu FB, Willett WC. Coffee, Caffeine, and Health. *New England Journal of Medicine*. 2020 Jul 23;383(4):369–78.
2. Indonesia Jadi Produsen Kopi Terbesar Ketiga di Dunia pada 2022/2023. Available from: <https://databoks.katadata.co.id/datapublish/2023/07/06/indonesia-jadi-produsen-kopi-terbesar-ketiga-di-dunia-pada-20222023>
3. Mahoney CR, Giles GE, Marriott BP, Judelson DA, Glickman EL, Geiselman PJ, et al. Intake of caffeine from all sources and reasons for use by college students. *Clinical Nutrition*. 2019 Apr;38(2):668–75.
4. Kharaba Z, Sammani N, Ashour S, Ghemrawi R, Al Meslamani AZ, Al-Azayzih A, et al. Caffeine Consumption among Various University Students in the UAE, Exploring the Frequencies, Different Sources and Reporting Adverse Effects and Withdrawal Symptoms. *J Nutr Metab*. 2022 May 18;2022:1–7.
5. Willson C. The clinical toxicology of caffeine: A review and case study. Vol. 5, *Toxicology Reports*. Elsevier Inc.; 2018. p. 1140–52.
6. Shi Y, Qu S. The effect of cognitive ability on academic achievement: The mediating role of self-discipline and the moderating role of planning. *Front Psychol*. 2022 Oct 6;13.
7. Diagnostic and statistical manual of mental disorders : DSM-5™. 5th edition. Washington, DC ; American Psychiatric Publishing, a division of American Psychiatric Association; 2013.
8. Yuan Y, Li G, Ren H, Chen W. Caffeine Effect on Cognitive Function during a Stroop Task: fNIRS Study. *Neural Plast*. 2020 Nov 21;2020:1–8.
9. Dong X, Li S, Sun J, Li Y, Zhang D. Association of Coffee, Decaffeinated Coffee and Caffeine Intake from Coffee with Cognitive Performance in Older Adults: National Health and Nutrition Examination Survey (NHANES) 2011–2014. *Nutrients*. 2020 Mar 20;12(3):840.
10. Araújo L, Giatti L, Reis R, Goulart A, Schmidt M, Duncan B, et al. Inconsistency of Association between Coffee Consumption and Cognitive Function in Adults and Elderly in a Cross-Sectional Study (ELSA-Brasil). *Nutrients*. 2015 Nov 19;7(11):9590–601.
11. Thomas CJ, Rothschild J, Earnest CP, Blaisdell A. The Effects of Energy Drink Consumption on Cognitive and Physical Performance in Elite League of Legends Players. *Sports*. 2019 Aug 22;7(9):196.

12. Wei M, Shi J, Li T, Ni J, Zhang X, Li Y, et al. Diagnostic Accuracy of the Chinese Version of the Trail-Making Test for Screening Cognitive Impairment. *J Am Geriatr Soc*. 2018 Jan;66(1):92–9.
13. Evans J, Richards JR, Battisti AS. Caffeine. Florida: StatPearls Publishing LLC; 2023.
14. Faudone G, Arifi S, Merk D. The Medicinal Chemistry of Caffeine. Vol. 64, *Journal of Medicinal Chemistry*. American Chemical Society; 2021. p. 7156–78.
15. Caffeine (CHEBI:27732). Available from: <https://www.ebi.ac.uk/chebi/searchId.do?chebiId=CHEBI:27732>
16. Fabiani C, Murray AP, Corradi J, Antollini SS. A novel pharmacological activity of caffeine in the cholinergic system. *Neuropharmacology*. 2018 Jun;135:464–73.
17. Nehlig A. Interindividual differences in caffeine metabolism and factors driving caffeine consumption. *Pharmacol Rev*. 2018 Apr 1;70(2):384–411.
18. Fendt R, Hofmann U, Schneider ARP, Schaeffeler E, Burghaus R, Yilmaz A, et al. Data-driven personalization of a physiologically based pharmacokinetic model for caffeine: A systematic assessment. *CPT Pharmacometrics Syst Pharmacol*. 2021 Jul 26;10(7):782–93.
19. Grzegorzewski J, Bartsch F, Köller A, König M. Pharmacokinetics of Caffeine: A Systematic Analysis of Reported Data for Application in Metabolic Phenotyping and Liver Function Testing. *Front Pharmacol*. 2022 Feb 25;12.
20. Faudone G, Arifi S, Merk D. The Medicinal Chemistry of Caffeine. Vol. 64, *Journal of Medicinal Chemistry*. American Chemical Society; 2021. p. 7156–78.
21. DePaula J, Farah A. Caffeine Consumption through Coffee: Content in the Beverage, Metabolism, Health Benefits and Risks. *Beverages*. 2019 Jun 1;5(2):37.
22. Guest NS, VanDusseldorp TA, Nelson MT, Grgic J, Schoenfeld BJ, Jenkins NDM, et al. International society of sports nutrition position stand: caffeine and exercise performance. *J Int Soc Sports Nutr*. 2021 Jan 2;18(1).
23. Fiani B, Zhu L, Musch BL, Briceno S, Andel R, Sadeq N, et al. The Neurophysiology of Caffeine as a Central Nervous System Stimulant and the Resultant Effects on Cognitive Function. *Cureus*. 2021 May 14;
24. Voskoboinik A, Koh Y, Kistler PM. Cardiovascular effects of caffeinated beverages. *Trends Cardiovasc Med*. 2019 Aug;29(6):345–50.

25. Rodak K, Kokot I, Kratz EM. Caffeine as a Factor Influencing the Functioning of the Human Body—Friend or Foe? *Nutrients*. 2021 Sep 2;13(9):3088.
26. Qian J, Chen Q, Ward SM, Duan E, Zhang Y. Impacts of Caffeine during Pregnancy. *Trends in Endocrinology & Metabolism*. 2020 Mar;31(3):218–27.
27. Zhang J. Cognitive Functions of the Brain: Perception, Attention and Memory. 2019 May 30;
28. Harvey PD. Domains of cognition and their assessment. *Dialogues Clin Neurosci*. 2019 Sep 30;21(3):227–37.
29. Zhang J. Cognitive Functions of the Brain: Perception, Attention and Memory. 2019 May 30;
30. Gavin CF, Theibert AB. Learning & Memory. In: Amthor FR, Theibert AB, Standaert DG, Roberson ED, editors. *Essentials of Modern Neuroscience*. New York, NY: McGraw Hill; 2020. Available from: accessmedicine.mhmedical.com/content.aspx?aid=1174243747
31. Anatürk M, Kaufmann T, Cole JH, Suri S, Griffanti L, Zsoldos E, et al. Prediction of brain age and cognitive age: Quantifying brain and cognitive maintenance in aging. *Hum Brain Mapp*. 2021 Apr 15;42(6):1626–40.
32. Zheng H, Cagney K, Choi Y. Predictors of cognitive functioning trajectories among older Americans: A new investigation covering 20 years of age- and non-age-related cognitive change. *PLoS One*. 2023 Feb 8;18(2):e0281139.
33. Nadar MSh, Hasan AM, Alsaleh M. The negative impact of chronic tobacco smoking on adult neuropsychological function: a cross-sectional study. *BMC Public Health*. 2021 Dec 30;21(1):1278.
34. Hendriks H, van de Rest O, Snippe A, Kieboom J, Hogenelst K. Alcohol Consumption, Drinking Patterns, and Cognitive Performance in Young Adults: A Cross-Sectional and Longitudinal Analysis. *Nutrients*. 2020 Jan 13;12(1):200.
35. You Y, Liu J, Wang D, Fu Y, Liu R, Ma X. Cognitive Performance in Short Sleep Young Adults with Different Physical Activity Levels: A Cross-Sectional fNIRS Study. *Brain Sci*. 2023 Jan 19;13(2):171.
36. Kim J, Cha E. Predictors of Cognitive Function in Community-Dwelling Older Adults by Age Group: Based on the 2017 National Survey of Older Korean Adults. *Int J Environ Res Public Health*. 2021 Sep 12;18(18):9600.
37. Do D, Schnittker J. Utilization of Medications With Cognitive Impairment Side Effects and the Implications for Older Adults' Cognitive Function. *J Aging Health*. 2020 Oct 6;32(9):1165–77.
38. Gonzalez Kelso I, Tadi P. Cognitive Assessment. 2023.

39. Nishiguchi S, Yamada M, Fukutani N, Adachi D, Tashiro Y, Hotta T, et al. Spot the Difference for Cognitive Decline: A quick memory and attention test for screening cognitive decline. *Journal of Clinical Gerontology and Geriatrics*. 2015 Mar;6(1):9–14.
40. Widhianingtanti LT, Luijtelaar G Van, Suryani AO, Hestyanti YR, Sulastri A. Indonesian Trail Making Test: Analysis of Psychometric Properties, Effects of Demographic Variables, and Norms for Javanese Adults. *Jurnal Psikologi*. 2022 Aug 26;49(2):104.
41. Jacobson KA, Gao Z, Matricon P, Eddy MT, Carlsson J. Adenosine A_{2A} receptor antagonists: from caffeine to selective non-xanthines. *Br J Pharmacol*. 2022 Jul 19;179(14):3496–511.
42. McLellan TM, Caldwell JA, Lieberman HR. A review of caffeine's effects on cognitive, physical and occupational performance. *Neurosci Biobehav Rev*. 2016 Dec;71:294–312.
43. Zhang B, Liu Y, Wang X, Deng Y, Zheng X. Cognition and Brain Activation in Response to Various Doses of Caffeine: A Near-Infrared Spectroscopy Study. *Front Psychol*. 2020 Jul 3;11:524494. Available from: www.frontiersin.org
44. Pomeroy DE, Tooley KL, Probert B, Wilson A, Kemps E. A Systematic Review of the Effect of Dietary Supplements on Cognitive Performance in Healthy Young Adults and Military Personnel. *Nutrients*. 2020 Feb 20;12(2):545.
45. Zhang H, Lee ZX, Qiu A. Caffeine intake and cognitive functions in children. *Psychopharmacology (Berl)*. 2020 Oct 29;237(10):3109–16.
46. Cadoni C, Peana AT. Energy drinks at adolescence: Awareness or unawareness? *Front Behav Neurosci*. 2023 Feb 20;17:1080963.
47. Burnstock G, Dale N. Purinergic signalling during development and ageing. *Purinergic Signal*. 2015 Sep 10;11(3):277–305. Available from: <https://link.springer.com/article/10.1007/s11302-015-9452-9>