

DAFTAR PUSTAKA

1. Ratan ZA, Parrish AM, Zaman S Bin, Alotaibi MS, Hosseinzadeh H. Smartphone Addiction and Associated Health Outcomes in Adult Populations: A Systematic Review. *Int J Environ Res Public Health* [Internet]. 2021;18(22). Available from: <https://www.mdpi.com/1660-4601/18/22/12257>
2. Pratama AR. Investigating Daily Mobile Device Use Among University Students in Indonesia. *IOP Conf Ser Mater Sci Eng* [Internet]. 2018 Mar;325(1):12004. Available from: <https://dx.doi.org/10.1088/1757-899X/325/1/012004>
3. Arthy CC, Effendy E, Amin MM, Loebis B, Camellia V, Husada MS. Indonesian Version of Addiction Rating Scale of Smartphone Usage Adapted from Smartphone Addiction Scale-Short Version (SAS-SV) In Junior High School. *Open Access Maced J Med Sci* [Internet]. 2019 Oct 10;7(19):3235–9. Available from: <https://pubmed.ncbi.nlm.nih.gov/31949522>
4. Organization WH. Public health implications of excessive use of the Internet and other communication and gaming platforms. *World Health Organization* <https://www.who.int/news/item/13-09-2018-public-healthimplications-of-excessive-use-of-the-internet-and-other-communication-andgaming-platforms>. 2018;
5. Utami AN. DAMPAK NEGATIF ADIKSI PENGGUNAAN SMARTPHONE TERHADAP ASPEK-ASPEK AKADEMIK PERSONAL REMAJA. *Perspektif Ilmu Pendidikan* [Internet]. 2019 Apr;33(1):1–14. Available from: <https://journal.unj.ac.id/unj/index.php/pip/article/view/10233>
6. Abidin F. Literasi Kesehatan Mental dan Status Kesehatan Mental Dewasa Awal Pengguna Media Sosial . *HIGEIA (Journal of Public Health Research and Development)* . 2022 Apr 22;165–75.
7. Ayuningtyas D, Misnaniarti, Rayhani M. Analisis Situasi Kesehatan Mental pada Masyarakat di Indonesia dan Strategi Penanggulangannya. *Jurnal Ilmu Kesehatan Masyarakat* [Internet]. 2018 Oct 10;9(1):1–10. Available from: <https://ejournal.fkm.unsri.ac.id/index.php/jikm/article/view/241>
8. Jefferies P, Ungar M. Social anxiety in young people: A prevalence study in seven countries. *PLoS One* [Internet]. 2020 Sep 17;15(9):e0239133-. Available from: <https://doi.org/10.1371/journal.pone.0239133>
9. Park JH, Park M. Smartphone use patterns and problematic smartphone use among preschool children. *PLoS One*. 2021 Mar 1;16(3):e0244276.
10. Alotaibi M, Fox M, Coman R, Ratan Z, Hosseinzadeh H. Smartphone Addiction Prevalence and Its Association on Academic Performance, Physical Health, and Mental Well-Being among University Students in Umm Al-Qura University (UQU), Saudi Arabia. *Int J Environ Res Public Health*. 2022 Mar 21;19(6):3710.

11. Nur R, Azis F, Apriati Y. Penggunaan Smartphone Sebagai Sumber Belajar Anak Pada Masa Covid-19 di Komplek Bulakindo Kota Banjarmasin. *Aksiologi : Jurnal Pendidikan dan Ilmu Sosial*. 2021 Apr 15;1(2):83–90.
12. Retalia R, Soesilo TD, Irawan S. Pengaruh Penggunaan Smartphone Terhadap Interaksi Sosial Remaja. *Scholaria: Jurnal Pendidikan dan Kebudayaan*. 2022 May 27;12(2):139–49.
13. David ME, Roberts JA. Smartphone Use during the COVID-19 Pandemic: Social Versus Physical Distancing. *Int J Environ Res Public Health*. 2021 Jan 25;18(3):1034.
14. Serra G, Lo Scalzo L, Giuffrè M, Ferrara P, Corsello G. Smartphone use and addiction during the coronavirus disease 2019 (COVID-19) pandemic: cohort study on 184 Italian children and adolescents. *Ital J Pediatr* [Internet]. 2021 Dec 1 [cited 2023 Nov 25];47(1):1–10. Available from: <https://ijponline.biomedcentral.com/articles/10.1186/s13052-021-01102-8>
15. Nayak JK. Relationship among smartphone usage, addiction, academic performance and the moderating role of gender: A study of higher education students in India. *Comput Educ*. 2018 Aug 1;123:164–73.
16. Çevik C, Ciğerci Y, Kılıç İ, Uyar S. Relationship between smartphone addiction and meaning and purpose of life in students of health sciences. *Perspect Psychiatr Care*. 2020 Feb 17;ppc.12485.
17. Roos Y, Wrzus C. Is the smartphone friend and Foe? Benefits and costs of self-reported smartphone use for important life domains in a representative German sample. *Current Psychology*. 2023;42(28):24717–31.
18. Chen J, Bauman A, Allman-Farinelli M. A Study to Determine the Most Popular Lifestyle Smartphone Applications and Willingness of the Public to Share Their Personal Data for Health Research. *Telemedicine and e-Health*. 2016 Aug;22(8):655–65.
19. Mella-Norambuena J, Cobo-Rendon R, Lobos K, Sáez-Delgado F, Maldonado-Trapp A. Smartphone Use among Undergraduate STEM Students during COVID-19: An Opportunity for Higher Education? *Educ Sci (Basel)*. 2021 Aug 10;11(8):417.
20. Sepulveda-Escobar P, Morrison A. Online teaching placement during the COVID-19 pandemic in Chile: challenges and opportunities. *European Journal of Teacher Education*. 2020 Aug 7;43(4):587–607.
21. Bukhori B, Said H, Wijaya T, Mohamad Nor F. The Effect of Smartphone Addiction, Achievement Motivation, and Textbook Reading Intensity on Students' Academic Achievement. *International Journal of Interactive Mobile Technologies (iJIM)*. 2019 Sep 5;13(09):66.
22. Sutisna D, Widodo A, Nursaptini N, Umar U, Sobri M, Indraswati D. An Analysis of the Use of Smartphone in Students' Interaction at Senior High School. In: *Proceedings of the 1st Annual Conference on Education and Social Sciences (ACCESS 2019)*. Paris, France: Atlantis Press; 2020.
23. Haripriya S, Samuel SE, Megha M. Correlation between Smartphone Addiction, Sleep Quality and Physical Activity among Young Adults. *JOURNAL OF CLINICAL AND DIAGNOSTIC RESEARCH*. 2019;

24. Moattari M, Moattari F, Kaka G, Kouchesfahani HM, Sadraie SH, Naghdi M. Smartphone addiction, sleep quality and mechanism. *Int J Cogn Behav*. 2017;1(002).
25. Kardefelt-Winther D, Heeren A, Schimmenti A, van Rooij A, Maurage P, Carras M, et al. How can we conceptualize behavioural addiction without pathologizing common behaviours? *Addiction*. 2017 Oct 15;112(10):1709–15.
26. Karaoglan Yilmaz FG, Avci U, Yilmaz R. The role of loneliness and aggression on smartphone addiction among university students. *Current Psychology [Internet]*. 2023;42(21):17909–17. Available from: <https://doi.org/10.1007/s12144-022-03018-w>
27. Panova T, Carbonell X. Is smartphone addiction really an addiction? *J Behav Addict*. 2018 Jun;7(2):252–9.
28. Matar Boumosleh J, Jaalouk D. Depression, anxiety, and smartphone addiction in university students- A cross sectional study. *PLoS One*. 2017 Aug 4;12(8):e0182239.
29. Haug S, Castro RP, Kwon M, Filler A, Kowatsch T, Schaub MP. Smartphone use and smartphone addiction among young people in Switzerland. *J Behav Addict*. 2015 Dec;4(4):299–307.
30. Hasanah U, Hijrianti UR, Iswinarti I. Pengaruh smartphone addiction terhadap perilaku agresif pada remaja. *Proyeksi: Jurnal Psikologi*. 2020;15(2):182–91.
31. Haripriya S, Samuel SE, Megha M. Correlation between Smartphone Addiction, Sleep Quality and Physical Activity among Young Adults. *JOURNAL OF CLINICAL AND DIAGNOSTIC RESEARCH*. 2019;
32. Rathakrishnan B, Bikar Singh SS, Kamaluddin MR, Yahaya A, Mohd Nasir MA, Ibrahim F, et al. Smartphone Addiction and Sleep Quality on Academic Performance of University Students: An Exploratory Research. *Int J Environ Res Public Health*. 2021 Aug 5;18(16):8291.
33. Acikgoz A, Acikgoz B, Acikgoz O. The effect of internet addiction and smartphone addiction on sleep quality among Turkish adolescents. *PeerJ*. 2022;10:e12876.
34. Mohammed Ateih Alsofyani Ayeshah Beeshi Alqarni Nouf Jafar Alzahrani AAA. The Interaction between Sleep Quality and Academic Performance among The Medical Students in Taif University. *Egypt J Hosp Med [Internet]*. 2018;70(12):2202–8. Available from: https://ejhm.journals.ekb.eg/article_9052.html
35. Haripriya S, Samuel SE, Megha M. Correlation between Smartphone Addiction, Sleep Quality and Physical Activity among Young Adults. *JOURNAL OF CLINICAL AND DIAGNOSTIC RESEARCH*. 2019;
36. Kim SE, Kim JW, Jee YS. Relationship between smartphone addiction and physical activity in Chinese international students in Korea. *J Behav Addict*. 2015 Sep;4(3):200–5.
37. Foltran-Mescollotto F, Gonçalves ÉB, Castro-Carletti EM de, Oliveira AB, Pelai EB, Rodrigues-Bigaton D. Smartphone addiction and the relationship

- with head and neck pain and electromyographic activity of masticatory muscles. *Work*. 2021 Mar 26;68(3):633–40.
38. Kwon M, Lee JY, Won WY, Park JW, Min JA, Hahn C, et al. Development and Validation of a Smartphone Addiction Scale (SAS). *PLoS One*. 2013 Feb 27;8(2):e56936.
 39. Fusar-Poli P, Salazar de Pablo G, De Micheli A, Nieman DH, Correll CU, Kessing LV, et al. What is good mental health? A scoping review. *European Neuropsychopharmacology*. 2020 Feb;31:33–46.
 40. Palinkas LA, Wong M. Global climate change and mental health. *Curr Opin Psychol*. 2020 Apr;32:12–6.
 41. Peng B, Hu N, Yu H, Xiao H, Luo J. Parenting style and adolescent mental health: The chain mediating effects of self-esteem and psychological inflexibility. *Front Psychol*. 2021;12:738170.
 42. de Figueiredo CS, Sandre PC, Portugal LCL, Mázala-de-Oliveira T, da Silva Chagas L, Raony Í, et al. COVID-19 pandemic impact on children and adolescents' mental health: Biological, environmental, and social factors. *Prog Neuropsychopharmacol Biol Psychiatry*. 2021 Mar;106:110171.
 43. Nguyen DT, Wright EP, Dedding C, Pham TT, Bunders J. Low Self-Esteem and Its Association With Anxiety, Depression, and Suicidal Ideation in Vietnamese Secondary School Students: A Cross-Sectional Study. *Front Psychiatry*. 2019 Sep 27;10.
 44. Kim YJ, Qian L, Aslam MS. The impact of substance use disorder on the mental health among COVID-19 patients. *Medicine*. 2020 Nov 13;99(46):e23203.
 45. Bäuerle A, Musche V, Schmidt K, Schweda A, Fink M, Weismüller B, et al. Mental Health Burden of German Cancer Patients before and after the Outbreak of COVID-19: Predictors of Mental Health Impairment. *Int J Environ Res Public Health*. 2021 Feb 26;18(5):2318.
 46. Major Depressive Disorder - StatPearls - NCBI Bookshelf [Internet]. [cited 2023 Dec 1]. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK559078/>
 47. Depressive disorder (depression) [Internet]. [cited 2023 Dec 1]. Available from: <https://www.who.int/news-room/fact-sheets/detail/depression>
 48. Anxiety - StatPearls - NCBI Bookshelf [Internet]. [cited 2023 Dec 1]. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK470361/>
 49. Anxiety disorders [Internet]. [cited 2023 Dec 1]. Available from: <https://www.who.int/news-room/fact-sheets/detail/anxiety-disorders#>
 50. Bipolar Disorder - StatPearls - NCBI Bookshelf [Internet]. [cited 2023 Dec 1]. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK558998/>
 51. Psychiatry.org - What Are Bipolar Disorders? [Internet]. [cited 2023 Dec 1]. Available from: <https://www.psychiatry.org/patients-families/bipolar-disorders/what-are-bipolar-disorders>
 52. Schizophrenia - StatPearls - NCBI Bookshelf [Internet]. [cited 2023 Dec 1]. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK539864/>

53. Schizophrenia [Internet]. [cited 2023 Dec 1]. Available from: <https://www.who.int/news-room/fact-sheets/detail/schizophrenia>
54. Psychiatry.org - Eating Disorders [Internet]. [cited 2023 Dec 1]. Available from: <https://www.psychiatry.org/patients-families/eating-disorders>
55. Posttraumatic Stress Disorder - StatPearls - NCBI Bookshelf [Internet]. [cited 2023 Dec 1]. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK559129/>
56. Psychiatry.org - What Is Obsessive-Compulsive Disorder? [Internet]. [cited 2023 Dec 1]. Available from: <https://www.psychiatry.org/patients-families/obsessive-compulsive-disorder/what-is-obsessive-compulsive-disorder>
57. Vilaplana-Pérez A, Pérez-Vigil A, Sidorchuk A, Brander G, Isomura K, Hesselmark E, et al. Much more than just shyness: the impact of social anxiety disorder on educational performance across the lifespan. *Psychol Med* [Internet]. 2020/01/07. 2021;51(5):861–9. Available from: <https://www.cambridge.org/core/article/much-more-than-just-shyness-the-impact-of-social-anxiety-disorder-on-educational-performance-across-the-lifespan/1E0D728FDAF1049CDD77721EB84A8724>
58. Jefferies P, Ungar M. Social anxiety in young people: A prevalence study in seven countries. *PLoS One*. 2020 Sep 17;15(9):e0239133.
59. Mental disorders [Internet]. [cited 2023 Oct 20]. Available from: <https://www.who.int/news-room/fact-sheets/detail/mental-disorders>
60. Bandelow B, Michaelis S. Epidemiology of anxiety disorders in the 21st century. *Dialogues Clin Neurosci*. 2015 Sep 30;17(3):327–35.
61. Indonesia National Adolescent Mental Health Survey [Internet]. [cited 2023 Oct 19]. Available from: <https://qcmhr.org/outputs/reports/12-i-namhs-report-bahasa-indonesia/file>
62. Norton AR, Abbott MJ. The Role of Environmental Factors in the Aetiology of Social Anxiety Disorder: A Review of the Theoretical and Empirical Literature. *Behaviour Change*. 2017 Jun 17;34(2):76–97.
63. McMillan KA, Asmundson GJG. PTSD, social anxiety disorder, and trauma: An examination of the influence of trauma type on comorbidity using a nationally representative sample. *Psychiatry Res*. 2016 Dec;246:561–7.
64. Fernandes V, Osório FL. Are There Associations Between Early Emotional Trauma and Anxiety Disorders? Evidence from a Systematic Literature Review and Meta-Analysis. *European Psychiatry*. 2015 Sep 8;30(6):756–64.
65. Narmandakh A, Roest AM, de Jonge P, Oldehinkel AJ. Psychosocial and biological risk factors of anxiety disorders in adolescents: a TRAILS report. *Eur Child Adolesc Psychiatry*. 2021;30:1969–82.
66. Nagasu M, Muto K, Yamamoto I. Impacts of anxiety and socioeconomic factors on mental health in the early phases of the COVID-19 pandemic in the general population in Japan: A web-based survey. *PLoS One*. 2021 Mar 17;16(3):e0247705.

67. Sahle BW, Breslin M, Sanderson K, Patton G, Dwyer T, Venn A, et al. Association between depression, anxiety and weight change in young adults. *BMC Psychiatry*. 2019;19:1–12.
68. Alcaraz-Ibáñez M, Sicilia Á, Díez-Fernández DM, Paterna A. Physical appearance comparisons and symptoms of disordered eating: The mediating role of social physique anxiety in Spanish adolescents. *Body Image*. 2020 Mar;32:145–9.
69. Kil N, Kim J, McDaniel JT, Kim J, Kensinger K. Examining associations between smartphone use, smartphone addiction, and mental health outcomes: A cross-sectional study of college students. *Health Promot Perspect*. 2021 Feb 7;11(1):36–44.
70. Kumar H, Shaheen A, Rasool I, shafi M (2016) Psychological Distress and Life Satisfaction among University Students. *J Psychol Clin Psychiatry*. 2016;5(3):00283.
71. Volungis AM, Kalpidou M, Popores C, Joyce M. Smartphone addiction and its relationship with indices of social-emotional distress and personality. *Int J Ment Health Addict*. 2020;18:1209–25.
72. Babadi-Akashé Msc Z, Eshrat B, Phd Z, Phd YA, Akbari H, Hedayati N. The Relationship between Mental Health and Addiction to Mobile Phones among University Students of Shahrekord, Iran. *Addiction & Health [Internet]*. 2014 [cited 2023 Nov 16];6(3–4):93. Available from: /pmc/articles/PMC4354213/
73. Schmidt C, Muench R, Schneider F, Breitenbach S, Carolus A. Generation “always on” turned off. effects of smartphone separation on anxiety mediated by the fear of missing out. *Communications in Computer and Information Science [Internet]*. 2018 [cited 2023 Nov 16];851:436–43. Available from: https://link.springer.com/chapter/10.1007/978-3-319-92279-9_58
74. Kim E, Koh E. Avoidant attachment and smartphone addiction in college students: The mediating effects of anxiety and self-esteem. *Comput Human Behav*. 2018 Jul 1;84:264–71.
75. Meena ME, Kang S, Nguchu BA, Milly N, Makwetta JJ, Fomude AH. Empirical Analysis of Factors Contributing to Smartphone Addiction. *Open Journal of Business and Management*. 2021;09(01):213–32.
76. Li L, Griffiths MD, Mei S, Niu Z. Fear of Missing Out and Smartphone Addiction Mediates the Relationship Between Positive and Negative Affect and Sleep Quality Among Chinese University Students. *Front Psychiatry*. 2020 Aug 27;11:576363.
77. Li L, Niu Z, Mei S, Griffiths MD. A network analysis approach to the relationship between fear of missing out (FoMO), smartphone addiction, and social networking site use among a sample of Chinese university students. *Comput Human Behav*. 2022 Mar 1;128:107086.
78. Mannion KH, Nolan SA. The effect of smartphones on anxiety: An attachment issue or fear of missing out? *Cogent Psychol*. 2020 Dec 31;7(1).

79. Folaranmi A. A Survey of Facebook Addiction Level among Selected Nigerian University Undergraduates. [cited 2023 Nov 16]; Available from: www.iiste.org
80. Lane HY, Chang CJ, Huang CL, Chang YH. An Investigation into Smartphone Addiction with Personality and Sleep Quality among University Students. *International Journal of Environmental Research and Public Health* 2021, Vol 18, Page 7588 [Internet]. 2021 Jul 16 [cited 2023 Nov 16];18(14):7588. Available from: <https://www.mdpi.com/1660-4601/18/14/7588/htm>
81. Kwon M, Kim DJ, Cho H, Yang S. The Smartphone Addiction Scale: Development and Validation of a Short Version for Adolescents. *PLoS One*. 2013 Dec 31;8(12):e83558.
82. Arthy CC, Effendy E, Amin MM, Loebis B, Camellia V, Husada MS. Indonesian Version of Addiction Rating Scale of Smartphone Usage Adapted from Smartphone Addiction Scale-Short Version (SAS-SV) In Junior High School. *Open Access Maced J Med Sci*. 2019 Oct 10;7(19):3235–9.
83. Prasetyo CE, Triwahyuni A, Prathama AG. Psychometric Properties of Self-Report Questionnaire-20 (SRQ-20) Indonesian Version. *Jurnal Psikologi*. 2022;49(1):69–86.
84. Srisayekti W, Fitriana E, Moeliono MF. The Indonesian Version of the Liebowitz Social Anxiety Scale - Self Report (LSAS-SR-Indonesia): Psychometric Evaluation and Analysis Related to Gender and Age. *Open Psychol J*. 2023 Jan 20;16(1).
85. Matar Boumosleh J, Jaalouk D. Depression, anxiety, and smartphone addiction in university students- A cross sectional study. *PLoS One* [Internet]. 2017 Aug 1 [cited 2024 Oct 5];12(8):e0182239. Available from: <https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0182239>
86. Aljomaa SS, Al.Qudah MF, Albursan IS, Bakhiet SF, Abduljabbar AS. Smartphone addiction among university students in the light of some variables. *Comput Human Behav*. 2016 Aug;61:155–64.
87. Adolescent health SEARO [Internet]. [cited 2024 Oct 7]. Available from: <https://www.who.int/southeastasia/health-topics/adolescent-health>
88. Kim D, Lee Y, Lee J, Nam JEK, Chung Y. Development of Korean Smartphone Addiction Proneness Scale for Youth. *PLoS One* [Internet]. 2014 May 21 [cited 2024 Oct 5];9(5):e97920. Available from: <https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0097920>
89. Panova T, Carbonell X. Is smartphone addiction really an addiction? *J Behav Addict* [Internet]. 2018 Jun 1 [cited 2024 Oct 5];7(2):252–9. Available from: <https://akjournals.com/view/journals/2006/7/2/article-p252.xml>
90. Pugh S. Investigating the relationship between smartphone addiction, social anxiety, self-esteem, age & gender. 2017;
91. Kumcagiz H, Gunduz Y. Relationship between Psychological Well-Being and Smartphone Addiction of University Students. *International Journal of Higher Education*. 2016 Oct 14;5(4).

92. Yılmaz G, Şar AH, Civan S. Ergenlerde Mobil Telefon Bağımlılığı İle Sosyal Kaygı Arasındaki İlişkinin İncelenmesi. *Online Journal of Technology Addiction and Cyberbullying* [Internet]. 2015 Dec 28 [cited 2024 Oct 5];2(2):20–37. Available from: <https://dergipark.org.tr/en/pub/ojtac/issue/28470/303439>
93. Kim M ok, Kim H, Kim K, Ju S, Choi J, Yu M. Smartphone Addiction: (Focused Depression, Aggression and Impulsion) among College Students. *Indian J Sci Technol*. 2015 Sep 1;8(25).
94. Demirci K, Akgönül M, Akpınar A. Relationship of smartphone use severity with sleep quality, depression, and anxiety in university students. *J Behav Addict*. 2015 Jun;4(2):85–92.
95. Volungis AM, Kalpidou M, Popores C, Joyce M. Smartphone Addiction and Its Relationship with Indices of Social-Emotional Distress and Personality. *Int J Ment Health Addict*. 2020 Oct 6;18(5):1209–25.
96. Vannucci A, Flannery KM, Ohannessian CM. Social media use and anxiety in emerging adults. *J Affect Disord*. 2017 Jan;207:163–6.
97. Kil N, Kim J, McDaniel JT, Kim J, Kensinger K. Examining associations between smartphone use, smartphone addiction, and mental health outcomes: A cross-sectional study of college students. *Health Promot Perspect*. 2021 Feb 7;11(1):36–44.
98. Kaligis F, Ismail RI, Wiguna T, Prasetyo S, Indriatmi W, Gunardi H, et al. Mental Health Problems and Needs among Transitional-Age Youth in Indonesia. *International Journal of Environmental Research and Public Health* 2021, Vol 18, Page 4046 [Internet]. 2021 Apr 12 [cited 2024 Oct 7];18(8):4046. Available from: <https://www.mdpi.com/1660-4601/18/8/4046/htm>
99. Cuttilan AN, Sayampanathan AA, Ho RCM. Mental health issues amongst medical students in Asia: a systematic review [2000–2015]. *Ann Transl Med* [Internet]. 2016 Feb 1 [cited 2024 Oct 7];4(4). Available from: [/pmc/articles/PMC4779785/](https://pmc/articles/PMC4779785/)
100. Zeng W, Chen R, Wang X, Zhang Q, Deng W. Prevalence of mental health problems among medical students in China. *Medicine*. 2019 May;98(18):e15337.
101. Srisayekti W, Fitriana E, Moeliono MF. The Indonesian Version of the Liebowitz Social Anxiety Scale - Self Report (LSAS-SR-Indonesia): Psychometric Evaluation and Analysis Related to Gender and Age. *Open Psychol J*. 2023 Jan 20;16(1).
102. Caballo VE, Arias B, Salazar IC, Irurtia MJ, Hofmann SG. Psychometric properties of an innovative self-report measure: The Social Anxiety Questionnaire for adults. *Psychol Assess*. 2015 Sep;27(3):997–1012.
103. Korniienko IO, Barchi B V. The relationship between problematic use of smartphones and social anxiety. 2020;
104. Pera A. The Psychology of Addictive Smartphone Behavior in Young Adults: Problematic Use, Social Anxiety, and Depressive Stress. *Front Psychiatry*. 2020 Sep 15;11.

105. Prasetio CE, Triwahyuni A, Prathama AG. Psychometric Properties of Self-Report Questionnaire-20 (SRQ-20) Indonesian Version. *Jurnal Psikologi*. 2022 Apr 25;49(1):69.
106. Idaiani S, Sapardin AN, Sulistiowati E. Gambaran Kohor 2011-2013 Gangguan Mental Emosional Berdasarkan SRQ-20 pada Penduduk Kelurahan Kebon Kalapa Bogor. *Buletin Penelitian Kesehatan*. 2016 Feb 4;43(4).

