

## DAFTAR PUSTAKA

1. Kadir Ahmad A, Purnama Putri Poltekkes Kemenkes Makassar H. The Effect Of Health Education On Knowledge And Attitude Of Prevention Of Diabetes Mellitus In Class X Students At SMK Negeri 10 Makassar. Vol. 10, Politeknik Kesehatan Makassar. 2019.
2. Lutfiawati N. Relationship Levels Of Diet Knowledge With Diabetes Melitus Risk Factors In Adolescents. *Nusantara Hasana Journal*. 2021;16.
3. Indonesia diabetes report 2000 — 2045 [Internet]. International Diabetes Federation. 2021 [cited 2023 Nov 4]. Available from: <https://diabetesatlas.org/data/en/country/94/id.html>
4. Hasil Utama RISKESDAS 2018. Kementrian Kesehatan RI. 2018. p. 66–70.
5. Indah N, Haskas Y, Restika I, Tinggi S, Kesehatan I, Hasanuddin N, et al. Hubungan Self Care Dengan Quality Of Life Pada Penderita Diabetes Melitus Tipe 2. *Jurnal Ilmiah Mahasiswa & Penelitian Keperawatan*. 2023;3:66–7.
6. Butt MD, Ong SC, Wahab MU, Rasool MF, Saleem F, Hashmi A, et al. Cost of Illness Analysis of Type 2 Diabetes Mellitus: The Findings from a Lower-Middle Income Country. *Int J Environ Res Public Health* [Internet]. 2022 Oct 1 [cited 2023 Nov 7];1–2. Available from: </pmc/articles/PMC9566593/>
7. Putu Dian Hermawati Sari Savitri, Made Ratna Saraswati, I Made Bagiada, Ketut Suega. Gambaran Risiko DM Tipe 2 pada Mahasiswa Program Studi Sarjana Kedokteran dan Profesi Dokter Angkatan 2018 di Fakultas Kedokteran Universitas Udayana. 2022 [cited 2023 Nov 11];97. Available from: <https://ojs.unud.ac.id/index.php/eum/article/view/80000/47162>
8. Maria Selviana Charina, Sidarta Sagita, Sangguana Marthen Jacobus Koamesah. Hubungan Pengetahuan Gizi dan Pola Konsumsi dengan Status Gizi pada Mahasiswa Fakultas Kedokteran Universitas Nusa Cendana. 2022 [cited 2023 Nov 11]; Available from: <https://ejurnal.undana.ac.id/index.php/CMJ/article/view/6829/3667>
9. Widiyoga RC, Saichudin S, Andiana O. Hubungan Tingkat Pengetahuan tentang Penyakit Diabetes Melitus pada Penderita terhadap Pengaturan Pola Makan dan Physical Activity. *Sport Science and Health* [Internet]. 2020 Feb 28 [cited 2023 Nov 11];2(2):152–61. Available from: <http://journal2.um.ac.id/index.php/jfik/article/view/11393>
10. Rukmi Octaviana D, Aditya Ramadhani R, Achmad Siddiq Jember UK, Sunan Kalijaga Yogyakarta U. HAKIKAT MANUSIA: Pengetahuan (Knowledge), Ilmu Pengetahuan (Sains), Filsafat Dan Agama. *Jurnal Tawadhu*. 2021;5(2).
11. Drs. Paulus Wahana MagH. Filsafat Ilmu Pengetahuan. 2016 [cited 2023 Nov 12]; Available from: <https://adoc.pub/filsafat-ilmu-pengetahuan-drs-paulus-wahana-maghum.html>

12. Soekidjo Notoatmodjo. Promosi kesehatan dan ilmu perilaku [Internet]. rineka cipta. 2017 [cited 2023 Nov 12]. Available from: <https://opac.perpusnas.go.id/DetailOpac.aspx?id=473964>
13. Diabetes [Internet]. World Health Organizer . [cited 2023 Nov 11]. Available from: [https://www.who.int/health-topics/diabetes#tab=tab\\_1](https://www.who.int/health-topics/diabetes#tab=tab_1)
14. Endokrinologi Indonesia. Pedoman Pengelolaan dan Pencegahan Diabetes Melitus Tipe 2 Dewasa di Indonesia. 2021.
15. Henson J, Anyiam O, Vishnubala D. Type 2 Diabetes. Exercise Management for Referred Medical Conditions [Internet]. 2023 Jun 23 [cited 2023 Nov 12];223–52. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK513253/>
16. Widiyari KR, Made I, Wijaya K, Suputra PA. Diabetes Melitus Tipe 2: Faktor Risiko Diagnosis, dan Tatalaksana. Vol. 1, Ganesha Medicina Journal. 2021.
17. IDF Diabetes Atlas 2022 Reports | IDF Diabetes Atlas [Internet]. International Diabetes Federation. 2022 [cited 2023 Nov 1]. Available from: <https://diabetesatlas.org/2022-reports/>
18. Khan MAB, Hashim MJ, King JK, Govender RD, Mustafa H, Kaabi J Al. Epidemiology of Type 2 Diabetes – Global Burden of Disease and Forecasted Trends. J Epidemiol Glob Health [Internet]. 2020 Mar 1 [cited 2023 Nov 12];10(1):107. Available from: </pmc/articles/PMC7310804/>
19. Christensen AA, Gannon M. The Beta Cell in Type 2 Diabetes. Curr Diab Rep [Internet]. 2019 Sep 1 [cited 2023 Nov 12];19(9). Available from: <https://pubmed.ncbi.nlm.nih.gov/31399863/>
20. Kathryn I. McCance, Sue. E Huether, Valentina L. brasher, Neal S. rote. McCance Pathophysiology . 6th ed. 2010.
21. Berumen J, Orozco L, Betancourt-Cravioto M, Gallardo H, Zulueta M, Mendizabal L, et al. Influence of obesity, parental history of diabetes, and genes in type 2 diabetes: A case-control study. Sci Rep. 2019 Dec 1;9(1).
22. Diaz-Santana M V., O'brien KM, Park YMM, Sandler DP, Weinberg CR. Persistence of Risk for Type 2 Diabetes After Gestational Diabetes Mellitus. Diabetes Care [Internet]. 2022 Apr 1 [cited 2023 Nov 30];45(4):864. Available from: </pmc/articles/PMC9016728/>
23. Yan Z, Cai M, Han X, Chen Q, Lu H. The Interaction Between Age and Risk Factors for Diabetes and Prediabetes: A Community-Based Cross-Sectional Study. Diabetes, Metabolic Syndrome and Obesity [Internet]. 2023 [cited 2023 Nov 30];16:85. Available from: </pmc/articles/PMC9843502/>
24. Zierle-Ghosh A, Jan A. Physiology, Body Mass Index. StatPearls [Internet]. 2023 Nov 5 [cited 2023 Nov 30]; Available from: <https://www.ncbi.nlm.nih.gov/books/NBK535456/>
25. Utami GT, Woferst R, Lubis SL. physical activities among family members with risk of type 2 diabetes mellitus in Pekanbaru. Enferm Clin [Internet]. 2019 Mar 1 [cited 2023 Nov 30];29:26–9. Available from: <https://www.elsevier.es/es-revista-enfermeria-clinica-35-articulo-an-overview-physical-activities-among-S1130862119300099>

26. Sami W, Ansari T, Butt NS, Hamid MRA. Effect of diet on type 2 diabetes mellitus: A review. *Int J Health Sci (Qassim)* [Internet]. 2017 [cited 2023 Nov 30];11(2):65. Available from: [/pmc/articles/PMC5426415/](#)
27. Peng J, Zhao F, Yang X, Pan X, Xin J, Wu M, et al. Association between dyslipidemia and risk of type 2 diabetes mellitus in middle-aged and older Chinese adults: a secondary analysis of a nationwide cohort. *BMJ Open* [Internet]. 2021 May 1 [cited 2023 Nov 30];11(5):e042821. Available from: <https://bmjopen.bmj.com/content/11/5/e042821>
28. Maddatu J, Anderson-Baucum E, Evans-Molina C. Smoking and the Risk of Type 2 Diabetes. *Transl Res* [Internet]. 2017 Jun 1 [cited 2023 Nov 30];184:101. Available from: [/pmc/articles/PMC5429867/](#)
29. Dina Sintia Pamela, Helsy Pahlemy SSi, Andrie Fitriansyah. *Pedoman Laayanan Kefarmasian pada Diabetes Melitus*. 2019;
30. chris tanto, frans liwang, sonia hanifati, eka adip pradipta. *Kapita Selekta IV essentials medicine* . 4th ed. Vol. 2. 2014.
31. Hariyani Sulistyoningsih. *Gizi untuk kesehatan ibu dan anak* [Internet]. Perpustakaan Nasional RI. 2011 [cited 2023 Nov 11]. Available from: <https://opac.perpusnas.go.id/DetailOpac.aspx?id=105556>
32. dr. Samuel Oetoro MS, Erwin Parengkuan., Jana Parengkuan. *Smart Eating - 1000 Jurus Makan Pintar dan Hidup Bugar*. 1st ed. Vol. 1. Gramedia Pustaka Utama; 2013.
33. Namira shyfa, Karina S. Perbedaan Pengetahuan dan Perilaku Makan Sebelum dan Sesudah Diberikan Penyuluhan Isi Piringku Pada Remaja di Lembaga Pembinaan Khusus Anak Kelas 1 Tangerang [Internet]. *Temuan Ilmu Nasional (TIN)*. 2022 [cited 2023 Nov 25]. Available from: <https://tin.persagi.org/index.php/tin/article/view/88/79>
34. Marbun R. *Kesehatanku Berasal dari “Isi Pringku.”* 2021 [cited 2023 Nov 25]; Available from: [https://fikes.upnvj.ac.id/uploads/files/2020/Mei%202020/Rosmida\\_Isi\\_Piringku.pdf](https://fikes.upnvj.ac.id/uploads/files/2020/Mei%202020/Rosmida_Isi_Piringku.pdf)
35. Alifia Rezkiyanti F. *Kebutuhan Energi Zat Gizi Dalam Tubuh*. 2020;
36. Anis Ramonda D, Galih Yudanari Y, Choiriyah Z, Studi Keperawatan P, Keperawatan Universitas Ngudi Waluyo Ungaran F. Hubungan Antara Body Image dan Jenis Kelamin Terhadap Pola Makan Pada Remaja. *Jurnal Ilmu Keperawatan Jiwa*. 2019;
37. Rismayanti T, Oktapiani S. *Pengaruh Uang Saku dan Gaya Hidup Terhadap Perilaku Konsumtif Mahasiswa Fakultas Ekonomi dan Bisnis Universitas Teknologi Sumbawa*. 2020; Available from: [www.wartaekonomi.co.id](http://www.wartaekonomi.co.id),
38. Heiman A, Gordon B, Zilberman D. Food beliefs and food supply chains: The impact of religion and religiosity. *Food Policy*. 2019 Feb 1;83:363–9.
39. Umah CI. *Hubungan Tingkat Pengetahuan dengan Self-Management Pada Pasien Diabetes Mellitus di Poliklinik RSI Sultan Agung Semarang*. 2019;
40. Arifin NA. *Hubungan Status Gizi dan Junk Food dengan Menarche Dini Pada Remaja Awal*. 2019;

41. Kinivaldy AL, Wiryanthini IAD, Sutadarma IWG, Surudarma IW. Tingkat Pengetahuan, Sikap, dan Perilaku Mahasiswa PSSK FK Unud Angkatan 2021 Terhadap Pola Makan Sebagai Faktor Risiko Diabetes Melitus Tipe 2. *Intisari Sains Medis*. 2023 Mar 30;14(1):249–53.
42. Husna W. Hubungan Tingkat Pengetahuan Terhadap Perilaku Konsumsi Makanan Pada Pasien Diabetes Melitus Tipe 2 di Puskesmas Lendah 2 Kulon Progo. 2022 [cited 2024 May 10]; Available from: [http://digilib.unisayogya.ac.id/6499/1/NaskahPublikasi\\_WidyaAnisaM\\_1810201131%20-%20Widya%20Anisa%20Miftahusna.pdf](http://digilib.unisayogya.ac.id/6499/1/NaskahPublikasi_WidyaAnisaM_1810201131%20-%20Widya%20Anisa%20Miftahusna.pdf)
43. Bestari Yuniah, Yudi Feriandi, Fajar Awalia Yulianto. Proporsi Konsumsi Junk Food dan Status Gizi Berlebih di Mahasiswa Kedokteran. *Jurnal Riset Kedokteran*. 2023 Dec 15;69–74.
44. Nuzulla NH. Gambaran Konsumsi Makanan Cepat Saji dan Aktivitas Fisik Pada Pasien Rawat Jalan Diabetes Melitus Tipe 2 di RSNU Tuban. Universitas Muhammadiyah Surakarta [Internet]. 2022 [cited 2024 May 26]; Available from: [https://eprints.ums.ac.id/105566/2/NASPUB\\_NURUL%20HIDAYATUN%20N\\_J310180109.pdf](https://eprints.ums.ac.id/105566/2/NASPUB_NURUL%20HIDAYATUN%20N_J310180109.pdf)
45. Septika S, Agrina, Woferst R. Hubungan Tingkat Pengetahuan Mahasiswa Tentang Fast Food Terhadap Motivasi Mahasiswa Dalam Mengonsumsi Makanan Fast Food . Universitas Riau . 2018;
46. Rahmadhani kaban A, Muharani Syaftriani Lubis A, Surya Bakti A, Studi PD, Farmasi dan Kesehatan F, Kesehatan Helvetia I, et al. Faktor-Faktor Yang Berhubungan Pola Makan Dalam Melaksanakan Diet Pada Pasien Diabetes Melitus di Era Pandemi COVID 19 di Desa Pantai Gemi. *Journal of Pharmaceutical and Sciences* [Internet]. 2023; Available from: <https://www.journal-jps.com>
47. Luthfiah E. Pola Makan Mahasiswa Fakultas Kedokteran dan Ilmu Kesehatan UIN Syarif Hidayatullah . UIN Syarif Hidayatullah [Internet]. 2016 [cited 2024 Jun 5]; Available from: <https://repository.uinjkt.ac.id/dspace/bitstream/123456789/34273/1/EVI%20LUTHFIAH%20KHAIRIYAH-FKIK.pdf>